# MYHS DAILY BULLETIN

Tuesday, September 26, 2023

This Week's Schedule			
Monday	White Day - Extended Advisory Schedule		
Tuesday	Green Day - Extended Advisory Schedule		
Wednesday	White Day - Regular Schedule		
Thursday	Green Day - Regular Schedule		
Friday	White Day - 30min PM Assembly Schedule		

	MVHS Extended Advisory				
1.	Time	Period			
	8:00-9:10	1st/5th			
Charles and I	9:15-10:10	Advisory			
The state of the s	10:15-11:25	2nd/6th			
7	11:30-12:00	Lunch A			
D. 2	12:05-1:15	3rd/7th			
	11:30-12:40	3rd/7th			
F	12:45-1:15	Lunch B			
	1:20-2:30	4th/8th			

#### **IMPORTANT DATES**

STAR Testing 9th & 10th Grade - Sept 25 & 26

Picture Retakes: Tuesday, October 3rd

No School/Non Student Day: Wed, Oct 4

**Homecoming Week:** October 2-6

**Homecoming Dance:** Friday, Oct. 7th, 7-10PM

**Oct. Early Release Days:** Oct., 11, 18, 19, & 20

### **UPCOMING ACTIVITIES & EVENTS**

- →**Mon-Thur,** Bulldog EDGE, 2:30-4pm, Library
- →Mon-Fri, Boys & Girls Club,2:30-5:30pm, Cafeteria
- → Friday, Homecoming Kickoff PM Assembly

#### **SENIOR INFORMATION**

### Senior Yearbook Recognition Ads

Purchase your ad by Feb 2, 2024 online. Click here: Yearbook Rec Ad Link

#### Senior Photos For The Class of 2024

As the class of 2024 begins their Senior Portrait season, please keep the following information in mind when submitting your senior photo:

- The photo must be cropped 2"x3" in portrait orientation.
- Absolutely no props (cars, pets, family members, sporting equipment, etc).
- Attire must follow the School Dress Code.

Portraits are due 10-31-2023 and only accepted via the following link:

**MVHS Senior Photo Submission Page** 

For more info click here: Senior Photos for 2024

## Join Project Peace!

MVHS's mental health awareness club, will be having it's first meeting of the year this Thursday, September 28th from 2:30-3:00 in CTE 1. Everyone is welcome!

#### French Club

Are you interested in learning about the cultures, foods, and music of the 56 countries (including the USA) that use the French language? Club francophone will have an informational meeting today, Tuesday in Portable 8 from 2:35-3:00. You don't need to be in a French class or know how to speak French to participate! See Madame Ousselin if you have any questions about the club or if you can't make it. Au revoir!

## **Join the Gaming Club**

Come to NM120, from 2:45-4pm on White Thursdays!

## **Pacific Islander Association**

(PIA) meets on Thursdays, 2:45 - 4:00 in room OM 113.

## **Next Week is Homecoming Week**

MONDAY 10/2	WAKE UP IN WONDERLAND/PAJAMA DAY     VOLLEYBALL TOURNAMENT AT 6PM, MVHS GYM	
TUESDAY 10/3	TWEEDLE TWIN DAY	
WEDNESDAY 10/4	Non-Student Day/No School     Spirit Stick Hunt 7pm	
THURSDAY 10/5	QUEEN'S TEAMS/JERSEY DAY	
FRIDAY 10/6	BULLDOG SPIRIT DAY     HOMECOMING FOOTBALL GAME, 7PM	
SATURDAY 10/7	HOMECOMING DANCE 7-10 PM, MVHS CAFETERIA	

Homecoming Dance tickets are available for pre-sale in the ASB office for \$10. Guest forms are on the MVHS website & must be turned in by 10/3 to Mr. Bernal.

#### **ATHLETIC DEPT NEWS**

MVHS Schedule found here: <u>TEAM EVENTS</u>
Purchase Bulldog spirit wear here: <u>SPIRIT STORE</u>

#### **MVHS CLUBS**

ASL Club -Thursdays, 2:30-4pm, Shop 110 Korean Culture Club - Tuesdays, 2:45pm, OM308 Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114 FBLA - Mondays at 2:35pm in NM221 French Club Gaming Club - White Thurs's, NM120, 2:45-4pm

**Gaming Club** - White Thurs's, NM120, 2:45-4pm **K-Pop Club** - Mondays, OM 214

Korean Culture Club - Tuesdays, 2:35, OM308

LUCHA - Thursdays, at 2:30, NM223

Migrantes Unidos - Tuesdays, at 2:45, OM114 PIA - Thursdays, 2:45-4PM, OM 113

Project Peace - Thursdays, 2:30-3pm, CTE 1
Robotics Team - Mon's & Fri's, 2:35-6pm, Shop110

TSA Club - Thursdays, 2:45, CTE6

#### **COLLEGE REP VISIT SCHEDULE**

Students can view the college rep visit schedule in Naviance. Visit the College & Career Center Website for info. Rep Visits scheduled at MVHS:

9/28 Washington State University at 8AM9/28 DigiPen at 10AM

#### **IMPORTANT NUMBERS:**

Athletic Office: 360-428-6191

Sports Schedules and Event Information

Attendance Office: 360-428-6153 Report Student Absence or Tardy

College & Career Center: 360-428-6256

Counseling Office: 360-428-6156

Registration, Schedules, Transcripts, Running Start

MVSD Student Health Services, 360-428-6151

**Transportation: 360-428-6147**Bus and Schedule Information

If you would like to receive the MVHS DAILY BULLETIN

please click the button to subscribe:

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## **USEFUL LINKS**

**MVHS** College & **MVHS** <u>Music</u> Website Career Center Counseling Department **MVHS** Student Health **Athletic Event Schedule** <u>Instagram</u> **Services** Student Health **MVHS TEA WITH MVHSTV** Services Facebook DR. V

## **School Picture Make-Up/Retake Day**

is **Tuesday**, **Oct. 3rd**. School photos are done by Lifetouch this year. If you are interested, you can create your account, order, shop, and view here: <u>My Lifetouch School Photo</u>.

### TO REPORT YOUR STUDENT'S ABSENCE

All absences & tardies must be reported within 5 days. There are four (4) ways to report:

- Reply to the REMIND notification
- Email attendance.secretary@mvsd320.org
- Call 360-428-6153
- Deliver a hard copy to the Attendance Secretary

#### Please include the following information:

- First and last name of student
- Reason for their absence (to properly document)
- Date of absence
- Parent or guardian signature

## From College & Career Center

**WAVE tour Apprenticeship program** field trip target for Carpenters - Concrete, Carpenters - Scaffold Erectors, Electricians, Laborers, Operating Engineers, Sheet Metal Workers on October 24th. See C&C Center for more info.

Are you a Senior who is applying to the University of Washington? Then listen up! GEAR UP is taking seniors to the Shades of Purple Conference at UW in Seattle on Friday, October 13th. There you will have the opportunity to meet other UW students, learn how to fill out your common application, you will receive tips on what to write and not write in your essays, and more helpful tips for applying. Permission slips need to be turned in to the CCC by September 29th. Stop by the CCC today if you have any questions and to pick up your permission slip.

# Questions About Transcripts, Running Start, Registration, NCTA, and More?

The MVHS Counseling Department provides students and families resources to help navigate high school and beyond. School counselors can assist you with academics, college and career readiness and personal/social concerns and support. Contact the counseling office at 360-428-6156 or check out their website MVHS Counseling Department

#### **MVHS Website**

Check out our school website. There is lots of great information! mountvernonhigh.mountvernonschools.org

# September 2023

## **Special**

Growing Healthy Students!

			or owing fronting stauents.		
Monday	Tuesday	Wednesday	Thursday	Friday	
W 38		30-Aug	31-Aug	1-Sep	
	L LUNCHES COME	Teriyaki Chicken	Cheese Stuffed	Macaroni	
The state of the s		with Rice	Breadstick with Marinara	and Cheese	
WITH 1% WHITE MILK OR		Broccoli	Treat	Roll	
	HOCOLATE MILK	Fresh Fruit	Fresh Fruit	Fresh Fruit	
		and Vegetables	and Vegetables	and Vegetables	
-Sep	5-Sep	6-Sep	7-Sep	8-Sep	
Labor Day	Doots Doks	Teriyaki Chicken	Hot Ham and	Teriyaki	
No school	Pasta Bake	with Rice	Cheese Sandwich	Beef Dippers	
	BreadSticks	Broccoli	Chips	Rice and Broccoli	
No Food Services	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
	and Vegetables	and Vegetables	and Vegetables	and Vegetables	
1-Sep	12-Sep	13-Sep	14-Sep	15-Sep	
Teriyaki Chicken	Cheese Stuffed	MVHS Breakfast	Spaghetti with	Teriyaki	
with Rice	Breadstick with Marinara	Muffin	Meatsauce	Beef Dippers	
Broccoli	Treat	Tator Tots	Roll	Rice and Broccoli	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
and Vegetables	and Vegetables	and Vegetables	and Vegetables	and Vegetables	
8-Sep	19-Sep	20-Sep	21-Sep	22-Sep	
Hot Ham and	Macaroni	Teriyaki	Chicken Alfredo	Baked Potato Bar	
Cheese Sandwich	and Cheese	Beef Dippers	Chicken Alfredo	Chili and Toppings	
Chips	Roll	Rice and Broccoli	Breadsticks	Corn Bread	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
and Vegetables	and Vegetables	and Vegetables	and Vegetables	and Vegetables	
5-Sep	26-Sep	27-Sep	28-Sep	29-Sep	
Cheese Stuffed	Teriyaki Chicken	Chicken Alfredo	Teriyaki Chicken	Spaghetti with	
Breadstick with Marinara	with Rice		with Rice	Meatsauce	
Treat	Broccoli	Breadsticks	Broccoli	Roll	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
and Vegetables	and Vegetables	and Vegetables	and Vegetables	and Vegetables	

This institution is an equal opportunity provider and employer. Menu subject to change without notice. **Questions? Call David Connors, Food Services Director, at (360) 428-6149.** 

EACH LUNCH COMES COMPLETE WITH ,SALAD BAR OR FRESH VEGETABLE .CHOICE OF FRESH FRUIT AND MILK

#### Important News:

Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students.

The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.

Meal Pri	ces:		
Elementary Breakfast No Charge			
Elementary Lunch	No Charge		
Adult Lunch	\$5.00		
Side Milk	unavailable		

#### **NONDISCRIMINATION**

The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.

#### MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there is occasional errors. Thank you.