Early Disi	nissal		Weekly	Bell Schedule	
8:00-8:55	1 <sup>st</sup> /5 <sup>th</sup> period	1	12/10-12/14		
9:00-9:55	2 <sup>nd</sup> /6 <sup>th</sup> period				
9:55-10:25	Lunch A	The Daily Bulletin	Monday	Green	
10:30 -11:30	3 <sup>rd</sup> /7 <sup>th</sup> period				
10:00-10:25	3 <sup>rd</sup> /7 <sup>th</sup> period	Friday, December 14, 2018	Tuesday	White	
10:30-11:00	Lunch B	Green Day			
11:05-11:30	3 <sup>rd</sup> /7 <sup>th</sup> period		Wednesday	Green-	
10:00-10:55	3 <sup>rd</sup> /7 <sup>th</sup> period			Advisory	
11:00-11:30	Lunch C		Thursday	White	
11:35-12:30	4 <sup>th</sup> /8 <sup>th</sup> period		Friday	Green Early	
12:35-1:30	9th/10th period	4		Release	

**News Updates** 

# **Holiday Happenings**

Spirit Days: We are going to have spirit/dress up days to spread holiday cheer this week.

Monday: Pajama Day Tuesday: Toasty Tuesday (Bundled Up) Wednesday: Holiday Hats Thursday: Winter Vacation (Beach/Floral Theme) Friday: Snowstorm (White out) Monday (12/17): Flannel Family Photo Day Tuesday (12/18): Ugly Sweater Day

**Candy Cane Grams** 

If you would like to send a small token of appreciation to a friend, you can purchase a candy cane gram to be delivered with a note and candy cane during lunches this week.

### **Cocoa and Canes**

Our holiday tradition of a live staff band performing on the last day before winter break will be continuing on here at MVHS. Come check them out in cafeteria on 12/18 during lunch!

#### Important Phone Numbers for the High School

 Main Office:
 428-6100 Fax:
 428-6152 Counseling Office:
 428-6156 Fax:
 428-6157

 Attendance:
 428-6153 Fax:
 428-6201 Athletic Office:
 428-6191 Fax
 428-6192

 ASB:
 428-6174 Fax:
 428-6192 CTE:
 Fax
 428-6143

#### **LIVE: MVHSTV**

MVHStv is now on Instagram. Stay up to date on live streams, news, sports, and most importantly, school update.

## **Science Night Shirts**

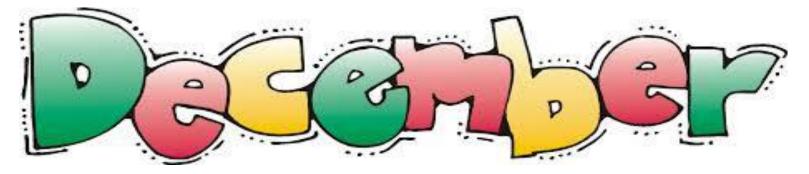
Design the 2019 Science Nigh Shirt this year! Entries are DUE Friday, January 25<sup>th</sup> by 12:30pm. See a teacher for the rules and entry form or pick one up in the main office!

## **Open Weight Room**

Open weight Room in the Mornings Monday, Wednesday, Thursday 6:30-7:30 AM Open Weight Room in the Afternoons Tuesday, Wednesday, Thursday 2:45-4:00 PM

## NHS Tutoring

NHS will be hosting end of the semester tutoring in the Library, M-TH, from 2:30 to 3:30 starting December 10<sup>th</sup>. If you are a struggling student or need a quiet place to study for finals/end of the semester, come on by!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
	<b>Beef Dippers</b> w/Egg Rolls Peaches Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk	<b>Mini Burgers</b> Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Cheeseburger Mac</b> Garlic Bread/Green Beans Salad & Fruit Bar Nonfat & 1% Milk	Breakfast for Lunch Cheese Omelet w/ salsa Hash brown Patty/Sausage Links Sakuma Strawberries Salad & Fruit Bar Nonfat & 1% Milk	French Bread Pizza Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	
9	10	11	12	13	14	15
	Mandarin Orange Chicken W/ Brown Rice Broccoli Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk	<b>Spicy Chicken</b> <b>Burger</b> French Fries Salad & Fruit Bar Nonfat & 1% Milk	Homemade Chicken Pot Pie Salad & Fruit Bar Nonfat & 1% Milk	Hot Ham and Cheese Sandwich Lays Potato Chips Salad & Fruit Bar Nonfat & 1% Milk	Variety Pizza Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	
16	17	18	19	20	21	22
	<b>Buffalo Bites</b> French Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Cooks Choice</b> <b>Day!</b> Rice Krispie Treat Salad & Fruit Bar Nonfat & 1% Milk	Wi	nter Bre	eak	
23	24	25	26	27	28	29
		Wi	nter Bro	eak		
30	1	2	3	4	5	6
	Winter	Break	Back to School!			