

Regular Schedule	
8:00-9:25	1 <sup>st</sup> /5 <sup>th</sup> period
9:30-10:55	2 <sup>nd</sup> /6 <sup>th</sup> period
<b>11:00-11:30</b>	<b>Lunch A</b>
11:35 -1:00	3 <sup>rd</sup> /7 <sup>th</sup> period
11:00-11:45	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>11:50-12:20</b>	<b>Lunch B</b>
12:25-1:00	3 <sup>rd</sup> /7 <sup>th</sup> period
11:00-12:25	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>12:30-1:00</b>	<b>Lunch C</b>
1:05-2:30	4 <sup>th</sup> /8 <sup>th</sup> period
2:35-4:00	9 <sup>th</sup> /10 <sup>th</sup> period

# The Daily Bulletin

Thursday, November 15, 2018

White Day



Weekly Bell Schedule 11/12-11/16	
Monday	NO SCHOOL
Tuesday	White
Wednesday	Green-Advisory
Thursday	White
Friday	Green-Early Release

## News Updates

### **\*NEW SAFETY ATTENDANCE PROTOCOL\***

Parents will need to **physically** come in for their students to pull them out of school. We will not be taking phone calls or e-mails to release students during school hours. The attendance office will be verifying parent with their ID. Any adult on the students profile can pick up students as long as they have ID to verify who they are. This is for the safety of our students and staff.

### Seniors and Siblings

Seniors: If you have a sibling that attends MVHS, come get your senior siblings photo taken before school, during your lunch, or after school. Spots are limited, so don't miss out on this chance to be featured in this year's Skagina.

#### Before School

From 7:30 - 7:55

November 7th,8th,9th,12th,13th, and 14th

#### During Your Lunch

November 6th-17th

#### After School

November 13th,14th,15th,19th, and 20th

From 2:30pm - 3:00pm

### Senior Baby Ads

The price of Senior Baby Ads will be increasing on November 15<sup>th</sup>. See the high school website for details on pricing.

### Important Phone Numbers for the High School

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157

Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192

ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143

### **Media and Journalism**

Do you have an interest in media & journalism? MVHStv will be attending a conference on November 30<sup>th</sup> at Everett Community College and would like to invite any student with an interest in any form of journalism to also attend.

Lunch is provided and spots are limited. See Mr. Hornbacher in CTE4 for details.

### **PE Make-ups**

PE makeup have begun! Please meet in the gym dressed down ready to play by 7am-7:45am on Wednesday Mornings.

## **College and Career Center**

### **Wednesday 11/14**

During all three lunches, Skagit Valley College will be here for a Lunch and Learn. Stop by the College and Career Center to speak to a SVC rep about their trade programs like, Culinary Arts, Law Enforcement, Early Childhood Education, Automotive and much more!

### **Thursday 11/15**

Pizza with a Pro is hosting Hexcel during lunch A and Lunch B. Sign up in the College and Career center to learn about this great aerospace company!

### **ASVAB Test**

Students interested in a career in the military can take the ASVAB (Armed Service Vocational Aptitude Battery) test at MVHS on December 7<sup>th</sup>. Sign up in the College and Career Center.



# NOVEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
	<b>Teriyaki Chicken</b> Steamed Brown Rice Diced Pears/Broccoli Salad & Fruit Bar Nonfat & 1% Milk	<b>Buffalo Chicken Pizza</b> Caesar Salad Salad & Fruit Bar <b>Nonfat Chocolate Milk</b>	<b>Ooey-Goey Beefy Mac</b> Garlic Bread Frosted Halloween Cookie Salad & Fruit Bar Nonfat & 1% Milk	<b>Homemade Macaroni and Cheese</b> Steamed Peas/Roll Salad & Fruit Bar Nonfat & 1% Milk	<b>Variety Pizza</b> Caesar Salad Salad & Fruit Bar <b>Nonfat Chocolate Milk</b>	
4	5	6	7	8	9	10
	<b>Mandarin Orange Chicken</b> Steamed Brown rice/Broccoli Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk	<b>Chicken Bacon Ranch Burgers</b> French Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Meatball Sub</b> Doritos Salad & Fruit Bar Nonfat & 1% Milk	<b>Chicken Legs</b> Mashed Potatoes/Green Beans Salad & Fruit Bar Nonfat & 1% Milk	<b>Buffalo Chicken Pizza</b> Caesar Salad Salad & Fruit Bar <b>Nonfat Chocolate Milk</b>	
11	12	13	14	15	16	17
	<b>NO SCHOOL! VETERANS DAY</b>	<b>Buffalo Bites</b> Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Popcorn Chicken</b> Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Thanksgiving Meal</b> Turkey & Gravy Mashed Potatoes Whole Wheat Roll Pumpkin Dessert Nonfat & 1% Milk	<b>French Bread Pizza</b> Caesar Side Salad Salad & Fruit Bar <b>Nonfat Chocolate Milk</b>	
18	19	20	21	22	23	24
	<b>Teriyaki Chicken</b> Steamed Brown rice Fortune Cookie Broccoli Salad & Fruit Bar Nonfat & 1% Milk	<b>Mini Burgers</b> French Fries Broccoli Salad Salad & Fruit Bar Nonfat & 1% Milk	<b>Breakfast for Lunch</b> Biscuits and Gravy Sausage Links/ and Omelets Salad & Fruit Bar Nonfat & 1% Milk	<b>No School</b> Thanksgiving Break	<b>No School</b> Thanksgiving Break	
25	26	27	28	29	30	1
	<b>Sweet and Sour Chicken</b> Steamed rice/Broccoli Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk	<b>Spicy Chicken Burger</b> French Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Spaghetti &amp; Meat sauce</b> Dinner Roll Steamed Corn Salad & Fruit Bar Nonfat & 1% Milk	<b>Philly Beef Steak Sand</b> Chips Salad & Fruit Bar Nonfat & 1% Milk	<b>Variety Pizza</b> Caesar Salad Salad & Fruit Bar <b>Nonfat Chocolate Milk</b>	