



# MVHS DAILY BULLETIN

Thursday, November 3, 2022

This Week's Schedule	
Monday	White Day - Regular Schedule
Tuesday	Green Day - Advisory Schedule
Wednesday	White Day - Early Release Schedule
Thursday	Green Day - Regular Schedule
Friday	White Day- Regular Schedule

Today's Bell Schedule	
Time:	Class Period:
8:00-9:25	1st/5th
9:30-10:55	2nd/6th
<b>11:00-11:30</b>	<b>Lunch A</b>
11:35-1:00	3rd/7th
11:00-11:45	3rd/7th
<b>11:50-12:20</b>	<b>Lunch B</b>
12:25-1:00	3rd/7th
11:00-12:25	3rd/7th
<b>12:30-1:00</b>	<b>Lunch C</b>
1:05-2:30	4th/8th
2:35-4:00	9th/10th

## Important Dates

- November Early Release Days: Nov. 16, 23
- Daylight Savings-Fall Back: November 6
- Picture Retakes/Make-Up: November 10
- Veterans Day-No School: Friday, November 11
- Thanksgiving Break-No School: Nov 24 & 25

## Upcoming Activities & Events

- Thursday, November 3:**
- ▶HOME Games-
  - V Boys Football vs Jackson HS, 5pm
  - ▶Jazz/Mariachi/Folklorico Concerts, Aud, 5/7pm
- Thursday, November 10**
- ▶Junior Fall Hangout, 2:45-4pm, NM W. Foyer

## Senior Corner

### Senior Yearbook Ads

The final day to order your Senior Ad is 2-1-2023. The price will be \$60 for 1/4 page ad and \$120 for 1/2 page ad. [Click here to design your ad.](#)

### Senior Parents

The College and Career Center has a video and presentation available to answer questions about the college application process and more. Visit the [MVHS College and Career Center website](#). Parents to watch the video and review the presentation. Ms. Zimmer is available via email at [pzimmer@mvsd320.org](mailto:pzimmer@mvsd320.org) or by phone at 360.428.6256.

## Interested MVHS Wrestling program?

**Girls** interested, there is an informational meeting on Monday Nov. 7th at 2:45 in the Mat Room. Please contact Coach Landis in Old Main 103 with any questions.

**Boys** interested, please come meet your coach in the Mat Room on Wednesday November 9th at 2:30 PM

## Girls Basketball Begins November 14

If you plan to play and you have not signed up in Final Forms, please do so right away. If you need assistance with Final Forms please contact the Athletics Office, Coach Hagg or Coach Hazelwood.

## Boys Basketball Info Meeting Today

If you are interested in turning out, plan on attending a short informational meeting **TODAY** immediately after school in the gym. That is this Thursday right after school in the gym. Please make arrangements to attend!

## MVHS Music Department Invites You

Come and enjoy a festive night of Mariachi, **Today, November 3rd**. Shows are at 5pm & 7pm. Seats are filling up fast. Both events are free, but we are asking for audience members to reserve a seat. If you are interested in attending, please visit: [www.mv-music.org](http://www.mv-music.org) to select a seat.

## College in the High School App Deadline is Friday!

Tomorrow, Friday, November 4th is the College in the High School Application Deadline for PreCalc and Careers in ED. SVC will be in the College in the Career Center today, Thursday, November 3rd, during all three lunches to help with the Application Process. Stop by if you need help with the process.

## College & Career Center

### College Rep Visits:

Oregon State University - 11/8 at 9am

## MVHS Clubs

**ART Club** - meets Tues/Thurs, 2:30-4, AG1

**AVID Club** - every other Monday, CTE-1, 2:40

**FBLA** - Mondays, 2:35PM, CTE9

**FCCLA** - meets Mondays, 2:45 pm, NM321

**FFA** - Mondays, 2:40pm, in CTE2

**Debate Team** - Mon/Tue, 3-5pm, Admin 114

**Key Club** - Weds, Early Release, 2:45pm, N206

**LUCHA Club** - Thursday's at 2:30 in NM223

**Outdoor Leadership** - Fridays, 2:40pm, Friendship Cir

**Pacific Islander Assoc.** - Thurs, 2:45pm, OM108

**Pride Club** - Mondays, 2:45pm, OM308

**Robotics Team** - Tues/Fri, 3:30- 6:30 in CTE 10.

**TSA** - meets Thursdays, 2:45pm, CTE 6

## Important Numbers:

**Athletic Office: 360-428-6191**

Sports Schedules and Event Information

**Attendance Office: 360-428-6153**

Report Student Absence or Tardy

**College & Career Center: 360-428-6256**

**Counseling Office: 360-428-6156**

Registration, Schedules, Transcripts, Running Start

**Transportation: 360-428-6147**

Bus and Schedule Information

## Useful Links

[Art Department](#)

[College & Career Center](#)

[Music Department](#)

[MVHSTV](#)

[Athletic Event Schedule](#)

[MVHS Website](#)

[Student Health Services](#)

[TEA WITH DR. V](#)

## MVSD STUDENT HEALTH SERVICES

### HEALTH SERVICE QUESTIONS?

Click [MVSD Student Health Services](#) to find the answers.

### COVID QUESTIONS?

Click [MVSD COVID Information Page](#) to find answers?

## November 10th is the Last Day for Picture make-ups and Retakes

There are a lot of students who have not had their picture taken yet. Students will not only be able to get into games for free without an ASB card, but they will also not appear in the yearbook. Pictures begin at 8am and finish at 3pm in alpha order. Schedule will be available.

## Homecoming Portraits Available

All proceeds go towards the free/reduced lunch student discount on yearbooks. [MVHS Homecoming Photos 22/23](#)

## Your School Photos Are Ready!

JostensPIX was recently at your school to photograph picture day, and your student's photos are now available for viewing and ordering! Click on the link below to get started. [VIEW AND ORDER PHOTOS HERE](#) Photos not appearing in your gallery? Find your student using event code: FE217522

## Join Us Every Day After School!

The Boys and Girls Club meets everyday after school at 2:30 in the cafeteria. Experience VR, Magic Club, and Field Trips! Sign up at [skagitclubs.org](#) or talk to a staff member at the club.

## Afterschool Homework Help? Bulldog EDGE

Monday-Thursday in the MVHS Library from 2:30-4pm

## The After School Activities Bus

runs M-TH, picks you up outside the cafeteria at 4. You will need a bus pass from your teacher and/or activity advisor.

## New Bulldog Spirit Gear Store

VHS has switched vendors for our online spirit gear store. The new Under Armour store can be found by visiting the following:

[MVHS Sprit Gear Store](#)

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### NONDISCRIMINATION

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### MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there are occasional errors. Thank you.

# NOVEMBER 2022

## Mount Vernon High School Special

*Growing Healthy Students!*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>7-Nov</b>	<b>8-Nov</b>	<b>9-Nov</b>	<b>10-Nov</b>	<b>11-Nov</b>
PEPPERONI CALZONE MARINARA SAUCE/ TREAT	CHICKEN STRIPS CHIPS	MANDARIN ORANGE CHICKEN POT STICKERS	FLAUTAS Treat	VETERAN'S DAY NO SCHOOL
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	
<b>14-Nov</b>	<b>15-Nov</b>	<b>16-Nov</b>	<b>17-Nov</b>	<b>18-Nov</b>
CORNDOG CHIP	CHICKEN SALAD CROISSANT CHIPS	BURRITO FRITO CHIPS W/PICO DE GALLO	TURKEY GRAVY AND MASHED POTATOES DINNER ROLL & COOKIE!	CHEESE STUFFED BREADSTICKS TOMATO SOUP GOLDFISH CRACKERS
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK
<b>21-Nov</b>	<b>22-Nov</b>	<b>23-Nov</b>	<b>24-Nov</b>	<b>25-Nov</b>
CHICKEN STRIPS SUNCHIPS	PIEROGIS	FLAUTAS Treat	THANKSGIVING DAY! NO MEAL SERVICE	NO MEAL SERVICE
FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT AND VEGETABLES		
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK		
<b>28-Nov</b>	<b>29-Nov</b>	<b>30-Nov</b>	<b>1-Dec</b>	<b>2-Dec</b>
CHEESE STUFFED BREADSTICKS MARINARA SAUCE/ TREAT	BREAKFAST FOR LUNCH OMELET, SAUSAGE PATTY BISCUIT	MACARONI AND CHEESE ROLL	MASHED POTATO BOWL POPCORN CHICKEN/CORN	PEPPERONI CALZONE MARINARA SAUCE/TREAT
FRESH FRUIT SALAD BAR	FRESH FRUIT AND SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR	FRESH FRUIT SALAD BAR
1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK	1% WHITE MILK OR CHOCOLATE MILK



**EACH LUNCH COMES COMPLETE WITH  
SALAD BAR OR FRESH VEGETABLE,  
CHOICE OF FRESH FRUIT, AND MILK**

**Meal Prices:**  
Elementary Breakfast & Lunch: No Charge  
Adult Lunch & Salad Bar: \$5.00  
Side Milk: \$0.75

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call David Connors, Food Services Director at 360-428-6149