Advisory	Schedule		Wookly	Bell Schedule
8:00-9:15	1 st /5 th period		Weekly Bell Schedule 10/01-10/05	
9:20-9:50	Advisory	The Delly Dullethe		
9:55-11:10	2 nd /6 th period	The Daily Bulletin	Monday	White
11:15-11:45	Lunch A			
11:50 -1:10	3 rd /7 th period	Wednesday, October 3, 2018	Tuesday	Green
11:15-11:50	3 rd /7 th period	White Advisory Day	Tucsuay	Green
11:55-12:25	Lunch B	White Auvisory Day	Wednesday	Advisory-White
12:30-1:10	3 rd /7 th period	S all		
11:15-12:35	3 rd /7 th period		Thursday	Green
12:40-1:10	Lunch C			
1:15-2:30	4 th /8 th period		Friday	Early Release White Day
2:35-4:00	9th/10th period			Thinks Buy

News Updates

Work Credit

Do you have a job? If so, you could earn high school credit. Stop by the College and Career Center to learn more.

SENIOR PICTURES

Senior Portraits are due by October 26th. Please follow this link to submit your photo. <u>https://bit.ly/2ItQCAG</u> . Physical copies and e-mails will not be accepted.

<u>Tumbles, Flips, or other Tricks</u>

Do you know how to tumble, do flips or other tricks? Email Mrs. Whitman to find out how you can use your talents here at MVHS! kwhitman@mvsd320.org

<u>PSAT</u>

All 11th Graders will be taking the PSAT on Wednesday, October 10th and are automatically registered. The test is free for 11th graders.

Weight Room

The weight room is now open before and after school! Before school you can attend on Monday, Wednesday and Thursday mornings from 6:30-7:30, then after school the weight room is open from 2:45-4:00pm on Tuesday, Wednesday, and Thursday. GO Bulldogs!

Important Phone Numbers for the High School

 Main Office:
 428-6100 Fax:
 428-6152 Counseling Office:
 428-6156 Fax:
 428-6157

 Attendance:
 428-6153 Fax:
 428-6201 Athletic Office:
 428-6191 Fax
 428-6192

 ASB:
 428-6174 Fax:
 428-6192 CTE:
 Fax
 428-6143

<u>Clubs</u>

Young Democrats

Feeling Blue? Join young democrats! We're meeting to discuss politics and progress in NM207 at 7:30 on Wednesday mornings. Come join us for coffee and conversation. Bring a current event or issue you're interested in talking about!

Social Justice Club

If you are interested in learning about Social Justice issues, like, systemic racism, Black Lives Matter Movement, Take a Knee, Immigration Reform and other Social Justice issues, this is the club for you! Please come and share in a safe space with others who are promoting each other to be critical thinkers. We meet every Tuesday after school in New Main 106. Ms. Garcia and Ms. Dee would love to see you there.

Debate Club

The MVHS Debate Team earning over 92 trophies last season...including 5 at the State Championships. Want to join this highly competitive team? Practices are Monday, Tuesday, and/or Wednesday in CTE 4 from 3-5pm. Hurry! The season starts soon!!! CTOBE

Wednesday Sunday Monday Tuesday Thursday Friday Saturday 30 1 2 3 4 5 6 **Sweet and Sour Buffalo Chicken Cheesy Ham and Burrito Meatball Subs** Chicken Bites **Potato Soup** Seasoned Pinto Chips Salad & Fruit Bar **Brown** Rice Fries Roll Beans/Rice Broccoli Salad & Fruit Bar Salad & Fruit Bar Salad & Fruit Bar Nonfat Chocolate Milk Nonfat & 1% Milk Nonfat & 1% Milk Salad & Fruit Bar Nonfat & 1% Milk Nonfat & 1% Milk Taste WA Day 7 8 9 10 11 12 13 Teriyaki Dippers Spicy Chicken **Chicken Alfredo** Mini Pizzas **Enchiladas/Sour Brown Rice** Burger w/ cheese With Spinach Caesar Salad **Cream Cup** Broccoli Seasoned Fries Garlic Bread Salad & Fruit Bar w/ Pico De Gallo Salad & Fruit Bar Salad & Fruit Bar Salad & Fruit Bar Nonfat & 1% Milk Salad & Fruit Bar Nonfat & 1% Milk Nonfat & 1% Milk Nonfat & 1% Milk Nonfat Chocolate Milk 14 16 17 18 19 15 20 **Cheese Stuffed Mashed Potato Beef and Barley** Hot Ham and Lasagna Roll Ups Green Beans/Bread Breadsticks Bowl Stew **Cheese Sliders** Marinara Sauce w/ Popcorn **Oyster Crackers BBQ** Lays Chips Sticks Salad & Fruit Bar Salad & Fruit Bar Caesar Salad Chicken/ Salad & Fruit Bar Salad & Fruit Bar Gravy/Corn Nonfat & 1% Milk Nonfat & 1% Milk Nonfat Chocolate Salad & Fruit Bar Nonfat & 1% Milk Milk Nonfat & 1% Milk 21 22 23 24 25 26 27 Mandarin **Grilled Cheese** Teriyaki Burger **Buffalo Chicken** Breakfast for Lunch **Orange Chicken** Bites Tomato Soup w/ pineapple ring **Omelets**, Sausage Steamed Brown French Fries **Goldfish Crackers** Seasoned Fries Links rice/broccoli Salad & Fruit Bar Salad & Fruit Bar Salad & Fruit Bar **Biscuits and Gravy** Nonfat & 1% Milk 29 28 30 31 1 2 3 Terivaki Chicken **Ooey-Gooey Beefy Buffalo Chicken** Steamed brown Pizza Mac Garlic Bread rice Caesar Salad Diced Salad & Fruit Bar Frosted Halloween Pears/Broccoli Nonfat Chocolate Cookie Salad & Fruit Bar Milk Salad & Fruit Bar Nonfat & 1% Milk Nonfat & 1% Milk