

| Regular Schedule | |
|--------------------|--|
| 8:00-9:25 | 1 st /5 th period |
| 9:30-10:55 | 2 nd /6 th period |
| 11:00-11:30 | Lunch A |
| 11:35 -1:00 | 3 rd /7 th period |
| 11:00-11:45 | 3 rd /7 th period |
| 11:50-12:20 | Lunch B |
| 12:25-1:00 | 3 rd /7 th period |
| 11:00-12:25 | 3 rd /7 th period |
| 12:30-1:00 | Lunch C |
| 1:05-2:30 | 4 th /8 th period |
| 2:35-4:00 | 9 th /10 th period |

THE "DOG DISH"

TUESDAY, OCTOBER 10, 2017

GREEN DAY



| WEEKLY BELL SCHEDULE 10/09-10/13 | |
|-------------------------------------|--------------------------------------|
| Monday | White Day |
| Tuesday | Green Day |
| Wednesday | Advisory White Day |
| Thursday | Green Day |
| Friday | White Day Homecoming Assembly! |

NEWS UPDATES

HOME COMING!

Homecoming Week is almost here! Come out for our cozy movie night, spirit stick hunt, spirit dress up days, lunchtime activities, the Homecoming football game with tailgate activities beforehand, and finally the Homecoming Dance. This year's Haunted Homecoming formal dance is open to singles, couples, and groups. The dance is Saturday October 21st from 8-11 in the cafeteria. Tickets are on sale starting Today in the Dog Pound during all lunches for \$7 each with ASB and \$10 each without. See Mr. Hand or Mr. Whitman if you have questions.

Picture Retakes

Picture Make-up day will be **Oct 12th** done by **ALPHA order**.

Schedule:

8:05am: A-C

10:35am: P-R

8:35am: D-F

Lunches: 11-1 OPEN **ONLY ASSIGNED LUCH!**

9:05am: G-I

1:10pm: S- U

9:35am: J-L

1:40pm: V-X

10:05am: M-O

2:10pm: Y-Z

Boy's Swim

There will be an informational boy's swim meeting on Thursday, October 12th in new main 203 after school. Come if you are a returning swimmer or interested in joining this year.

Bilingual Juniors and Seniors!

Bilingual Seniors & Juniors, escuchén por favor! Seniors & juniors who are credit deficient & speak Spanish, Russian, or any other language at home are invited to take the Heritage Language test for language credits on your transcript. The application deadline is October 27. For more information, see Ms. Lewis in OM 300, Ms. Gonzalez in OM 105, or Ms. Chuprinov in the CTE Office. Spacebo! (pronounced *Spuh-SEE-buh*)

IMPORTANT PHONE NUMBERS FOR THE HIGH SCHOOL

Main Office: 428-6100 **Fax:** 428-6152 **Counseling Office:** 428-6156 **Fax:** 428-6157

Attendance: 428-6153 **Fax:** 428-6201 **Athletic Office:** 428-6191 **Fax:** 428-6192

ASB: 428-6174 **Fax:** 428-6192 **CTE:** Fax 428-6143

College & Career Center

Juniors and Seniors: More colleges are heading to MVHS the week of Oct. 9th including Western, St. Martins and Whitman. Sign up in the College and Career Center with Mrs. Bird.

Sophomores and Juniors:

The PSAT is Oct 14th. Sign up with Mrs. Duncan. Deadline is Oct. 11th.

Seniors: The College and Career Center is kicking off a College Application Campaign at MVHS to help seniors navigate the application process. Events are on our website and include UW college workshops, Parent and Student College Information Night on 10/18, Financial Aid Night on 10/24 and more!
www.mvhscollegecareer.weebly.com/news-and-events.html

GYM

- **Boys Basketball Open Gym is happening Tuesdays and Thursdays 7:30-9:00pm.**
- **Girls' locker room will be locked by 2:45. Make sure you clear out before then. This includes after school activities.**

Skagina

- Yearbook orders must be placed by January 31st and have less than 50% balance due if students are on a payment plan.
- Ordering a book is the only way to guarantee a copy for your student(s).
- Yearbooks are \$55 if ordered by November 30th and \$65 if ordered by January 31st. The price of our book has dropped from \$60 to \$55 if ordered by November 30th. Before, it was \$75 if ordered after the price increase date. Now it will be \$65.
- Senior Baby ads are being sold in 1/2 (\$75) page and 1/4 (\$40) page sections. Orders for Senior Baby Ads are being accepted from now till - November 3rd. We have 12 total pages for sale, so do not wait to long to place your order. 1/4 page ads have a max of 3 photos and a short message. 1/2 page ads have a maximum of 5 photos and a short message.
- Senior Pictures are due by Friday, October 27th @ 3PM.

Clubs

- Key Club meets every Wednesday in the auditorium at 7:30 am. Everyone is welcome to join us.
- Earth club is meeting every Friday after school in NM308! Join us!
- Like to read; talk about books and promote reading? SLAB (student Library Advisory Board) is the club for you! SLAB meets the 1st and 3rd Wednesday of each month after school in the library. Hope to see you there!
- Poetry club will meet every Monday in OM204 from 2:40-3:30.

Mount Vernon High School Café Lunch Menu



Meal Prices

| | |
|------------------|--------|
| Student: Paid | \$3.00 |
| Student: Reduced | \$0.40 |
| Adult: Guest | \$4.00 |
| Milk | \$0.50 |

Complete your meal with choice of fresh veggies, fruit and milk!

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------|---|---|---|---|---|
| Sandwiches & Pizza | Build your own hoagie sandwich with fresh veggie toppings *Chips included | Build your own hoagie sandwich with fresh veggie toppings *Chips included | Build your own hoagie sandwich with fresh veggie toppings *Chips included | Build your own hoagie sandwich with fresh veggie toppings *Chips included | Variety of Gourmet Pizza Choices |
| Grill | Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips | Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips | Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips | Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips | Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips |
| WRAPS | BUILD YOUR OWN WRAP | BUILD YOUR OWN WRAP | BUILD YOUR OWN WRAP | BUILD YOUR OWN WRAP | BUILD YOUR OWN WRAP |
| Special | Daily Special | Daily Special | Daily Special | Daily Special | Daily Special |
| Salad Bar | Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available | Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available | Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available | Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available | Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available |

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
Questions? Call David Connors, Food Service Director, at (360) 428-6149.