Early Disi	nissal		Weekly	Bell Schedule	
8:00-8:55	1 st /5 th period	1	12/10-12/14		
9:00-9:55	2 nd /6 th period				
9:55-10:25	Lunch A	The Daily Bulletin	Monday	Green	
10:30 -11:30	3 rd /7 th period				
10:00-10:25	3 rd /7 th period	Friday, December 14, 2018	Tuesday	White	
10:30-11:00	Lunch B	Green Day			
11:05-11:30	3 rd /7 th period		Wednesday	Green-	
10:00-10:55	3 rd /7 th period			Advisory	
11:00-11:30	Lunch C		Thursday	White	
11:35-12:30	4 th /8 th period		Friday	Green Early	
12:35-1:30	9th/10th period	4		Release	

News Updates

Holiday Happenings

Spirit Days: We are going to have spirit/dress up days to spread holiday cheer this week.

Monday: Pajama Day Tuesday: Toasty Tuesday (Bundled Up) Wednesday: Holiday Hats Thursday: Winter Vacation (Beach/Floral Theme) Friday: Snowstorm (White out) Monday (12/17): Flannel Family Photo Day Tuesday (12/18): Ugly Sweater Day

Candy Cane Grams

If you would like to send a small token of appreciation to a friend, you can purchase a candy cane gram to be delivered with a note and candy cane during lunches this week.

Cocoa and Canes

Our holiday tradition of a live staff band performing on the last day before winter break will be continuing on here at MVHS. Come check them out in cafeteria on 12/18 during lunch!

Important Phone Numbers for the High School

 Main Office:
 428-6100 Fax:
 428-6152 Counseling Office:
 428-6156 Fax:
 428-6157

 Attendance:
 428-6153 Fax:
 428-6201 Athletic Office:
 428-6191 Fax
 428-6192

 ASB:
 428-6174 Fax:
 428-6192 CTE:
 Fax
 428-6143

LIVE: MVHSTV

MVHStv is now on Instagram. Stay up to date on live streams, news, sports, and most importantly, school update.

Science Night Shirts

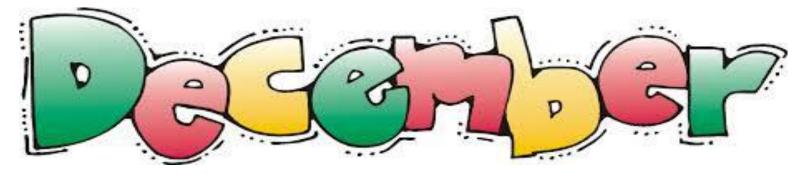
Design the 2019 Science Nigh Shirt this year! Entries are DUE Friday, January 25th by 12:30pm. See a teacher for the rules and entry form or pick one up in the main office!

Open Weight Room

Open weight Room in the Mornings Monday, Wednesday, Thursday 6:30-7:30 AM Open Weight Room in the Afternoons Tuesday, Wednesday, Thursday 2:45-4:00 PM

NHS Tutoring

NHS will be hosting end of the semester tutoring in the Library, M-TH, from 2:30 to 3:30 starting December 10th. If you are a struggling student or need a quiet place to study for finals/end of the semester, come on by!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
	Beef Dippers w/Egg Rolls Peaches Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk	Mini Burgers Fries Salad & Fruit Bar Nonfat & 1% Milk	Cheeseburger Mac Garlic Bread/Green Beans Salad & Fruit Bar Nonfat & 1% Milk	Breakfast for Lunch Cheese Omelet w/ salsa Hash brown Patty/Sausage Links Sakuma Strawberries Salad & Fruit Bar Nonfat & 1% Milk	French Bread Pizza Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	
9	10	11	12	13	14	15
	Mandarin Orange Chicken W/ Brown Rice Broccoli Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk	Spicy Chicken Burger French Fries Salad & Fruit Bar Nonfat & 1% Milk	Homemade Chicken Pot Pie Salad & Fruit Bar Nonfat & 1% Milk	Hot Ham and Cheese Sandwich Lays Potato Chips Salad & Fruit Bar Nonfat & 1% Milk	Variety Pizza Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	
16	17	18	19	20	21	22
	Buffalo Bites French Fries Salad & Fruit Bar Nonfat & 1% Milk	Cooks Choice Day! Rice Krispie Treat Salad & Fruit Bar Nonfat & 1% Milk	Wi	nter Bre	eak	
23	24	25	26	27	28	29
		Wi	nter Bro	eak		
30	1	2	3	4	5	6
	Winter	Break	Back to School!			