

Regular Schedule	
8:00-9:25	1 <sup>st</sup> /5 <sup>th</sup> period
9:30-10:55	2 <sup>nd</sup> /6 <sup>th</sup> period
<b>11:00-11:30</b>	<b>Lunch A</b>
11:35 -1:00	3 <sup>rd</sup> /7 <sup>th</sup> period
11:00-12:25	3 <sup>rd</sup> /7 <sup>th</sup> period
<b>12:30-1:00</b>	<b>Lunch B</b>
1:05-2:30	4 <sup>th</sup> /8 <sup>th</sup> period
2:35-4:00	9 <sup>th</sup> /10 <sup>th</sup> period

# The Daily Bulletin

Thursday, April 18, 2019  
White Day



Weekly Bell Schedule 4/15-4/19	
Monday	Green
Tuesday	White
Wednesday	Green- Advisory
Thursday	White
Friday	Green Early Release

## News Updates

### Science Night

Science Night is Thursday, April 25, from 5-8pm. We have exciting, hands-on Science activities for all ages, community exhibitors that use science in their daily work, college & universities, rocket launching, planetarium shows, and more! We also have food trucks, so you can even get dinner here now! We look forward to seeing you there!

### Prom

Prom this year will be April 27<sup>th</sup> at Maplehurst Farm in Mount Vernon from 8-11pm. Tickets will be \$12 each and for sale the week of Prom both in the ASB office and at lunches on Thursday 25<sup>th</sup> and Friday 26<sup>th</sup>.

If you would like to bring a guest who does not attend Mount Vernon High School, please stop by the Main Office to pick up a form. The form must be turned in by April 25<sup>th</sup>, no exceptions. You must do a new form for every dance.

This year there will **NOT** be a portrait photographer. Please plan accordingly!

### Important Phone Numbers for the High School

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157  
Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192  
ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143

### **Dress Share**

Anyone still out there who does not have a prom dress? You are in luck!

Leadership class is holding the annual Dress Share THIS Friday after school in CTE-2. There are so many dresses to choose from, and also a limited amount of suits. The cost of the dress is also FREE- even better!

Hope to see you there!

### **Volleyball Meeting**

Our spring volleyball meeting will be right after school in Ms. Tingley's classroom on Friday April 19<sup>th</sup>. This will be a mandatory meeting for all returning or new Volleyball players. The schedule for summer ball and camps will be passed out and athletes can sign up for tourneys at this time.



April Showers Bring May Flowers



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
<p><b>NO SCHOOL</b></p> <p><b>SPRING BREAK</b></p>						
7	8	9	10	11	12	13
	<p><b>Popcorn Chicken</b> Seasoned Fries Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Spicy Chicken Burger</b> Cool Ranch Doritos Sakuma Strawberries w/whip Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Creamy Chicken Alfredo</b> Garlic Bread Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Buffalo Chicken Pizza</b> Caesar Salad Mini Rice Krispies Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Cheese Stuffed Breadsticks</b> Marinara Sauce/Churros Salad &amp; Fruit Bar Nonfat Chocolate Milk</p>	
14	15	16	17	18	19	20
	<p><b>Chicken Chow Mein</b> Stir Fried Veggies/Egg Roll Fortune Cookie Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Teriyaki Chicken Burger</b> French Fries Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Mini Cheese Ravioli</b> w/Meat sauce Garlic Bread Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Smothered Burrito</b> Rice Black Bean and Corn Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>French Bread Pizza</b> Caesar Side Salad Salad &amp; Fruit Bar Nonfat Chocolate Milk</p>	
21	22	23	24	25	26	27
	<p><b>Teriyaki Beef Dippers</b> With Brown rice/Broccoli Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Chicken Bacon Ranch Burger</b> Baked Chips Sakuma Blueberries w/whip Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Buffalo Chicken Bites</b> Flama Chips Mixed Fruit Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Meatball Sub</b> Fries Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Variety Pizza</b> Caesar Side Salad Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	
28	29	30	1	2	3	4
	<p><b>Mandarin Orange Chicken</b> with Brown Rice Broccoli Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>	<p><b>Grilled Cheese Sandwich</b> Tomato Soup Goldfish Crackers Salad &amp; Fruit Bar Nonfat &amp; 1% Milk Nonfat Chocolate Milk</p>				