

Regular Schedule	
8:00-9:25	1 <sup>st</sup> /5 <sup>th</sup> period
9:30-10:55	2 <sup>nd</sup> /6 <sup>th</sup> period
<b>11:00-11:30</b>	<b>Lunch A</b>
11:35 -1:00	3 <sup>rd</sup> /7 <sup>th</sup> period
11:00-11:45	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>11:50-12:20</b>	<b>Lunch B</b>
12:25-1:00	3 <sup>rd</sup> /7 <sup>th</sup> period
11:00-12:25	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>12:30-1:00</b>	<b>Lunch C</b>
1:05-2:30	4 <sup>th</sup> /8 <sup>th</sup> period
2:35-4:00	9 <sup>th</sup> /10 <sup>th</sup> period

# THE "DOG DISH"

**TUESDAY, MAY 22, 2018**

**GREEN DAY**



WEEKLY BELL SCHEDULE 5/21-5/25	
Monday	White
Tuesday	Green
Wednesday	White
Thursday	Green
Friday	White

## NEWS UPDATES

### Sport Physicals 2018

MVHS sport physicals will be held in the Field House June 5<sup>th</sup> 5:30-7:00pm.  
Check can be made payable to MVHS for \$20.

### Middle School Cheer Clinic

The MVHS Cheerleaders will be hosting a middle school cheer clinic at the end of this month in the MVHS main gym. If you know a middle schooler in the area who felt too old for our youth camp but would love to cheer/dance this is the perfect fit! All area middle schoolers welcome, males & females. At the end of the 3<sup>rd</sup> day of clinic, they will put on a performance of the material they have learned.

Participants simply need to bring a filled out copy of their flyer to register the first night of clinic. Fliers to register will also be available at the door on the 29<sup>th</sup> & are on the MVHS website. Link is below:

<https://docs.google.com/document/d/1KABivdKyq7DI4AfBvtmepOZzuR3iUD6zmD6ohEIUwkc/edit?usp=sharing>

## IMPORTANT PHONE NUMBERS FOR THE HIGH SCHOOL

**Main Office:** 428-6100 **Fax:** 428-6152 **Counseling Office:** 428-6156 **Fax:** 428-6157  
**Attendance:** 428-6153 **Fax:** 428-6201 **Athletic Office:** 428-6191 **Fax:** 428-6192  
**ASB:** 428-6174 **Fax:** 428-6192 **CTE:** Fax 428-6143

## **2018 Graduating Seniors**

### Important Graduation Dates

**Wednesday, March 28** Caps, gowns, announcements handed out in the cafeteria during lunches

**Wednesday, April 18** **Mandatory** Senior Meeting Advisory Cafeteria, 9:20 am

**Thursday, April 26** Career Fair & Science Night 5:30-8:00

**Saturday, April 28** Junior/Senior Prom @ Crystal Ballroom, Bellingham, 8-11pm

**Tuesday, May 15** Showcase and Department Awards Cafeteria, 6:00pm

**Wednesday May 16** Senior celebration-Gym during science testing

**Thursday, May 17** AVID Senior Night—Cafeteria, 6:00 pm

**Wednesday, May 23** Senior Scholarships & Awards Night Cafeteria, 6:00 pm

**Monday, June 4** Senior Finals periods 1 & 2, Attend periods 3 & 4, Yearbook distribution Cafeteria 2:30-4:30

**Tuesday, June 5** Senior Finals periods 5 & 6, Attend periods 7 & 8

**Wednesday, June 6 Mandatory Graduation Practice** Gym, 8 AM to 10 AM. Receive check-out sheet, Senior Finals Period 3 & 4, Senior Checkout 10-3, Baccalaureate, Bethany Covenant Church

**Thursday, June 7 Mandatory Graduation Practice** Gym, 8 AM to 10 AM. Moving Up Assembly-Gym 10-11, Senior Finals Periods 7 & 8, Senior Checkout 11-3.

**Friday, June 8 Graduation** Gym-7pm. Senior Class Breakfast, School Tours & Parade, Cafeteria 8:30 AM, Seniors report to Cafeteria by 6:00pm, Dress-up attire, Cap and Gown, Reception Outside Cafeteria

**June 25-28 Pick-up Diplomas** in the Counseling Office 7:30-3pm.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
	<b>Buffalo Chicken Bites</b> Biscuit Pears Salad & Fruit Bar Nonfat & 1% Milk	<b>Mini Burgers</b> Potato Smiles Salad & Fruit Bar Nonfat & 1% Milk	<b>Turkey Noodle Soup</b> Goldfish Crackers Melons Salad & Fruit Bar Nonfat & 1% Milk	<b>Chicken Nachos</b> With Salsa Salad & Fruit Bar Nonfat & 1% Milk	<b>Cheese Stuffed Breadsticks</b> With Marinara Sauce Caesar Salad/with a Treat Nonfat Chocolate Milk	
6	7	8	9	10	11	12
	<b>Sweet and Sour Pork</b> Brown Rice Steamed Broccoli Salad & Fruit Bar Nonfat & 1% Milk	<b>Chicken Salad Sands</b> Sun chips Carrotteenes Salad & Fruit Bar Nonfat & 1% Milk	<b>White Chicken Chili</b> Chips Melons Salad & Fruit Bar Nonfat & 1% Milk	<b>Popcorn Chicken</b> W/ Potato Wedges Salad & Fruit Bar Nonfat & 1% Milk	<b>Beef Philly Cheesesteak</b> Seasoned Fries Salad & Fruit Bar Nonfat Chocolate Milk	
13	14	15	16	17	18	19
	<b>Mandarin Orange Chicken</b> with Brown Rice Steamed Broccoli Salad & Fruit Bar Nonfat & 1% Milk	<b>Spicy Chicken Burger</b> French Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Lasagna Roll Up</b> Garlic Bread Steamed Peas Salad & Fruit Bar Nonfat & 1% Milk	<b>Beef Soft Taco</b> Seasoned Pinto Beans Salad & Fruit Bar Nonfat & 1% Milk	<b>Chicken Noodle Casserole</b> Roll Green Beans Nonfat Chocolate Milk	
20	21	22	23	24	25	26
	<b>Chicken Teriyaki</b> Brown Rice Mandarin Orange Slices Steamed Broccoli Nonfat & 1% Milk	<b>Chicken Strips</b> Fries Mixed Fruit Salad & Fruit Bar Nonfat & 1% Milk	<b>Grilled Cheese</b> Tomato Soup Goldfish Crackers Salad & Fruit Bar Nonfat & 1% Milk	<b>Breakfast for Lunch</b> Omelet Sausage Links Biscuits & Gravy Applesauce Nonfat & 1% Milk	<b>Chicken Alfredo with Spinach</b> Garlic Bread Nonfat Chocolate Milk	
27	28	29	30	31	1	2
	<b>No School!</b>	<b>Cook's Choice Day</b> Pink Cookie Salad & Fruit Bar Nonfat & 1% Milk	<b>Spaghetti w/Meat sauce</b> Garlic Bread Steamed Peas Salad & Fruit Bar Nonfat & 1% Milk	<b>Burrito</b> w/Cilantro Lime Brown Rice Salsa Salad & Fruit Bar Nonfat & 1% Milk	<b>Crunchy Chicken Hawaiian Wraps</b> Cookie Salad & Fruit Bar Nonfat Chocolate Milk	