

Advisory Schedule	
6:25-7:50	0 period
8:00-9:15	1 <sup>st</sup> /5 <sup>th</sup> period
9:20-9:50	Advisory
9:55-11:10	2 <sup>nd</sup> /6 <sup>th</sup> period
<b>11:15-11:45</b>	<b>Lunch A</b>
<b>11:50 -1:10</b>	<b>3<sup>rd</sup>/7<sup>th</sup> period</b>
11:15-11:50	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>11:55-12:25</b>	<b>Lunch B</b>
12:30-1:10	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>11:15-12:35</b>	<b>3<sup>rd</sup>/7<sup>th</sup> period</b>
<b>12:40-1:10</b>	<b>Lunch C</b>
1:15-2:30	4 <sup>th</sup> /8 <sup>th</sup> period
2:35-4:00	9 <sup>th</sup> /10 <sup>th</sup> period

# THE "DOG DISH"

WEDNESDAY, SEPTEMBER 20, 2017

GREEN DAY



WEEKLY BELL SCHEDULE 09/18-09/22	
Monday	Green Day
Tuesday	White Day
Wednesday	Advisory Green Day
Thursday	White Day
Friday	Green Day

## NEWS UPDATES

Bulldog Families:

MVHS Administration has been made aware of a potential threat to Mount Vernon High School. We have traced the threat back to the source and do not believe that it is a credible threat. Regardless, we take any threat to the safety of students and staff very seriously.

We have notified MVPD and The Skagit County Sheriff's Department. We will have an increased police and administration presence on campus today.

We understand that these types of rumors can be very unsettling. We are doing our best to help students to feel safe and secure today.

Thank You,  
Rod Merrell, Principal  
Mount Vernon High School

**Rod Merrell**  
Principal, Mount Vernon High School  
An AVID National Demonstration School  
#WeAreMV

### Career Center

The College and Career Center has a new website. Stay up to date on college and career information by visiting [www.mvhscollegecareer.weebly.com](http://www.mvhscollegecareer.weebly.com)

Attention Juniors and Seniors: An admission representative from the University of Washington will be at MVHS to share information and answer your questions on Tuesday Sep. 19<sup>th</sup> at 10:00am in the auditorium. Please sign up in the college and Career Center with Mrs. Bird. Go Huskies!

Juniors sign up to take the PSAT on Saturday Oct 14<sup>th</sup> at the ASB window with Mrs. Duncan. For more information visit

<http://mvhscollegecareer.weebly.com/psat.html>

Seniors: Are you planning on attending WSU? WSU Regent Scholars Program is available. Learn more by visiting

[www.admission.wsu.edu/scholarships/scholarship-awards/regents/](http://www.admission.wsu.edu/scholarships/scholarship-awards/regents/) and talk to your counselor about a nomination.

Comcast leadership scholarship nominations are open. Visit

<http://mvhscollegecareer.weebly.com/Comcast-nomination.html>

Financial Aid Night at MVHS will be October 24<sup>th</sup> @6pm. Sign up online at

<http://mvhscollegecareer.weebly.com/financial-aid-workshop.html>

## IMPORTANT PHONE NUMBERS FOR THE HIGH SCHOOL

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157

Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192

ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143

### Clubs

- Key Club meets every Wednesday in the auditorium at 7:30 am. Everyone is welcome to join us.
- Earth club is meeting every Friday after school in NM308! Join us!
- Gaming club has its first meeting of the year on Thursday 9-21-17. Bring your MTG cards and what ever games you want to play. We meet in FA-6 after school.
- Like to read; talk about books and promote reading? SLAB (student Library Advisory Board) is the club for you! SLAB meets the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month after school in the library. Our first meeting is September 20<sup>th</sup>. Hope to see you there!
- The first Poetry club meeting will be held on Monday, September 25<sup>th</sup>. Please consider joining! Poetry club will meet every Monday in OM204 from 2:40-3:30.

### Skagina

- Skagina needs your summer vacation photos for the yearbook. Please send them to skagina@mvsd320.org
- Do you wish you got a yearbook last year? Good news. Skagina has extras and they are on sale for \$50 at the ASB office. That's a \$25 savings over last year! Get one soon before they are gone!

### Weight Room & Field house

The weight room will be open Monday, Wednesday and Thursday from 6:45-7:45. Then it will be open after school on Tuesday and Thursday from 2:45-4:00pm.

### Career Center...

The College and Career Center website has information about college, career and more, including the College Rep Visit Schedule. Juniors and Seniors should check out the college rep visit schedule and sign up in the counseling office. PLU, WSU and Corban will be here next week. Check out the full schedule at [www.mvhcollegecareer.weebly.com](http://www.mvhcollegecareer.weebly.com)

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The deadline for the October 28th ACT is September 22nd. Visit [www.act.org](http://www.act.org) to sign up.

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Juniors can sign up for the PSAT at the ASB window with Mrs. Duncan. More information visit [www.mvhcollegecareer.weebly.com/psat.html](http://www.mvhcollegecareer.weebly.com/psat.html)

# Mount Vernon High School Café Lunch Menu



## Meal Prices

Student: Paid	\$3.00
Student: Reduced	\$0.40
Adult: Guest	\$4.00
Milk	\$0.50

Complete your meal with choice of fresh veggies, fruit and milk!

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Sandwiches &amp; Pizza</b>	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Variety of Gourmet Pizza Choices
<b>Grill</b>	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips
<b>WRAPS</b>	<b>BUILD YOUR OWN WRAP</b>	<b>BUILD YOUR OWN WRAP</b>	<b>BUILD YOUR OWN WRAP</b>	<b>BUILD YOUR OWN WRAP</b>	<b>BUILD YOUR OWN WRAP</b>
<b>Special</b>	<b>Daily Special</b>	<b>Daily Special</b>	<b>Daily Special</b>	<b>Daily Special</b>	<b>Daily Special</b>
<b>Salad Bar</b>	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available

This institution is an equal opportunity provider and employer. Menu subject to change without notice.  
Questions? Call David Connors, Food Service Director, at (360) 428-6149.