

Regular Schedule	
8:00-9:25	1 <sup>st</sup> /5 <sup>th</sup> period
9:30-10:55	2 <sup>nd</sup> /6 <sup>th</sup> period
<b>11:00-11:30</b>	<b>Lunch A</b>
11:35 -1:00	3 <sup>rd</sup> /7 <sup>th</sup> period
11:00-11:45	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>11:50-12:20</b>	<b>Lunch B</b>
12:25-1:00	3 <sup>rd</sup> /7 <sup>th</sup> period
11:00-12:25	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>12:30-1:00</b>	<b>Lunch C</b>
1:05-2:30	4 <sup>th</sup> /8 <sup>th</sup> period
2:35-4:00	9 <sup>th</sup> /10 <sup>th</sup> period

# The Daily Bulletin

Tuesday, October 2, 2018

Green Day



Weekly Bell Schedule 10/01-10/05	
Monday	White
Tuesday	Green
Wednesday	Advisory-White
Thursday	Green
Friday	Early Release White Day

## News Updates

### Work Credit

Do you have a job? If so, you could earn high school credit. Stop by the College and Career Center to learn more.

### SENIOR PICTURES

Senior Portraits are due by October 26<sup>th</sup>. Please follow this link to submit your photo. <https://bit.ly/2ItQCAG> . Physical copies and e-mails will not be accepted.

### Tumbles, Flips, or other Tricks

Do you know how to tumble, do flips or other tricks? Email Mrs. Whitman to find out how you can use your talents here at MVHS! [kwhitman@mvsd320.org](mailto:kwhitman@mvsd320.org)

### PSAT

All 11<sup>th</sup> Graders will be taking the PSAT on Wednesday, October 10<sup>th</sup> and are automatically registered. The test is free for 11<sup>th</sup> graders.

### OPEN GYM

Girls' Open gym, hosted by coach Yost, is on Wednesday nights from 7-8:30pm.  
Boys' open gym, hosted by coach Valentine, is on Tuesday's and Thursday's;  
Weight room from 7-8 and gym from 8-9.

### Weight Room

The weight room is now open before and after school! Before school you can attend on Monday, Wednesday and Thursday mornings from 6:30-7:30, then after school the weight room is open from 2:45-4:00pm on Tuesday, Wednesday, and Thursday. GO Bulldogs!

## Important Phone Numbers for the High School

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157  
Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192  
ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143

## Clubs

### Young Democrats

Feeling Blue? Join young democrats! We're meeting to discuss politics and progress in NM207 at 7:30 on Wednesday mornings. Come join us for coffee and conversation. Bring a current event or issue you're interested in talking about!

### Social Justice Club

If you are interested in learning about Social Justice issues, like, systemic racism, Black Lives Matter Movement, Take a Knee, Immigration Reform and other Social Justice issues, this is the club for you! Please come and share in a safe space with others who are promoting each other to be critical thinkers. We meet every Tuesday after school in New Main 106. Ms. Garcia and Ms. Dee would love to see you there.

### Makers Club

Do you like to make things? Come join the BRAND NEW Makers Club, a Skills USA club, on "A-day." We want you to have fun making your ideas turn into something real. Got a photography project you'd like to make? Come do it here!

Have a short film you've been working on? Join us for support and ideas! Trying to create the hottest app in the app store? You need our space to make your stuff! We welcome anyone with a creative idea and a drive to make it happen. Artist, welders, 3D designers, techs, videographers, game designers...you get the idea. All makers welcome.

The MAKERS CLUB. Join today.

Join Mrs. Elliott and Mr. Young in CTE 9's office space on A Club days, and starting soon every other Thursdays after school in CTE 7.

### Debate Club

The MVHS Debate Team earning over 92 trophies last season...including 5 at the State Championships. Want to join this highly competitive team? Practices are Monday, Tuesday, and/or Wednesday in CTE 4 from 3-5pm. Hurry! The season starts soon!!!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1	2	3	4	5	6
	<b>Sweet and Sour Chicken</b> Brown Rice Broccoli Salad & Fruit Bar Nonfat & 1% Milk	<b>Buffalo Chicken Bites</b> Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Cheesy Ham and Potato Soup</b> Roll Salad & Fruit Bar Nonfat & 1% Milk <b>Taste WA Day</b>	<b>Burrito</b> Seasoned Pinto Beans/Rice Salad & Fruit Bar Nonfat & 1% Milk	<b>Meatball Subs</b> Chips Salad & Fruit Bar <b>Nonfat Chocolate Milk</b>	
7	8	9	10	11	12	13
	<b>Teriyaki Dippers</b> Brown Rice Broccoli Salad & Fruit Bar Nonfat & 1% Milk	<b>Spicy Chicken Burger w/ cheese</b> Seasoned Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Chicken Alfredo</b> With Spinach Garlic Bread Salad & Fruit Bar Nonfat & 1% Milk	<b>Mini Pizzas</b> Caesar Salad Salad & Fruit Bar Nonfat & 1% Milk	<b>Enchiladas/Sour Cream Cup</b> w/ Pico De Gallo Salad & Fruit Bar <b>Nonfat Chocolate Milk</b>	
14	15	16	17	18	19	20
	<b>Cheese Stuffed Breadsticks</b> Marinara Sauce Caesar Salad Salad & Fruit Bar Nonfat & 1% Milk	<b>Mashed Potato Bowl</b> w/ Popcorn Chicken/Gravy/Corn Salad & Fruit Bar Nonfat & 1% Milk	<b>Beef and Barley Stew</b> Oyster Crackers Salad & Fruit Bar Nonfat & 1% Milk	<b>Hot Ham and Cheese Sliders</b> BBQ Lays Chips Salad & Fruit Bar Nonfat & 1% Milk	<b>Lasagna Roll Ups</b> Green Beans/Bread Sticks Salad & Fruit Bar <b>Nonfat Chocolate Milk</b>	
21	22	23	24	25	26	27
	<b>Mandarin Orange Chicken</b> Steamed Brown rice/broccoli Nonfat & 1% Milk	<b>Buffalo Chicken Bites</b> French Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Grilled Cheese</b> Tomato Soup Goldfish Crackers Salad & Fruit Bar Nonfat & 1% Milk	<b>Teriyaki Burger</b> w/ pineapple ring Seasoned Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Breakfast for Lunch</b> Omelets, Sausage Links Biscuits and Gravy Nonfat & 1% Milk	
28	29	30	31	1	2	3
	<b>Teriyaki Chicken</b> Steamed brown rice Diced Pears/Broccoli Salad & Fruit Bar Nonfat & 1% Milk	<b>Buffalo Chicken Pizza</b> Caesar Salad Salad & Fruit Bar <b>Nonfat Chocolate Milk</b>	<b>Ooey-Goey Beefy Mac</b> Garlic Bread Frosted Halloween Cookie Salad & Fruit Bar Nonfat & 1% Milk			