Regular Schedule				
8:00-9:25	1 st /5 th period			
9:30-10:55	2 nd /6 th period			
11:00-11:30	Lunch A			
11:35 -1:00	3 rd /7 th period			
11:00-11:45	3 rd /7 th period			
11:50-12:20	Lunch B			
12:25-1:00	3 rd /7 th period			
11:00-12:25	3 rd /7 th period			
12:30-1:00	Lunch C			
1:05-2:30	4 th /8 th period			
2:35-4:00	9 th /10 th period			

The Daily Bulletin

Tuesday, November 6, 2018 White Day



Weekly Bell Schedule 11/05-11/09				
Monday	Green			
Tuesday	White			
Wednesday	Green-Early Release			
Thursday	White-Early Release			
Friday	Green			

News Updates

NEW SAFETY ATTENDANCE PROTOCOL

Parents will need to physically come in for their students to pull them out of school. We will not be taking phone calls or e-mails to release students during school hours. The attendance office will be verifying parent with their ID. Any adult on the students profile can pick up students as long as they have ID to verify who they are. This is for the safety of our students and staff.

Winter Sports

If you plan on participating in a Winter sport, you must have **all paperwork and sports fees paid by Nov. 7th!** If you need to check on your sports physical and/or your paperwork please come see Mrs. Stahlecker in the Athletic Office.

DON'T WAIT UNTIL THE LAST MINUTE! Check on your status of your eligibility now!

Senior Baby Ads

The price of Senior Baby Ads will be increasing on November 15th. See the high school website for details on pricing.

Year Book

As of 10/31/18, the price of yearbooks will now be \$65. You can pay for them in the ASB office.

Order Your

Important Phone Numbers for the High School

Main Office: 428-6100 Fax: 428-6152 **Counseling Office**: 428-6156 Fax: 428-6157 **Attendance**: 428-6153 Fax: 428-6201 **Athletic Office**: 428-6191 Fax 428-6192

ASB: 428-6174 **Fax:** 428-6192 **CTE:** Fax 428-6143

United States Air Force

The United States Air Force Academy will be visiting the College and Career Center on Friday, November 9th at 11:00 am. Students interested should sign up in the College and Career Center.

Media and Journalism

Do you have an interest in media & journalism? MVHStv will be attending a conference on November 30th at Everett Community College and would like to invite any student with an interest in any form of journalism to also attend. Lunch is provided and spots are limited. See Mr. Hornbacher in CTE4 for details.

Rooter Bus

MVHS is planning another Rooter Bus trip to Mount Si High School to cheer for the MVHS football team. There is room for 40 students and there will be at least 2 adult chaperones. You must be one of the first 40 to get your sheet turned in or you will be put on a waiting list.

The cost for the bus ride is \$10. This must be paid when you turn in your form. Cost of a ticket for the game with an ASB card is \$7, or \$10 without.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
	Teriyaki Chicken Steamed Brown Rice Diced Pears/Broccoli Salad & Fruit Bar Nonfat & 1% Milk	Buffalo Chicken Pizza Caesar Salad Salad & Fruit Bar Nonfat Chocolate Milk	Ooey-Gooey Beefy Mac Garlic Bread Frosted Halloween Cookie Salad & Fruit Bar Nonfat & 1% Milk	Homemade Macaroni and Cheese Steamed Peas/Roll Salad & Fruit Bar Nonfat & 1% Milk	Variety Pizza Caesar Salad Salad & Fruit Bar Nonfat Chocolate Milk	
4	5	6	7	8	9	10
	Mandarin Orange Chicken Steamed Brown rice/Broccoli Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk	Chicken Bacon Ranch Burgers French Fries Salad & Fruit Bar Nonfat & 1% Milk	Meatball Sub Doritos Salad & Fruit Bar Nonfat & 1% Milk	Chicken Legs Mashed Potatoes/Green Beans Salad & Fruit Bar Nonfat & 1% Milk	Buffalo Chicken Pizza Caesar Salad Salad & Fruit Bar Nonfat Chocolate Milk	
11	12	13	14	15	16	17
	NO SCHOOL! VETERANS DAY	Buffalo Bites Fries Salad & Fruit Bar Nonfat & 1% Milk	Popcorn Chicken Fries Salad & Fruit Bar Nonfat & 1% Milk	Thanksgiving Meal Turkey & Gravy Mashed Potatoes Whole Wheat Roll Pumpkin Dessert Nonfat & 1% Milk	French Bread Pizza Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	
18	19	20	21	22	23	24
	Teriyaki Chicken Steamed Brown rice Fortune Cookie Broccoli Salad & Fruit Bar Nonfat & 1% Milk	Mini Burgers French Fries Broccoli Salad Salad & Fruit Bar Nonfat & 1% Milk	Breakfast for Lunch Biscuits and Gravy Sausage Links/ and Omelets Salad & Fruit Bar Nonfat & 1% Milk	No School Thanksgiving Break	No School Thanksgiving Break	
25	26	27	28	29	30	1
	Sweet and Sour Chicken Steamed rice/Broccoli Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk	Spicy Chicken Burger French Fries Salad & Fruit Bar Nonfat & 1% Milk	Spaghetti & Meat sauce Dinner Roll Steamed Corn Salad & Fruit Bar Nonfat & 1% Milk	Philly Beef Steak Sand Chips Salad & Fruit Bar Nonfat & 1% Milk	Variety Pizza Caesar Salad Salad & Fruit Bar Nonfat Chocolate Milk	