

Early Dismissal	
8:00-8:55	1 st /5 th period
9:00-9:55	2 nd /6 th period
10:00-10:30	Lunch A
10:35 -11:30	3 rd /7 th period
10:00-10:55	3 rd /7 th period
11:00-11:30	Lunch B
11:35-12:30	4 th /8 th period
12:35-1:30	9 th /10 th period

The Daily Bulletin

Friday, March 29, 2019

Green Day



Weekly Bell Schedule 03/25-03/29	
Monday	Green
Tuesday	White
Wednesday	Green
Thursday	White-Early Release
Friday	Green-Early Release

News Updates

Science Night

Science Night is Thursday, April 25, from 5-8pm. We have exciting, hands-on Science activities for all ages, community exhibitors that use science in their daily work, college & universities, rocket launching, planetarium shows, and more! We also have food trucks, so you can even get dinner here now! We look forward to seeing you there!

Science Night Shirts

! If you'd like to order this year's Science Night shirt, you should order by Sunday April 7th (but it's easier to just order before spring break!) You can get ordering info from your Science Teacher, the MVHS Science Night website, or from Science Night's Facebook page.

<https://mvscience19.itemorder.com/sale>

JUNIORS

The College and Career Center is offering a field trip to University of Washington the week after spring break on April 11th. If you are interested in attending University of Washington, stop by the College and Career Center today to pick up your permission slip.

Prom

Prom this year will be April 27th at Maplehurst Farm in Mount Vernon from 8-11pm. Tickets will be \$12 each and for sale the week of Prom both in the ASB office and at lunches on Thursday 25th and Friday 26th.

Important Phone Numbers for the High School

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157

Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192

ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143



MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
	Teriyaki Chicken With Brown Rice Sliced Peaches/Broccoli Fortune Cookie Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Mini Burgers French Fries Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Breakfast for Lunch Whole Grain Waffle Sausage Links Applesauce cup Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Chicken Pot Pies Salad & Fruit Bar 1% Milk & NF Chocolate Milk	Variety Pizza Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	
3	4	5	6	7	8	9
	Mandarin Orange Chicken Egg Roll Broccoli Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Spicy Chicken Burger Chips Coleslaw Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Creamy Alfredo w/ spinach Roll Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Buffalo Chicken Bites Fries Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	French Bread Pizza Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	
10	11	12	13	14	15	16
	Teriyaki Beef Dippers Steamed Brown Rice Broccoli Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Hot Ham and Cheese Sunchips Carrot Sticks Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Variety Pizza Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Cook's Choice Day! Secret Treat Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Fish Sticks and Fries Cole Slaw Salad & Fruit Bar Nonfat Chocolate Milk	
17	18	19	20	21	22	23
	Buffalo Chicken Bites WG Frosted Sugar Cookie! Fries Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Variety Pizza Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Chicken Chow Mein Stir Fried Veggies Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Meatball Sub Chips Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Cheese Stuffed Breadsticks With marinara sauce Spinach Salad Nonfat Chocolate Milk	
24	25	26	27	28	29	30
	Teriyaki Chicken Steamed Brown Rice Broccoli Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Grilled Cheese Tomato Soup Goldfish Crackers Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Breakfast for Lunch Mini Maple Pancakes Sausage Links Strawberries Salad & Fruit Bar Nonfat & 1% Milk	Chicken Bacon Ranch Chips Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	French Bread Pizza Caesar Side Salad Salad & Fruit Bar Nonfat Chocolate Milk	