Regular Schedule			Weekly Bell Schedule 9/16-9/20	
8:00-9:25 9:30-10:55	1 <sup>st</sup> /5 <sup>th</sup> period 2 <sup>nd</sup> /6 <sup>th</sup> period	The Daily Bulletin	Monday	Green
<b>11:00-11:30</b> 11:35 -1:00	Lunch A 3 <sup>rd</sup> /7 <sup>th</sup> period	Thursday, September 19, 2019 White Day	Tuesday	White
11:00-12:25	3 <sup>rd</sup> /7 <sup>th</sup> period		Wednesday	Green Advisory
<b>12:30-1:00</b> 1:05-2:30	4 <sup>th</sup> /8 <sup>th</sup> period		Thursday	White
2:35-4:00	9 <sup>th</sup> /10 <sup>th</sup> period		Friday	Green Early Release

#### **News Updates**

## Junior & Senior College Rep Visits

We currently have over 15 colleges visiting MVHS (and more to come) this fall to speak with our Juniors and Seniors about opportunities within their institutions. Students may get a pass in the College and Career Center. To

view the complete schedule visit: <u>https://mvhscollegecareer.weebly.com/college-</u> representative-visits.html

# Annual College Planning Workshop

The first annual college planning workshop will be on October 9<sup>th</sup> from 5:30-8:00pm. Grades 9-12 and their families are invited to attend this night with information on colleges, financial aid and much more! Save the Date!

## Yearbook Baby Ads and Senior Portraits

Yearbook Baby Ads for seniors are on sale now. Early bird pricing is \$50 for ¼ page and \$100 for ½ page if ordered by November 15<sup>th</sup>. Senior Portraits are due November 1<sup>st</sup>. Check the MVHS Website to upload your photos.

#### Do you have a job????

If so, Skagina would love a photo of you and other Bulldog co-workers for a feature in the yearbook. See or email Mr. Hornbacher in CTE4 if you have a photo to submit.

#### **Important Phone Numbers for the High School**

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157 Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192 ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143 The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Director of Special and Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
			Chicken Strips French Fries Mixed Fruit Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Hot Ham and Cheese Sandwiches Chips Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	French Bread Pizza Caesar Salad Rice Krispie Mini Treat Salad & Fruit Bar Nonfat Chocolate Milk	
8	9	10	11	12	13	14
	Teriyaki Dippers Brown Rice/ Fortune Cookies Broccoli Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Mini Burgers French Fries Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Spaghetti & Meat sauce Dinner Roll Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Spicy Chicken Burger Chips Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Variety Pizza Caesar Salad Rice Krispie Mini Treat Salad & Fruit Bar Nonfat Chocolate Milk	
15	16	17	18	19	20	21
	Cheese Stuffed Breadsticks Marinera Dipping Sauce Mixed Fruit Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate	Buffalo Chicken Bites French Fries Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Chicken Alfredo Texas Toast Green Beans Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Turkey Sandwich and Cheese Sun Chips Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Buffalo Chicken Pizza Caesar Salad Rice Krispie Mini Treat Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate	
22	23	24	25	26	27	28
	Mandarin Orange Chicken Brown Rice/Broccoli Fortune Cookie Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Mini Burgers French Fries Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Tomato Soup and Toasted Cheese Sandwich Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Popcorn Chicken Seasoned Fries Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	NO SCHOOL	
29	30	1	2	3	4	5