| Advisory Schedule |  |  |  |  |
|-------------------|--|--|--|--|
| 8:00-9:15         | 1 <sup>st</sup> /5 <sup>th</sup> period  |  |  |  |
| 9:20-9:50         | Advisory                                 |  |  |  |
| 9:55-11:10        | 2 <sup>nd</sup> /6 <sup>th</sup> period  |  |  |  |
| 11:15-11:45       | Lunch A                                  |  |  |  |
| 11:50 -1:10       | 3 <sup>rd</sup> /7 <sup>th</sup> period  |  |  |  |
| 11:15-11:50       | 3 <sup>rd</sup> /7 <sup>th</sup> period  |  |  |  |
| 11:55-12:25       | Lunch B                                  |  |  |  |
| 12:30-1:10        | 3 <sup>rd</sup> /7 <sup>th</sup> period  |  |  |  |
| 11:15-12:35       | 3 <sup>rd</sup> /7 <sup>th</sup> period  |  |  |  |
| 12:40-1:10        | Lunch C                                  |  |  |  |
| 1:15-2:30         | 4 <sup>th</sup> /8 <sup>th</sup> period  |  |  |  |
| 2:35-4:00         | 9 <sup>th</sup> /10 <sup>th</sup> period |  |  |  |

# The Daily Bulletin

Wednesday, October 17, 2018
White Advisory Day



| Weekly Bell Schedule |                |  |  |  |  |  |
|----------------------|----------------|--|--|--|--|--|
| •                    | 10/15-10/19    |  |  |  |  |  |
| 10/13-10/19          |                |  |  |  |  |  |
|                      |                |  |  |  |  |  |
| Monday               | White          |  |  |  |  |  |
|                      | 1111110        |  |  |  |  |  |
|                      |                |  |  |  |  |  |
|                      |                |  |  |  |  |  |
| Tuesday              | Green          |  |  |  |  |  |
|                      |                |  |  |  |  |  |
|                      |                |  |  |  |  |  |
| Wednesday            | White-Advisory |  |  |  |  |  |
|                      |                |  |  |  |  |  |
| Thursday             | Green          |  |  |  |  |  |
| Thursday             | Gieen          |  |  |  |  |  |
| T . 1                | Marie DNA      |  |  |  |  |  |
| Friday               | White-PM       |  |  |  |  |  |
|                      | Assembly       |  |  |  |  |  |
|                      |                |  |  |  |  |  |

# **News Updates**

#### **Picture Retakes**

All student picture retakes are on October 22<sup>nd</sup>. This is your last chance for pictures and ASB card.

#### **Work Credit**

Do you have a job? If so, you could earn high school credit. Stop by the College and Career Center to learn more.

#### **ASB Card**

Please remember you **MUST BRING YOUR ASB** CARD with you to all sporting events to get in FREE at home games and for \$4 at away games.



#### **SENIOR PICTURES**

Senior Portraits are due by October 26<sup>th</sup>. Please follow this link to submit your photo. <a href="https://bit.ly/2ItQCAG">https://bit.ly/2ItQCAG</a> .

Physical copies and e-mails will not be accepted.

#### **Free Senior Portraits**

Free senior portraits are available October 29- November 2<sup>nd</sup> during all 3 lunches. Come dressed up and have your location on campus picked out, first come first serve.

#### Important Phone Numbers for the High School

**Main Office**: 428-6100 Fax: 428-6152 **Counseling Office**: 428-6156 Fax: 428-6157 **Attendance**: 428-6153 Fax: 428-6201 **Athletic Office**: 428-6191 Fax 428-6192

**ASB:** 428-6174 **Fax:** 428-6192 **CTE:** Fax 428-6143

#### Year Book

As of 10/31/18, the price of yearbooks will now be \$65. You can pay for them in the ASB office.

# **College and Career Center**

Interested in learning about Bellingham Technical College? Join us on a field trip November 6<sup>th</sup>. Stop by the College and Career Center to pick up your permission slips.

#### **Art Club**

Art club wants you and your creative friends to come join us for making awesome art! We will meet this TH after school from 2:30-4:00 in CTE-5. We'll also get our club picture taken and have a fun fall cookie decorating party TH, October 25<sup>th</sup>! See you there, hope you can come!

# **Weight Room**



The weight room is now open before and after school! Before school you can attend on Monday, Wednesday and Thursday mornings from 6:30-7:30, then after school the weight room is open from 2:45-4:00pm on Tuesday, Wednesday, and Thursday. GO Bulldogs!

#### **Guest Dance Form**

If you would like to bring a guest who is not a current MVHS student to homecoming this year, you **must** fill out a guest form in the Main Office. These are due by October 24<sup>th</sup>. No Exceptions! Every dance needs a new form.

# 2018 MVHS Homecoming "Under the Sea"

Homecoming is October 27<sup>th</sup> from 8-11pm in the MVHS Cafeteria. Tickets will be \$10/ticket or 2 for \$15. They go on sale 10/17 at lunch in the cafeteria or in the ASB office.

Monday 10/22 Dress up: Lazy Day

Evening Activity: Powderpuff Football 6pm MVHS Football Field: For Junior and Senior female students. Permission form must be filled out and turned in to participate

Tuesday 10/23 Dress up: College Apparel Day

Evening Activity: Girls Volleyball Game: 7pm MVHS Gym. Come support our Volleyball team on Senior Night as they take on the Lake Stevens Vikings!

Wednesday 10/24 Dress up: Breast Cancer Awareness (All Pink!) Evening Activity: Macho Volleyball-6pm MVHS Main Gym. Come support your class as our male students try to show their skills in a friendly tournament. Tournament begins with Game 1 of the Senior vs. Staff.

Thursday 10/25 Dress up: Denim on Denim

Evening Activity: Movie Night 6:30pm Main Gym. Hosted by Drops of Change in the Main Gym playing Hocus Pocus. \$5 per ticket to attend with all proceeds going to help support "the Thirst Project" which is working to end the worldwide water crisis.

-Girls Soccer Game: 7 pm Bulldog Stadium. Come out and support your Girls Soccer team as they take on Kamiak in their final home game of the year!

Friday 10/26 Dress up: Bulldog Spirit!!!

Evening Activity: MVHS vs Glacier Peak football game 7pm. Come watch your Bulldogs take on the Grizzlies in their Senior Night and Homecoming Football game. Royalty will be recognized at Halftime!



| Sunday | Monday   | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday |
|--------|--|--|---|---|--|----------|
| 30     | 1  | 2  | 3   | 4   | 5  | 6        |
|        | Sweet and Sour<br>Chicken<br>Brown Rice<br>Broccoli<br>Salad & Fruit Bar<br>Nonfat & 1% Milk             | Buffalo Chicken<br>Bites<br>Fries<br>Salad & Fruit Bar<br>Nonfat & 1% Milk           | Cheesy Ham and Potato Soup Roll Salad & Fruit Bar Nonfat & 1% Milk Taste WA Day                                 | Burrito<br>Seasoned Pinto<br>Beans/Rice<br>Salad & Fruit Bar<br>Nonfat & 1% Milk                | Meatball Subs<br>Chips<br>Salad & Fruit Bar<br>Nonfat Chocolate Milk                           |          |
| 7      | 8  | 9  | 10  | 11  | 12   | 13       |
|        | Teriyaki Dippers Brown Rice Broccoli Salad & Fruit Bar Nonfat & 1% Milk                                  | Spicy Chicken Burger w/ cheese Seasoned Fries Salad & Fruit Bar Nonfat & 1% Milk     | Chicken Alfredo<br>With Spinach<br>Garlic Bread<br>Salad & Fruit Bar<br>Nonfat & 1% Milk                        | Mini Pizzas<br>Caesar Salad<br>Salad & Fruit Bar<br>Nonfat & 1% Milk                            | Enchiladas/Sour<br>Cream Cup<br>w/ Pico De Gallo<br>Salad & Fruit Bar<br>Nonfat Chocolate Milk |          |
| 14     | 15   | 16   | 17  | 18  | 19   | 20       |
|        | Cheese Stuffed<br>Breadsticks<br>Marinara Sauce<br>Caesar Salad<br>Salad & Fruit Bar<br>Nonfat & 1% Milk | Mashed Potato Bowl w/ Popcorn Chicken/ Gravy/Corn Salad & Fruit Bar Nonfat & 1% Milk | Beef and Barley<br>Stew<br>Oyster Crackers<br>Salad & Fruit Bar<br>Nonfat & 1% Milk                             | Hot Ham and<br>Cheese Sliders<br>BBQ Lays Chips<br>Salad & Fruit Bar<br>Nonfat & 1% Milk        | Lasagna Roll Ups Green Beans/Bread Sticks Salad & Fruit Bar Nonfat Chocolate Milk              |          |
| 21     | 22   | 23   | 24  | 25  | 26   | 27       |
|        | Mandarin<br>Orange Chicken<br>Steamed Brown<br>rice/broccoli<br>Nonfat & 1% Milk                         | Buffalo Chicken<br>Bites<br>French Fries<br>Salad & Fruit Bar<br>Nonfat & 1% Milk    | Grilled Cheese<br>Tomato Soup<br>Goldfish Crackers<br>Salad & Fruit Bar<br>Nonfat & 1% Milk                     | Teriyaki Burger<br>w/ pineapple ring<br>Seasoned Fries<br>Salad & Fruit Bar<br>Nonfat & 1% Milk | Breakfast for Lunch Omelets, Sausage Links Biscuits and Gravy Nonfat & 1% Milk                 |          |
| 28     | 29   | 30   | 31  | 1   | 2  | 3        |
|        | Teriyaki Chicken Steamed brown rice Diced Pears/Broccoli Salad & Fruit Bar Nonfat & 1% Milk              | Buffalo Chicken Pizza Caesar Salad Salad & Fruit Bar Nonfat Chocolate Milk           | Ooey-Gooey Beefy<br>Mac<br>Garlic Bread<br>Frosted Halloween<br>Cookie<br>Salad & Fruit Bar<br>Nonfat & 1% Milk |   |  |          |