

MYHS DAILY BULLETIN

MVHS Main Campus Tuesday Advisory			
Time	Period		
8:00-9:15	1st/5th		
9:20-9:50	Advisory		
9:55-11:10	2nd/6th		
11:15-11:45	Lunch A		
11:50-1:10	3rd/7th		
11:15-11:50	3rd/7th		
11:55-12:25	Lunch B		
12:30-1:10	3rd/7th		
11:15-12:35	3rd/7th		
12:40-1:10	Lunch C		
1:15-2:30	4th/8th		
2:35-4:00	5th/9th		

Tuesday, September 21th, 2021 White Day - Advisory Schedule

This weeks Bell Schedule		
Monday	Green Day	
Tuesday	White Day- Advisory	
Wednesday	Green Day-Early Release	
Thursday	White Day	
Friday	Green Day	

MVHS South Campus Advisory Schedule

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Time	Period		
7:50-9:05	1st/5th		
9:10-9:40	Advisory		
9:45-11:00	2nd/6th		
11:05-11:35	Lunch A		
11:40-1:00	3rd/7th		
11:05-11:40	3rd/7th		
11:45-12:15	Lunch B		
12:20-1:00	3rd/7th		
11:05-12:25	3rd/7th		
12:30-1:00	Lunch C		
1:05-2:20	4th/8th		
2:35-4:00	5th/9th		

Important Dates:

Picture Retakes: Thursday, October 21, 2021

Senior Portraits Due: Friday, October 29,2021

Click here to Upload your photo

MVHS Club News

LUCHA Club's first meeting of the year is Today, 9/21, right after school ends, in room NM223. Any and all who are interested are welcome!

FBLA (Future Business Leaders of America) will be meeting Mondays after school in CTE-9. See you there!

Mount Vernon FFA (Future Farmers of America) meets on Mondays, after school in CTE 2.

Students interested in joining the Student Library Advisory Board (SLAB)

Stop by the library after school Monday, September 27 to learn more.

Reminder:

The third floor of new main is closed during lunch. There is no eating on the 3rd floor of new main. Please eat lunch in the cafeteria or friendship circle!

Class of 2025 Tetherball Tournament

There are new tether balls out on the tetherball poles!! To celebrate these Tether balls we are having a tether ball tournament on October 4th (green day) and October 5th (white day)!!! To sign up to play submit your entry to Class of 2025 Tetherball Tournament or access the QR codes around the south campus on posters. When you scan the QR code you must be signed into your student email account. There will be a prize for the winner. We hope to see you there!!!

Hey Bulldog Superfans!

Dawg Pound's first meeting will be Today, September 21 @ 7:30am. We are putting together a group of students who are willing to participate in the student section at games & model what school spirit is for our school. Questions? Ask Bailee Matrinez or email Mr. Hornbacher @ thornbacher@mvsd.320.org

Please be patient with us in the kitchen

Our food supplier US foods are having supply issues and the menu may have to be changed at a moment's notice. Thank You!

The Dawg Pound is rallying

behind our girls soccer team at their home match vs. Lynden Christian High School on September 30th @ 7:30pm. We will have premade signs to cheer on our Lady Bulldogs but feel free to bring your own school-appropriate signs. We will also have spirit prizes for those who attend

Join Debate Practice!

Mondays & Tuesdays from 3-6 pm in Ms. Breum's room, NM224 and Zoom on Wednesdays from 7-9pm. Join us before October 15th!

Open Weight Room!

IF you are looking to lift weights in preparation for sports, to make up missed PE classes or just to get in shape, come join us in the MVHS Weight Room for open workout times. The weight room will be open Mon, Wed and Fri after school 2:45-4:00 pm and before school Tue and Thurs 6:45-7:45!

The MVHS College & Career Center is open for business.

All students are welcome to stop by and learn more about careers and college options. College Representatives will be visiting MVHS to speak with juniors and seniors about their college, the application process and more. Seniors can find assistance with post secondary plans, college applications, financial aid and scholarship information and more! All of this information is available on the MVHS College and Career Center website. https://sites.google.com/mvsd320.org/mvhscollegeandcareercenter/home

Hey Bulldogs!

Did you know that **E**ducation and **D**etermination **G**enerate **E**xcellence! **Bulldog E.D.G.E**. is an after school program for students to work on schoolwork and is open to ANY MVHS student! Held in the MVHS library Monday through Thursday from 2:30-4:15, beginning this week. Use this time to work on schoolwork or get tutoring help. There will be a late bus for those who need transportation. Bus passes will be issued to Bulldog E.D.G.E. students at 4:00. Direct any questions to Mrs. Love in CTE 3 or see the bulletin board in the hallway outside the library.

MVHS Parking News

A parking permit is needed to park anywhere on the MVHS campus. Parking permits can be purchased in the ASB office. Parking on campus without a valid parking permit is a 20\$ fine and can result in your vehicle being towed from campus at your expense. If you have any questions, please contact the security office at MVHS

Signing up for sports?

Head to the Athletic Office located in the Gym

Is there a team event today?

Check out the bulldog schedule here

MVHS Bulldog Athletic Schedule

Looking for new Bulldog Gear to wear?

Check out the online School Store.

Grade/Grad Year	Your Google Classroom Code
Freshman 2025	c26chgy
Sophomore 2024	jfcnzcg
Junior 2023	scayne3
Senior 2022	zt2hgkt

Questions about our Student Health Services?

Click here to have all of them answered

MVSD Student Health Services

NONDISCRIMINATION

The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.



High School

Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
-	9610	1-Sep	2-Sep	3-Sep
Welcome Back to School!		Corn Dogs Tater Tots Freash Fruit/ Veggies 1% White Milk or Chocolate	Chicken Strips Fries Fresh Fruit/ Veggies 1% White Milk or Chocolate	Pizza (Variety of Choices) Caesar Salad Mini Rice Krispie Trea 1% White milk or Chocolate
	7.0			
6-Sep	7-Sep	8-Sep	9-Sep	10-Sep
Labor Day! No School. No Food Service.	Cheese Stuffed Breadsticks Marinara Sauce Fresh Fruit Side Salad 1% White Milk or	Manderine Orange Chicken Rice/ Broccoli Fresh Fruit Fortune Cookie 1% White Milk or	Popcorn chicken Tater Tots Fresh Fruit Veggies 1% White Milk or	(Variety of choices) Caesar Salad Mini Rice Krispie Treat 1% White Milk or
	Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk
13-Sep Corn Dog	14-Sep Bacon Ranch Chicken	15-Sep Pasta Bake	16-Sep Tamale	17-Sep Pizza
Tater Tots Red Grapes Veggies 1% White Milk or Chocolate Milk	Burger French Fries Fresh Fruit Veggies 1% White Milk or Chocolate Milk	Texas Toast Fresh Fruit Veggies 1% White Milk or Chocolate Milk	Hot Sauce Jicama & Lime Fresh Fruit 1% White Milk or Chocolate Milk	(Variety of Choices) Caesar Salad Mini Rice Krispie Treat 1% White Milk or Chocolate Milk
20-Sep	21-Sep	22-Sep	23-Sep	24-Sep
Super Pretzel w/ Cheese Sauce for dipping Caesar Salad Fresh Fruit & Veggies 1% White Milk or Chocolate Milk	Popcorn Chicken Tater Tots Fresh Fruit Veggies 1% White Milk or Chocolate Milk	Teriyaki Beef Dippers Rice & Broccoli Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk	Nacho Bites Flama Chips/Salsa Fresh Fruit Veggies 1% White Milk or Chocolate Milk	Pizza (Variety of Choices) Caesar Salad Mini Rice Krispie Treat 1% White Milk or Chocolate Milk
27-Sep	28-Sep	29-Sep	30-Sep	1-Oct
Cheese Stuffed Breadsticks Marinara Sauce Side Salad Fruit	Breakfast For Lunch Panckaes Omelette Sausage Link/Fruit	Egg Rolls Rice & Broccoli Fresh Fruit Fortune Cookie	Burrito/Garden Salsa Chips W/ Hot Sauce Fresh Fruit Veggies	Pizza (Variety of Choices) Caesar Salad Mini Rice Krispie Treat
1% White Milk or	1% White Milk or	1% White Milk or	1% White Milk or	1% White Milk or
Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call David Connors, Food Services Director, at (360) 428-6149.

Each lunch comes complete with salad bar or fresh vegetable, choice of fresh fruit, and milk



Meal Prices:

Student Lunch	Free
Adult Lunch	\$4.00
Side Milk	\$0.50

Important News:

Mount Vernon School District recently changed our food program with the government due to our high level of poverty / free and reduced eligible students.

The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.