

Regular Schedule	
8:00-9:25	1 <sup>st</sup> /5 <sup>th</sup> period
9:30-10:55	2 <sup>nd</sup> /6 <sup>th</sup> period
<b>11:00-11:30</b>	<b>Lunch A</b>
11:35 -1:00	3 <sup>rd</sup> /7 <sup>th</sup> period
11:00-11:45	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>11:50-12:20</b>	<b>Lunch B</b>
12:25-1:00	3 <sup>rd</sup> /7 <sup>th</sup> period
11:00-12:25	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>12:30-1:00</b>	<b>Lunch C</b>
1:05-2:30	4 <sup>th</sup> /8 <sup>th</sup> period
2:35-4:00	9 <sup>th</sup> /10 <sup>th</sup> period

# THE "DOG DISH"

**MONDAY, MAY 7, 2018**

**WHITE DAY**



WEEKLY BELL SCHEDULE 5/7-5/11	
Monday	White
Tuesday	Green
Wednesday	Advisory White
Thursday	Green
Friday	White

## NEWS UPDATES

### LEAP

Leap is hosting a dance this Friday, May 11<sup>th</sup>, from 8-11pm in the MVHS Cafeteria. Tickets are \$5 Pre-sale May 7-11 during lunches and \$6 at the door. Food is available for purchase! Don't miss this fun Baile!

### Rooter Bus

We are planning a Rooter's Bus to Mariner High School (Goddard Stadium) to cheer for the MVHS Boys' winner to state soccer game on May 10! There is room for 40 students and there will be at least 2 adult chaperones. You must be one of the first 40 to get your permission slip turned in to the Athletic office by 3 pm May 9 or you will be put on a waiting list.

### MVHS FFA Plant Sale

The annual FFA Spring Plant Sale is here! Saturday from 9AM-12PM! We have a variety of bedding plants, hanging baskets, herbs, tomatoes, peppers and more! Plus snag some awesome metal art for your garden, house, trailer/truck and more! Located in our greenhouse adjacent to the agriculture building at MVHS.



### Yearbook Staff

It's time to apply to be a part of the 2018-2019 Yearbook staff. Fill out an application before May 10<sup>th</sup> and will call to schedule an interview during your lunch. All skill levels are welcome, but experience with Photoshop and/or a DSLR are preferred. If you don't have experience with either, you are still strongly encouraged to apply. Visit the MVHS website to fill out your application today!

## IMPORTANT PHONE NUMBERS FOR THE HIGH SCHOOL

**Main Office:** 428-6100 **Fax:** 428-6152 **Counseling Office:** 428-6156 **Fax:** 428-6157  
**Attendance:** 428-6153 **Fax:** 428-6201 **Athletic Office:** 428-6191 **Fax:** 428-6192  
**ASB:** 428-6174 **Fax:** 428-6192 **CTE:** Fax 428-6143

## **Middle School Cheer Clinic**

The MVHS Cheerleaders will be hosting a middle school cheer clinic at the end of this month in the MVHS main gym. If you know a middle schooler in the area who felt too old for our youth camp but would love to cheer/dance this is the perfect fit! All area middle schoolers welcome, males & females. At the end of the 3<sup>rd</sup> day of clinic, they will put on a performance of the material they have learned.

Participants simply need to bring a filled out copy of their flyer to register the first night of clinic. Fliers to register will also be available at the door on the 29<sup>th</sup> & are on the MVHS website. Link is below:

<https://docs.google.com/document/d/1KABivdKyq7DI4AfBvtmepOZzuR3iUD6zmD6ohEIUwkc/edit?usp=sharing>

## **Sport Physicals 2018**

MVHS sport physicals will be held in the Field House June 5<sup>th</sup> 5:30-7:00pm.

Check can be made payable to MVHS for \$20.

## **Attention Seniors**

The senior survey is due May 16<sup>th</sup>. Go the Senior Google Classroom or the College and Career Center website and follow the link.

Tell us your future plan and also scholarship information. The scholarship information that you provide will be included in the scholarship and graduation program. If you do not include a scholarship on this survey, it will not be added to those programs.

### **Senior Survey Link**

[https://docs.google.com/forms/d/e/1FAIpQLSddfE1qy-lAo7QWaVawRrVMDPGCCwWkzzbu8k\\_eAnZq-bDCZg/viewform?c=0&w=1](https://docs.google.com/forms/d/e/1FAIpQLSddfE1qy-lAo7QWaVawRrVMDPGCCwWkzzbu8k_eAnZq-bDCZg/viewform?c=0&w=1)

## **Scholarship**

- ♣ The David Collart Memorial Scholarship is available in the Career Center and due by May 11<sup>th</sup>.
- ♣ WE ARE MV scholarship is now available. Pick up your application in the College and Career Center. Due May 11<sup>th</sup>.

### **NW Tech Academy**

NW Tech Academy Summer School applications are now available in the counseling office for the summer programs at NCTA. Each program is three weeks, and you can receive a .5 CTE high school credit. Apply now to make sure you get into the program that is your first choice!

### **Running Start**

New Running Start students for next year should be completing their online admission applications NOW. Also, if you are a sophomore, you will need to take the ACCUPLACER at the college to determine your English and Math placement. All new Running Start students must attend a meeting on May 16 at 2:35pm in the auditorium.

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## 2018 Graduating Seniors

### Important Graduation Dates

**Wednesday, March 28** Caps, gowns, announcements handed out in the cafeteria during lunches

**Wednesday, April 18** **Mandatory** Senior Meeting Advisory Cafeteria, 9:20 am

**Thursday, April 26** Career Fair & Science Night 5:30-8:00

**Saturday, April 28** Junior/Senior Prom @ Crystal Ballroom, Bellingham, 8-11pm

**Tuesday, May 15** Showcase and Department Awards Cafeteria, 6:00pm

**Thursday, May 17** AVID Senior Night—Cafeteria, 6:00 pm

**Wednesday, May 23** Senior Scholarships & Awards Night Cafeteria, 6:00 pm

**Monday, June 4** Senior Finals periods 1 & 2, Attend periods 3 & 4, Yearbook distribution Cafeteria 2:30-4:30

**Tuesday, June 5** Senior Finals periods 5 & 6, Attend periods 7 & 8

**Wednesday, June 6** **Mandatory Graduation Practice** Gym, 8 AM to 10 AM. Receive check-out sheet, Senior Finals Period 3 & 4, Senior Checkout 10-3, Baccalaureate, Bethany Covenant Church

**Thursday, June 7** **Mandatory Graduation Practice** Gym, 8 AM to 10 AM. Moving Up Assembly-Gym 10-11, Senior Finals Periods 7 & 8, Senior Checkout 11-3.

**Friday, June 8** **Graduation** Gym-7pm. Senior Class Breakfast, School Tours & Parade, Cafeteria 8:30 AM, Seniors report to Cafeteria by 6:00pm, Dress-up attire, Cap and Gown, Reception Outside Cafeteria

**June 25-28** **Pick-up Diplomas** in the Counseling Office 7:30-3pm.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
	<b>Buffalo Chicken Bites</b> Biscuit Pears Salad & Fruit Bar Nonfat & 1% Milk	<b>Mini Burgers</b> Potato Smiles Salad & Fruit Bar Nonfat & 1% Milk	<b>Turkey Noodle Soup</b> Goldfish Crackers Melons Salad & Fruit Bar Nonfat & 1% Milk	<b>Chicken Nachos</b> With Salsa Salad & Fruit Bar Nonfat & 1% Milk	<b>Cheese Stuffed Breadsticks</b> With Marinara Sauce Caesar Salad/with a Treat Nonfat Chocolate Milk	
6	7	8	9	10	11	12
	<b>Sweet and Sour Pork</b> Brown Rice Steamed Broccoli Salad & Fruit Bar Nonfat & 1% Milk	<b>Chicken Salad Sands</b> Sun chips Carrotteenes Salad & Fruit Bar Nonfat & 1% Milk	<b>White Chicken Chili</b> Chips Melons Salad & Fruit Bar Nonfat & 1% Milk	<b>Popcorn Chicken</b> W/ Potato Wedges Salad & Fruit Bar Nonfat & 1% Milk	<b>Beef Philly Cheesesteak</b> Seasoned Fries Salad & Fruit Bar Nonfat Chocolate Milk	
13	14	15	16	17	18	19
	<b>Mandarin Orange Chicken</b> with Brown Rice Steamed Broccoli Salad & Fruit Bar Nonfat & 1% Milk	<b>Spicy Chicken Burger</b> French Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Lasagna Roll Up</b> Garlic Bread Steamed Peas Salad & Fruit Bar Nonfat & 1% Milk	<b>Beef Soft Taco</b> Seasoned Pinto Beans Salad & Fruit Bar Nonfat & 1% Milk	<b>Chicken Noodle Casserole</b> Roll Green Beans Nonfat Chocolate Milk	
20	21	22	23	24	25	26
	<b>Chicken Teriyaki</b> Brown Rice Mandarin Orange Slices Steamed Broccoli Nonfat & 1% Milk	<b>Chicken Strips</b> Fries Mixed Fruit Salad & Fruit Bar Nonfat & 1% Milk	<b>Grilled Cheese</b> Tomato Soup Goldfish Crackers Salad & Fruit Bar Nonfat & 1% Milk	<b>Breakfast for Lunch</b> Omelet Sausage Links Biscuits & Gravy Applesauce Nonfat & 1% Milk	<b>Chicken Alfredo with Spinach</b> Garlic Bread Nonfat Chocolate Milk	
27	28	29	30	31	1	2
	<b>No School!</b>	<b>Cook's Choice Day</b> Pink Cookie Salad & Fruit Bar Nonfat & 1% Milk	<b>Spaghetti w/Meat sauce</b> Garlic Bread Steamed Peas Salad & Fruit Bar Nonfat & 1% Milk	<b>Burrito</b> w/Cilantro Lime Brown Rice Salsa Salad & Fruit Bar Nonfat & 1% Milk	<b>Crunchy Chicken Hawaiian Wraps</b> Cookie Salad & Fruit Bar Nonfat Chocolate Milk	