



MVHS SUMMER BULLETIN

Summer Vacation!



2023-2024 IMPORTANT DATES:

First Day Of School: Wed August 30, 2023 - Green Day
Early Release Days in September: September 13 & 20
Homecoming Week: October 2 - 6, 2023

SUMMER ACTIVITIES FOR STUDENTS

Free Gym Memberships for Teens- [PLANET FITNESS](#)
Skagit Transit New [Youth Ride Free Program](#)
[Salish Sea School](#)
[Boys & Girls Clubs of Skagit County](#)
[Skagit Valley YMCA](#)
Summer School Opportunities
[MVSD Choice Schools Online Summer Program](#)

ATHLETIC DEPT NEWS

Call the Athletic Office with questions regarding sports at 360-428-6191 or check [MVHS Athletics Website](#)

ASB & Athletic Office Hours:

June - M-F, 8am-2pm / July - Closed / August - M-F, 8am-2pm

IMPORTANT NUMBERS:

Attendance Office: 360-428-6153
Report Student Absence or Tardy
College & Career Center: 360-428-6256
Counseling Office: 360-428-6156
Registration, Schedules, Transcripts, Running Start
MVSD Student Health Services, 360-428-6151
Transportation: 360-428-6147
Bus and Schedule Information

USEFUL LINKS

Athletic Event Schedule	MVHS Website	MVHS Facebook	MVHS Instagram
MVHSTV	College & Career Center	Student Health Services	

Questions About Diplomas, Transcripts, Running Start, Registration, NCTA, & More?

The MVHS Counseling Department provides students & families resources to help navigate high school and beyond. School counselors can assist you with academics, college and career readiness and personal/social concerns and support. Contact the counseling office at 360-428-6156 or check out their website [MVHS Counseling Department](#)

NCTA Summer Session Opportunities

NCTA is offering a three week summer program which introduces students to a career pathway. There is no charge for this program and students will receive a .5 semester credit. The NCTA Summer Session is for all 8th grade to non-graduating senior students. [Summer Session Details](#)

Summer

Monthly Wellness Tips From Your Counseling Office

The end of the year is here! As you wrap up the school year and go into Summer take some time to think about what you can do the next couple months to promote your well-being and keep yourself busy. Here are some ideas to help fill your summer with activities that will leave you feeling refreshed and ready to take on the next school year:

1. Host friends or family for an outdoor hangout/ picnic
2. Take a hike; Skagit and Whatcom county is full of beautiful hikes and trails
3. Create a list of books or movies to read/watch over the summer (if you don't have a library card, now is a great time to get one!)
4. Learn a new skill with a friend or family member (learn to cook a new recipe, start learning a new language, a new sport, craft, or game.

Have a safe and healthy summer!

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MVHS DAILY BULLETIN

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See you on
August 30th!
Have a great
summer!