

Regular Schedule	
8:00-9:25	1 st /5 th period
9:30-10:55	2 nd /6 th period
11:00-11:30	Lunch A
11:35 -1:00	3 rd /7 th period
11:00-11:45	3 rd /7 th period
11:50-12:20	Lunch B
12:25-1:00	3 rd /7 th period
11:00-12:25	3 rd /7 th period
12:30-1:00	Lunch C
1:05-2:30	4 th /8 th period
2:35-4:00	9 th /10 th period

THE "DOG DISH"

FRIDAY, MAY 18, 2018

GREEN DAY



WEEKLY BELL SCHEDULE 5/14-5/18	
Monday	Green
Tuesday	White
Wednesday	2-Hour Testing Green
Thursday	White
Friday	Green

NEWS UPDATES

2018-2019 Football Season

If you are playing football and have not seen Coach Vasilcheck to sign up, please do so ASAP. Also, you need to check in with Mrs. Stahlecker to see if you are eligible. Equipment handout starts May 21st and you will not be issued equipment if you are not eligible.

Sport Physicals 2018

MVHS sport physicals will be held in the Field House June 5th 5:30-7:00pm. Check can be made payable to MVHS for \$20.

Middle School Cheer Clinic

The MVHS Cheerleaders will be hosting a middle school cheer clinic at the end of this month in the MVHS main gym. If you know a middle schooler in the area who felt too old for our youth camp but would love to cheer/dance this is the perfect fit! All area middle schoolers welcome, males & females. At the end of the 3rd day of clinic, they will put on a performance of the material they have learned.

Participants simply need to bring a filled out copy of their flyer to register the first night of clinic. Fliers to register will also be available at the door on the 29th & are on the MVHS website. Link is below:

<https://docs.google.com/document/d/1KABivdKyq7DI4AfBvtmepOZzuR3iUD6zmD6ohEIUwkc/edit?usp=sharing>

IMPORTANT PHONE NUMBERS FOR THE HIGH SCHOOL

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157

Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192

ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143

2018 Graduating Seniors

Important Graduation Dates

Wednesday, March 28 Caps, gowns, announcements handed out in the cafeteria during lunches

Wednesday, April 18 **Mandatory** Senior Meeting Advisory Cafeteria, 9:20 am

Thursday, April 26 Career Fair & Science Night 5:30-8:00

Saturday, April 28 Junior/Senior Prom @ Crystal Ballroom, Bellingham, 8-11pm

Tuesday, May 15 Showcase and Department Awards Cafeteria, 6:00pm

Wednesday May 16 Senior celebration-Gym during science testing

Thursday, May 17 AVID Senior Night—Cafeteria, 6:00 pm

Wednesday, May 23 Senior Scholarships & Awards Night Cafeteria, 6:00 pm

Monday, June 4 Senior Finals periods 1 & 2, Attend periods 3 & 4, Yearbook distribution Cafeteria 2:30-4:30

Tuesday, June 5 Senior Finals periods 5 & 6, Attend periods 7 & 8

Wednesday, June 6 Mandatory Graduation Practice Gym, 8 AM to 10 AM. Receive check-out sheet, Senior Finals Period 3 & 4, Senior Checkout 10-3, Baccalaureate, Bethany Covenant Church

Thursday, June 7 Mandatory Graduation Practice Gym, 8 AM to 10 AM. Moving Up Assembly-Gym 10-11, Senior Finals Periods 7 & 8, Senior Checkout 11-3.

Friday, June 8 Graduation Gym-7pm. Senior Class Breakfast, School Tours & Parade, Cafeteria 8:30 AM, Seniors report to Cafeteria by 6:00pm, Dress-up attire, Cap and Gown, Reception Outside Cafeteria

June 25-28 Pick-up Diplomas in the Counseling Office 7:30-3pm.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
	Buffalo Chicken Bites Biscuit Pears Salad & Fruit Bar Nonfat & 1% Milk	Mini Burgers Potato Smiles Salad & Fruit Bar Nonfat & 1% Milk	Turkey Noodle Soup Goldfish Crackers Melons Salad & Fruit Bar Nonfat & 1% Milk	Chicken Nachos With Salsa Salad & Fruit Bar Nonfat & 1% Milk	Cheese Stuffed Breadsticks With Marinara Sauce Caesar Salad/with a Treat Nonfat Chocolate Milk	
6	7	8	9	10	11	12
	Sweet and Sour Pork Brown Rice Steamed Broccoli Salad & Fruit Bar Nonfat & 1% Milk	Chicken Salad Sands Sun chips Carrotteenes Salad & Fruit Bar Nonfat & 1% Milk	White Chicken Chili Chips Melons Salad & Fruit Bar Nonfat & 1% Milk	Popcorn Chicken W/ Potato Wedges Salad & Fruit Bar Nonfat & 1% Milk	Beef Philly Cheesesteak Seasoned Fries Salad & Fruit Bar Nonfat Chocolate Milk	
13	14	15	16	17	18	19
	Mandarin Orange Chicken with Brown Rice Steamed Broccoli Salad & Fruit Bar Nonfat & 1% Milk	Spicy Chicken Burger French Fries Salad & Fruit Bar Nonfat & 1% Milk	Lasagna Roll Up Garlic Bread Steamed Peas Salad & Fruit Bar Nonfat & 1% Milk	Beef Soft Taco Seasoned Pinto Beans Salad & Fruit Bar Nonfat & 1% Milk	Chicken Noodle Casserole Roll Green Beans Nonfat Chocolate Milk	
20	21	22	23	24	25	26
	Chicken Teriyaki Brown Rice Mandarin Orange Slices Steamed Broccoli Nonfat & 1% Milk	Chicken Strips Fries Mixed Fruit Salad & Fruit Bar Nonfat & 1% Milk	Grilled Cheese Tomato Soup Goldfish Crackers Salad & Fruit Bar Nonfat & 1% Milk	Breakfast for Lunch Omelet Sausage Links Biscuits & Gravy Applesauce Nonfat & 1% Milk	Chicken Alfredo with Spinach Garlic Bread Nonfat Chocolate Milk	
27	28	29	30	31	1	2
	No School!	Cook's Choice Day Pink Cookie Salad & Fruit Bar Nonfat & 1% Milk	Spaghetti w/Meat sauce Garlic Bread Steamed Peas Salad & Fruit Bar Nonfat & 1% Milk	Burrito w/Cilantro Lime Brown Rice Salsa Salad & Fruit Bar Nonfat & 1% Milk	Crunchy Chicken Hawaiian Wraps Cookie Salad & Fruit Bar Nonfat Chocolate Milk	