



# MVHS DAILY BULLETIN

**Wednesday, September 1, 2021 • Today's Schedule is Green Day**

## MVHS Main Campus Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-9:25	1st	5th	1st	5th	1st
9:30-10:55	2nd	6th	2nd	6th	2nd
<b>11:00-11:30</b>	<b>Lunch A</b>	<b>Lunch A</b>	<b>Lunch A</b>	<b>Lunch A</b>	<b>Lunch A</b>
11:35-1:00	3rd	7th	3rd	7th	3rd
11:00-11:45	3rd	7th	3rd	7th	3rd
<b>11:50-12:20</b>	<b>Lunch B</b>	<b>Lunch B</b>	<b>Lunch B</b>	<b>Lunch B</b>	<b>Lunch B</b>
12:25-1:00	3rd	7th	3rd	7th	3rd
11:00-12:25	3rd	7th	3rd	7th	3rd
<b>12:30-1:00</b>	<b>Lunch C</b>	<b>Lunch C</b>	<b>Lunch C</b>	<b>Lunch C</b>	<b>Lunch C</b>
1:05-2:30	4th	8th	4th	8th	4th
2:35-4:00	5th	9th	5th	9th	5th

## MVHS South (Lincoln ) Campus Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:50-9:15	1st	5th	1st	5th	1st
9:20-10:45	2nd	6th	2nd	6th	2nd
<b>10:50-11:20</b>	<b>Lunch A</b>	<b>Lunch A</b>	<b>Lunch A</b>	<b>Lunch A</b>	<b>Lunch A</b>
11:25-12:50	3rd	7th	3rd	7th	3rd
10:50-11:35	3rd	7th	3rd	7th	3rd
<b>11:30-12:00</b>	<b>Lunch B</b>	<b>Lunch B</b>	<b>Lunch B</b>	<b>Lunch B</b>	<b>Lunch B</b>
12:05-12:50	3rd	7th	3rd	7th	3rd
10:50-12:15	3rd	7th	3rd	7th	3rd
<b>12:20-12:50</b>	<b>Lunch C</b>	<b>Lunch C</b>	<b>Lunch C</b>	<b>Lunch C</b>	<b>Lunch C</b>
12:55-2:20	4th	8th	4th	8th	4th
2:35-4:00	5th	9th	5th	9th	5th

### Three new things for the Cafeteria

- Student lunches are free.
- There will be no Ala Carte sales.
- Only one meal per student.

### We have two honeybee hives on our main campus.

They are located on the third floor balcony and will be visible every day. There will be some honey just outside the window during the first few days of school so that you can get a good view behind glass. Mr. Engman will take any of you out to open a hive every Thursday after school. Please visit first to pick up a permission slip. Our honeybees do not cause any problems on campus, but you must let our school nurse know if you have a life-threatening allergy. If you have any questions, contact Mr. Engman in New Main 304

### Yearbooks on sale now at the ASB office.

\$65 for full pay students  
\$55 for F/R Lunch students

### Important Dates:

Picture Make-Up Day: Friday, September 10, 2021

Picture Retakes: Thursday, October 21, 2021

Senior Portraits Due: Friday, October 29, 2021

[Click here to Upload your photo](#)

### MVHS Club News

**The National Honor Society** will be meeting Thursday, September 9th at 7:15am in the gym. Welcome back and see you there!

Grade/Grad Year	Your Google Classroom Code
Freshman 2025	
Sophomore 2024	jfcnczg
Junior 2023	scayne3
Senior 2022	zt2hgkt

**Remember to bring your fully charged Chromebook to school each day!**



BACK TO SCHOOL

# TAILGATE BBQ

September 3 | 4-6 PM

North Parking Lot (next to gym)

MVHS Students & Staff

\*Must show ASB Card/ID Badge\*



HOSTED BY  
@MOUNTVERNONFFA



## NONDISCRIMINATION

The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.





# High School

Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Welcome Back to School!</p>		<p>1-Sep Corn Dogs Tater Tots Fresh Fruit/ Veggies  1% White Milk or Chocolate</p>	<p>2-Sep Chicken Strips Fries Fresh Fruit/ Veggies  1% White Milk or Chocolate</p>	<p>3-Sep Pizza (Variety of Choices) Caesar Salad Mini Rice Krispie Treat 1% White milk or Chocolate</p>
<p>6-Sep  Labor Day! No School. No Food Service.</p>	<p>7-Sep Cheese Stuffed Breadsticks Marinara Sauce Fresh Fruit  Side Salad 1% White Milk or Chocolate Milk</p>	<p>8-Sep Mandarine Orange Chicken Rice/ Broccoli Fresh Fruit  Fortune Cookie 1% White Milk or Chocolate Milk</p>	<p>9-Sep Popcorn chicken  Tater Tots Fresh Fruit  Veggies 1% White Milk or Chocolate Milk</p>	<p>10-Sep Pizza (Variety of choices) Caesar Salad  Mini Rice Krispie Treat 1% White Milk or Chocolate Milk</p>
<p>13-Sep Corn Dog  Tater Tots Red Grapes Veggies 1% White Milk or Chocolate Milk</p>	<p>14-Sep Bacon Ranch Chicken Burger French Fries Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>15-Sep Pasta Bake  Texas Toast Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>16-Sep Tamale  Hot Sauce Jicama &amp; Lime Fresh Fruit 1% White Milk or Chocolate Milk</p>	<p>17-Sep Pizza (Variety of Choices) Caesar Salad Mini Rice Krispie Treat 1% White Milk or Chocolate Milk</p>
<p>20-Sep Super Pretzel w/ Cheese Sauce for dipping Caesar Salad Fresh Fruit &amp; Veggies 1% White Milk or Chocolate Milk</p>	<p>21-Sep Popcorn Chicken Tater Tots  Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>22-Sep Teriyaki Beef Dippers Rice &amp; Broccoli  Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk</p>	<p>23-Sep Nacho Bites Flama Chips/Salsa  Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>24-Sep Pizza (Variety of Choices)  Caesar Salad Mini Rice Krispie Treat 1% White Milk or Chocolate Milk</p>
<p>27-Sep Cheese Stuffed Breadsticks Marinara Sauce Side Salad Fruit 1% White Milk or Chocolate Milk</p>	<p>28-Sep Breakfast For Lunch  Pancaes Omelette Sausage Link/Fruit 1% White Milk or Chocolate Milk</p>	<p>29-Sep Egg Rolls  Rice &amp; Broccoli Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk</p>	<p>30-Sep Burrito/Garden Salsa Chips W/ Hot Sauce Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>1-Oct Pizza (Variety of Choices) Caesar Salad Mini Rice Krispie Treat 1% White Milk or Chocolate Milk</p>

This institution is an equal opportunity provider and employer. Menu subject to change without notice.

Questions? Call David Connors, Food Services Director, at (360) 428-6149.

Each lunch comes complete with solid bar or fresh vegetable, choice of fresh fruit, and milk



### Meal Prices:

Student Lunch	Free
Adult Lunch	\$4.00
Side Milk	\$0.50

### Important News:

Mount Vernon School District recently changed our food program with the government due to our high level of poverty / free and reduced eligible students.

The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.