Finals 6 & 8				
8:00-9:25	5 th Period			
9:30-10:55	6 th Final			
11:00-11:30	Lunch A			
11:35 -1:00	7 th Period			
11:00-12:25	7 th Period			
12:30-1:00	Lunch C			
1:05-2:30	8 th Period			

THE "DOG DISH"

THURSDAY, JANUARY 25, 2018 WHITE DAY FINALS



WEEKLY BELL SCHEDULE 1/22-1/26		
Monday	Green FINALS	
Tuesday	White FINALS	
Wednesday	Green FINALS	
Thursday	White FINALS	
Friday	NO SCHOOL	

NEWS UPDATES

Parking Permits

Parking Permits are currently \$35. On the first day of Second Semester, January 29th, the price goes down to \$20. Get you application online or at the ASB office.

Science Night

Good news! Science Night IS happening this year! Mark your calendars now! Science Night is Thursday April 26, from 5:30-8:00pm. Student volunteer opportunities coming up SOON!

College & Career Center

New Rotary Scholarships are available. Visit the College and Career center or website for more information.

Lost and Found

If you are missing jewelry, glass, or keys, please come by the main office

to claim it. 🧹



SENIORS

Culminating Project Portfolios are due February 23rd. Portfolio workshops will be help Wednesdays after school in NM 203 if you need help. All seniors must complete the project to graduate!

There will be a Financial Aid Work shop TONIGHT, January 25 during all lunches in the library. Now's the time to finish your FAFSA or WASFA. Don't wait!

IMPORTANT PHONE NUMBERS FOR THE HIGH SCHOOL

Athletics

- Everyone interested in football next year see Coach Vasilchek in NM 202, 1st/2nd, or 5th/6th periods, or email him at <u>nvasilchek@mvsd320.org</u>
- There will be a Girls Tennis preseason meeting Monday, Feb. 5th, right after school in the gym. All girls interested should plan to attend.
- Girls Golf: Please see Miss Hagg in NM 222 by Feb. 20th to sign up for the Golf Team. Not only will it be SUNNY every single day of spring, but it's a great way to meet new people and learn the game of golf! Please sign up today! Practice begins Feb. 26th. Please get all the paperwork form the Athletic Office, it is due by Feb. 20th.
- Boys Golf: All guys planning on golfing for MVHS this spring, please stop by Mr. Wolffis's room in NM208 to pick up some information and sign up for golf. Tryouts begin Feb. 26th and you will need all your athletic packets complete before you may practice or tryout. Please stop by during your lunch or immediately following any school day. Please get all your paperwork from the Athletic Office, it is due by Feb 20th.
- Cheerleading: Tryout meeting Feb. 1st at 3pm in NM320. All males and females currently in grades 9-11 are eligible. Come and learn requirements, ask question and pick up your application! Tryouts begin the first week of March. Applications are DUE no later than Feb. 28th in the athletic office. Open gym Feb. 7th from 7-8pm in the mat room.



MVHS EVENTS!

<u>Skagina</u>

January 31st is the last day to order a year book. All orders with a balance of more than 50% will be canceled. Don't wait to order yours. We will not be ordering extras this year.



<u>Clubs!</u>

- Earth club is meeting Thursdays after school in NM306! Join us!
- (Student Library Advisory Board) meets 1st and 3rd Wednesday of each month in the library.
- Writing club, come join us every Monday in OM204 from 2:40-3:30!
- Avid Club will be meeting on Mondays! Join us at 2:40 in OM104.
- Come to FCCLA every Thursday at 2:45 in NM321.



IMPORTANT PHONE NUMBERS FOR THE HIGH SCHOOL Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157 Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192 ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143

January Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1-Jan	2-Jan	3-Jan	4-Jan	5-Jar
_	Popcorn Chicken	Calzones	Nachos	Grilled Cheese
	Breadstick	Caesar Side Salad	w/Beef Taco Meat & Cheese Sauce	Tomato Soup
	Salad & Fruit Bar	Salad & Fruit Bar	Salsa	Salad & Fruit Bar
NO SCHOOL!	Nonfat & 1% Milk	Nonfat & !% Milk	Salad & Fruit Bar	Nonfat Chocolate Milk
8-Jan	9-Jan	10-Jan	11-Jan	12-Jar
Teriyaki Chicken	Mini Burgers	Chicken Alfredo	Spicy Chicken Burger	Calzones
with Brown Rice	Potato Wedges	Garlic Bread/Broccoli	With Fries	Caesar Side Salad
Sliced Pears/Broccoli	Salad & Fruit Bar	Salad & Fruit Bar		Salad & Fruit Bar
Salad & Fruit Bar	Nonfat & 1% Milk	Nonfat & 1% Milk	Salad & Fruit Bar	Nonfat Chocolate Milk
Nonfat & 1% Milk			Nonfat & 1% Milk	
15-Jan	16-Jan	17-Jan	18-Jan	19-Ja
	Enchiladas	French Bread Pizza	French Dip Sandwich	Mac & Cheese
NO SCHOOL!	Tortills Chips	Caesar Side Salad	Potato Smiles	Breadstick
Martin Luther King Jr. Day	Diced Pears	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar
	Salad & Fruit Bar	Nonfat & 1% Milk	Nonfat & 1% Milk	Nonfat Chocolate Milk
	Nonfat & 1% Milk			
22-Jan	23-Jan	24-Jan	25-Jan	26-Jai
Mandarin Orange Chicken	BBQ Pulled Pork Sandwich	Lasagna Roll-Ups	Beefy Taco Salad	
with Brown Rice	Sweet Corn	Garlic Bread	Goldfish Crackers	
Sliced Pears/Broccoli	Salad & Fruit Bar		Mixed fruit	NO SCHOOL!
Salad & Fruit Bar	Nonfat & 1% Milk	Salad & Fruit Bar	Salad & Fruit Bar	
Nonfat & 1% Milk		Nonfat & 1% Milk	Nonfat & 1% Milk	
29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
Teriyaki Beef Dippers	Mini Burgers	Spaghetti w/ Meatsauce		Kart .
Steamed Brown Rice	Potato Wedges	Whole Wheat Roll	**	Br Jak
Broccoli	Salad & Fruit Bar	Salad & Fruit Bar	*** *	
Salad & Fruit Bar	Nonfat & 1% Milk	Nonfat & 1% Milk	***	1970H
Nonfat & 1% Milk			****	***

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call David Connors, Food Services Director, at (360) 428-6149.

\$\$\$ Student Lunch News \$\$\$

Please note: Balances carry over from last year, even if you have changed school sites in the Mount Vernon School District.

Please be aware of your student's lunch account balance. Applications for free and reduced lunches are located in the school office and the Food Service office. We appreciate your attention!