

Regular Schedule	
8:00-9:25	1 st /5 th period
9:30-10:55	2 nd /6 th period
11:00-11:30	Lunch A
11:35 -1:00	3 rd /7 th period
11:00-11:45	3 rd /7 th period
11:50-12:20	Lunch B
12:25-1:00	3 rd /7 th period
11:00-12:25	3 rd /7 th period
12:30-1:00	Lunch C
1:05-2:30	4 th /8 th period
2:35-4:00	9 th /10 th period

The Daily Bulletin

Monday, December 17, 2018

White Day



Weekly Bell Schedule 12/17-12/21	
Monday	White
Tuesday	Green
Wednesday	No School
Thursday	No School
Friday	No School

News Updates

Holiday Happenings

Spirit Days: We are going to have spirit/dress up days to spread holiday cheer this week.

Monday Flannel Family Photo Day

Tuesday Ugly Sweater Day

Cocoa and Canes

Our holiday tradition of a live staff band performing on the last day before winter break will be continuing on here at MVHS. Come check them out in cafeteria on 12/18 during lunch!

YMCA

The YMCA will be in the College and Career Center during all three lunches to talk about career opportunities at the brand new YMCA!

Stop by to learn more!

LIVE: MVHSTV

MVHStv is now on Instagram. Stay up to date on live streams, news, sports, and most importantly, school update.

Important Phone Numbers for the High School

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157

Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192

ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143

Science Night Shirts

Design the 2019 Science Nigh Shirt this year! Entries are DUE Friday, January 25th by 12:30pm. See a teacher for the rules and entry form or pick one up in the main office!

Open Weight Room

Open weight Room in the Mornings

Monday, Wednesday, Thursday 6:30-7:30 AM

Open Weight Room in the Afternoons

Tuesday, Wednesday, Thursday 2:45-4:00 PM

PE CBA Makeups

PE CBA makeups are scheduled for Wednesday, January 16th. Meet in the gym, with Mr. Flores at 7am to sign in and prepare to complete the mile, crunch test, and seated stretch reach.

NHS Tutoring

NHS will be hosting end of the semester tutoring in the Library, M-TH, from 2:30 to 3:30 starting December 10th. If you are a struggling student or need a quiet place to study for finals/end of the semester, come on by!

December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
2	3	4	5	6	7	8	
	Beef Dippers w/Egg Rolls Peaches Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk	Mini Burgers Fries Salad & Fruit Bar Nonfat & 1% Milk	Cheeseburger Mac Garlic Bread/Green Beans Salad & Fruit Bar Nonfat & 1% Milk	Breakfast for Lunch Cheese Omelet w/ salsa Hash brown Patty/Sausage Links Sakuma Strawberries Salad & Fruit Bar Nonfat & 1% Milk	French Bread Pizza Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk		
9	10	11	12	13	14	15	
	Mandarin Orange Chicken W/ Brown Rice Broccoli Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk	Spicy Chicken Burger French Fries Salad & Fruit Bar Nonfat & 1% Milk	Homemade Chicken Pot Pie Salad & Fruit Bar Nonfat & 1% Milk	Hot Ham and Cheese Sandwich Lays Potato Chips Salad & Fruit Bar Nonfat & 1% Milk	Variety Pizza Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk		
16	17	18	19	20	21	22	
	Buffalo Bites French Fries Salad & Fruit Bar Nonfat & 1% Milk	Cooks Choice Day! Rice Krispie Treat Salad & Fruit Bar Nonfat & 1% Milk	Winter Break				
23	24	25	26	27	28	29	
	Winter Break						
30	1	2	3	4	5	6	
	Winter Break		Back to School!				