



MVHS DAILY BULLETIN

MVHS Main Campus Regular Schedule

Time	Period
8:00-9:25	1st/5th
9:30-10:55	2nd/6th
11:00-11:30	Lunch A
11:35-1:00	3rd/7th
11:00-11:45	3rd/7th
11:50-12:20	Lunch B
12:25-1:00	3rd/7th
11:00-12:25	3rd/7th
12:30-1:00	Lunch C
1:05-2:30	4th/8th
2:35-4:00	5th/9th

Thursday, September 9th, 2021 White Day - Regular Schedule

This weeks Bell Schedule	
Monday	No School
Tuesday	White Day Advisory
Wednesday	Green Day
Thursday	White Day
Friday	Green Day

MVHS South Campus Regular Schedule

Time	Period
7:50-9:15	1st/5th
9:20-10:45	2nd/6th
10:50-11:20	Lunch A
11:25-12:50	3rd/7th
10:50-11:35	3rd/7th
11:30-12:00	Lunch B
12:05-12:50	3rd/7th
10:50-12:15	3rd/7th
12:20-12:50	Lunch C
12:55-2:20	4th/8th
2:35-4:00	5th/9th

This Friday is Picture Make-Up Day

and is not too late to order pictures. You can still order them online at [FireFly Images](#)

Signing up for sports?

Head to the Athletic Office located in the Gym

Multilingual Office is looking for reliable TA'S

for 1st, 2nd, 4th, 6th and 8th period. Please stop by Admin 114 and see Mrs. Gonzalez for more information

MVHS Parking News

A parking permit is needed to park anywhere on the MVHS campus. Parking permits can be purchased in the ASB office. Parking on campus without a valid parking permit is a 20\$ fine and can result in your vehicle being towed from campus at your expense. If you have any questions, please contact the security office at MVHS

Yearbooks on sale now at the ASB office

\$65 for full pay students
\$55 for F/R Lunch students

Important Dates:

Picture Make-Up Day: Friday, September 10, 2021

PSAT/SAT/ASVAB: Wednesday, October 13th

Picture Retakes: Thursday, October 21, 2021

Senior Portraits Due: Friday, October 29, 2021

[Click here to Upload your photo](#)

MVHS Club News

The National Honor Society will be meeting **Thursday, September 9th** at 7:15am in the gym. Welcome back and see you there!

Grade/Grad Year	Your Google Classroom Code
Freshman 2025	
Sophomore 2024	jfcnzcg
Junior 2023	scayne3
Senior 2022	zt2hgkt

Remember to bring your fully charged Chromebook to school each day!

10 AM – SEPTEMBER 18TH
WALK IN YOUR NEIGHBORHOOD!
WALK IN YOUR YARD!
WALK ON A TREADMILL!
WALK IN CIRCLES IN YOUR LIVING ROOM!
JUST WALK TO SHOW YOUR SUPPORT FOR ANIMALS IN NEED!

COLLECT PLEDGES TO WIN FABULOUS PRIZES!

INDIVIDUAL REGISTRATION – \$25
FAMILY REGISTRATION – \$50

COME JOIN US!
REGISTER OR GET MORE DETAILS AT:
WWW.SKAGITHUMANE.ORG/2021WALK



Thanks to Swinomish Casino & Lodge for their support of this event!



Three new things for the Cafeteria

- Student lunches are free.
- There will be no Ala Carte sales.
- Only one meal per student.

We have two honeybee hives on our main campus.

They are located on the third floor balcony and will be visible every day. There will be some honey just outside the window during the first few days of school so that you can get a good view behind glass. Mr. Engman will take any of you out to open a hive every Thursday after school. Please visit first to pick up a permission slip. Our honeybees do not cause any problems on campus, but you must let our school nurse know if you have a life-threatening allergy. If you have any questions, contact Mr. Engman in New Main 304

The MVHS College and Career Center is open for business.

All students are welcome to stop by and learn more about careers and college options. College Representatives will be visiting MVHS to speak with juniors and seniors about their college, the application process and more. Seniors can find assistance with post secondary plans, college applications, financial aid and scholarship information and more! All of this information is available on the MVHS College and Career Center. https://sites.google.com/mvhsd320.org/mvhscolleg_eandcareercenter/home

NONDISCRIMINATION

The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.



High School

Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Welcome Back to School!</p>		<p>1-Sep Corn Dogs Tater Tots Fresh Fruit/ Veggies 1% White Milk or Chocolate</p>	<p>2-Sep Chicken Strips Fries Fresh Fruit/ Veggies 1% White Milk or Chocolate</p>	<p>3-Sep Pizza (Variety of Choices) Caesar Salad Mini Rice Krispie Treat 1% White milk or Chocolate</p>
<p>6-Sep Labor Day! No School. No Food Service.</p>	<p>7-Sep Cheese Stuffed Breadsticks Marinara Sauce Fresh Fruit Side Salad 1% White Milk or Chocolate Milk</p>	<p>8-Sep Mandarine Orange Chicken Rice/ Broccoli Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk</p>	<p>9-Sep Popcorn chicken Tater Tots Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>10-Sep Pizza (Variety of choices) Caesar Salad Mini Rice Krispie Treat 1% White Milk or Chocolate Milk</p>
<p>13-Sep Corn Dog Tater Tots Red Grapes Veggies 1% White Milk or Chocolate Milk</p>	<p>14-Sep Bacon Ranch Chicken Burger French Fries Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>15-Sep Pasta Bake Texas Toast Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>16-Sep Tamale Hot Sauce Jicama & Lime Fresh Fruit 1% White Milk or Chocolate Milk</p>	<p>17-Sep Pizza (Variety of Choices) Caesar Salad Mini Rice Krispie Treat 1% White Milk or Chocolate Milk</p>
<p>20-Sep Super Pretzel w/ Cheese Sauce for dipping Caesar Salad Fresh Fruit & Veggies 1% White Milk or Chocolate Milk</p>	<p>21-Sep Popcorn Chicken Tater Tots Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>22-Sep Teriyaki Beef Dippers Rice & Broccoli Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk</p>	<p>23-Sep Nacho Bites Flama Chips/Salsa Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>24-Sep Pizza (Variety of Choices) Caesar Salad Mini Rice Krispie Treat 1% White Milk or Chocolate Milk</p>
<p>27-Sep Cheese Stuffed Breadsticks Marinara Sauce Side Salad Fruit 1% White Milk or Chocolate Milk</p>	<p>28-Sep Breakfast For Lunch Pancaes Omelette Sausage Link/Fruit 1% White Milk or Chocolate Milk</p>	<p>29-Sep Egg Rolls Rice & Broccoli Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk</p>	<p>30-Sep Burrito/Garden Salsa Chips W/ Hot Sauce Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>1-Oct Pizza (Variety of Choices) Caesar Salad Mini Rice Krispie Treat 1% White Milk or Chocolate Milk</p>

This institution is an equal opportunity provider and employer. Menu subject to change without notice.

Questions? Call David Connors, Food Services Director, at (360) 428-6149.

Each lunch comes complete with solid bar or fresh vegetable, choice of fresh fruit, and milk



Meal Prices:

Student Lunch	Free
Adult Lunch	\$4.00
Side Milk	\$0.50

Important News:

Mount Vernon School District recently changed our food program with the government due to our high level of poverty / free and reduced eligible students.

The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.