

Regular Schedule	
8:00-9:25	1 <sup>st</sup> /5 <sup>th</sup> period
9:30-10:55	2 <sup>nd</sup> /6 <sup>th</sup> period
<b>11:00-11:30</b>	<b>Lunch A</b>
<b>11:35 -1:00</b>	<b>3<sup>rd</sup>/7<sup>th</sup> period</b>
11:00-11:45	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>11:50-12:20</b>	<b>Lunch B</b>
12:25-1:00	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>11:00-12:25</b>	<b>3<sup>rd</sup>/7<sup>th</sup> period</b>
<b>12:30-1:00</b>	<b>Lunch C</b>
1:05-2:30	4 <sup>th</sup> /8 <sup>th</sup> period
2:35-4:00	9 <sup>th</sup> /10 <sup>th</sup> period

# THE "DOG DISH"

FRIDAY, OCTOBER 6, 2017

GREEN DAY



WEEKLY BELL SCHEDULE 10/02-10/6	
Monday	Green Day
Tuesday	White Day
Wednesday	Advisory Green Day
Thursday	White Day
Friday	Green Day

## NEWS UPDATES

### Picture Retakes!

Picture Make-up day will be **Oct 12th** done by **ALPHA order**.

### Schedule:

8:05am: A-C	10:35am: P-R
8:35am: D-F	Lunches: 11-1 OPEN <b>ONLY ASSIGNED LUCH!</b>
9:05am: G-I	1:10pm: S- U
9:35am: J-L	1:40pm: V-X
10:05am: M-O	2:10pm: Y-Z

### College & Career Center

Juniors and Seniors: More colleges are heading to MVHS the week of Oct. 9th including Western, St. Martins and Whitman. Sign up in the College and Career Center with Mrs. Bird.

### Sophomores and Juniors:

The PSAT is Oct 14th. Sign up with Mrs. Duncan. Deadline is Oct. 11th.

Seniors: The College and Career Center is kicking off a College Application Campaign at MVHS to help seniors navigate the application process. Events are on our website and include UW college workshops, Parent and Student College Information Night on 10/18, Financial Aid Night on 10/24 and more! [www.mvhscollegecareer.weebly.com/news-and-events.html](http://www.mvhscollegecareer.weebly.com/news-and-events.html)

### GYM

- Boys Basketball Open Gym is happening Tuesdays and Thursdays 7:30-9:00pm.
- Girls' locker room will be locked by 2:45. Make sure you clear out before then. This includes after school activities

### IMPORTANT PHONE NUMBERS FOR THE HIGH SCHOOL

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157  
 Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192  
 ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143

### Skagina

- Yearbook orders must be placed by January 31st and have less than 50% balance due if students are on a payment plan.
- Ordering a book is the only way to guarantee a copy for your student(s).
  
- Yearbooks are \$55 if ordered by November 30th and \$65 if ordered by January 31st. The price of our book has dropped from \$60 to \$55 if ordered by November 30th. Before, it was \$75 if ordered after the price increase date. Now it will be \$65.
  
- Senior Baby ads are being sold in 1/2 (\$75) page and 1/4 (\$40) page sections. Orders for Senior Baby Ads are being accepted from now till - November 3rd. We have 12 total pages for sale, so do not wait too long to place your order. 1/4 page ads have a max of 3 photos and a short message. 1/2 page ads have a maximum of 5 photos and a short message.
  
- Senior Pictures are due by Friday, October 27th @ 3PM.

### Clubs

- Key Club meets every Wednesday in the auditorium at 7:30 am. Everyone is welcome to join us.
- Earth club is meeting every Friday after school in NM308! Join us!
- Like to read; talk about books and promote reading? SLAB (student Library Advisory Board) is the club for you! SLAB meets the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month after school in the library. Hope to see you there!
- Poetry club will meet every Monday in OM204 from 2:40-3:30.

# Mount Vernon High School Café Lunch Menu



## Meal Prices

Student: Paid	\$3.00
Student: Reduced	\$0.40
Adult: Guest	\$4.00
Milk	\$0.50

Complete your meal with choice of fresh veggies, fruit and milk!

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Sandwiches &amp; Pizza</b>	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Variety of Gourmet Pizza Choices
<b>Grill</b>	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips
<b>WRAPS</b>	<b>BUILD YOUR OWN WRAP</b>	<b>BUILD YOUR OWN WRAP</b>	<b>BUILD YOUR OWN WRAP</b>	<b>BUILD YOUR OWN WRAP</b>	<b>BUILD YOUR OWN WRAP</b>
<b>Special</b>	<b>Daily Special</b>	<b>Daily Special</b>	<b>Daily Special</b>	<b>Daily Special</b>	<b>Daily Special</b>
<b>Salad Bar</b>	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available

This institution is an equal opportunity provider and employer. Menu subject to change without notice.  
Questions? Call David Connors, Food Service Director, at (360) 428-6149.