



MVHS DAILY BULLETIN

Wednesday, September 26, 2023

This Week's Schedule

Monday	White Day - Extended Advisory Schedule
Tuesday	Green Day - Extended Advisory Schedule
Wednesday	White Day - Regular Schedule
Thursday	Green Day - Regular Schedule
Friday	White Day - 30min PM Assembly Schedule

MVHS Regular Schedule

Time	Period
8:00-9:25	1st/5th
9:30-10:55	2nd/6th
11:00-11:30	Lunch A
11:35-1:00	3rd/7th
11:00-12:25	3rd/7th
12:30-1:00	Lunch B
1:05-2:30	4th/8th
2:35-4:00	9th/10th

IMPORTANT DATES

- STAR Testing 9th & 10th Grade - Sept 25 & 26
- Picture Retakes: Tuesday, October 3rd
- No School/Non Student Day: Wed, Oct 4
- Homecoming Week: October 2-6
- Homecoming Dance: Friday, Oct. 7th, 7-10PM
- Oct. Early Release Days: Oct., 11, 18, 19, & 20

UPCOMING ACTIVITIES & EVENTS

- Mon-Thur, Bulldog EDGE, 2:30-4pm, Library
- Mon-Fri, Boys & Girls Club, 2:30-5:30pm, Cafeteria
- Friday, Homecoming Kickoff PM Assembly

SENIOR INFORMATION

Senior Yearbook Recognition Ads
Purchase your ad by Feb 2, 2024 online. Click here: [Yearbook Rec Ad Link](#)

Senior Photos For The Class of 2024
As the class of 2024 begins their Senior Portrait season, please keep the following information in mind when submitting your senior photo:

- The photo must be cropped 2"x3" in portrait orientation.
- Absolutely no props (cars, pets, family members, sporting equipment, etc).
- Attire must follow the School Dress Code.

Portraits are due 10-31-2023 and only accepted via the following link:

[MVHS Senior Photo Submission Page](#)

For more info click here: [Senior Photos for 2024](#)

Join Project Peace!

MVHS's mental health awareness club, will be having it's first meeting of the year this Thursday, September 28th from 2:30-3:00 in CTE 1. Everyone is welcome!

Key Club

meets in N206 on Early Release Wednesdays from 12:45-1:30pm

Join the Gaming Club

Come to NM120, from 2:45-4pm on White Thursdays!

Pacific Islander Association

(PIA) meets on Thursdays, 2:45 - 4:00 in room OM 113.

Next Week is Homecoming Week

Here are the Spirit Day themes & Activities planned!

Homecoming Week is Next Week

MONDAY 10/2	<ul style="list-style-type: none"> • WAKE UP IN WONDERLAND/PAJAMA DAY • VOLLEYBALL TOURNAMENT AT 6PM, MVHS GYM
TUESDAY 10/3	<ul style="list-style-type: none"> • TWEEDLE TWIN DAY
WEDNESDAY 10/4	<ul style="list-style-type: none"> • NON-STUDENT DAY/NO SCHOOL • SPIRIT STICK HUNT 7PM
THURSDAY 10/5	<ul style="list-style-type: none"> • QUEEN'S TEAMS/JERSEY DAY
FRIDAY 10/6	<ul style="list-style-type: none"> • BULLDOG SPIRIT DAY • HOMECOMING FOOTBALL GAME, 7PM
SATURDAY 10/7	<ul style="list-style-type: none"> • HOMECOMING DANCE 7-10 PM, MVHS CAFETERIA

Homecoming Dance tickets are available for pre-sale in the ASB office for \$10. Guest forms are on the MVHS website & must be turned in by 10/3 to Mr. Bernal.

ATHLETIC DEPT NEWS

MVHS Schedule found here: [TEAM EVENTS](#)

Purchase Bulldog spirit wear here: [SPIRIT STORE](#)

MVHS CLUBS

ASL Club -Thursdays, 2:30-4pm, Shop 110

Korean Culture Club - Tuesdays, 2:45pm, OM308

Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114

FBLA - Mondays at 2:35pm in NM221

French Club-

Gaming Club - White Thurs's, NM120, 2:45-4pm

K-Pop Club - Mondays, OM 214

Key Club- E.R. Wednesdays, 12:45-1:30, N206

Korean Culture Club - Tuesdays, 2:35, OM308

LUCHA - Thursdays, at 2:30, NM223

Migrantes Unidos - Tuesdays, at 2:45, OM114

PIA - Thursdays, 2:45-4PM, OM 113

Project Peace - Thursdays, 2:30-3pm, CTE 1

Robotics Team - Mon's & Fri's, 2:35-6pm, Shop110

TSA Club - Thursdays, 2:45, CTE6

COLLEGE REP VISIT SCHEDULE

Students can view the college rep visit schedule in Naviance. Visit the College & Career Center

Website for info. [Rep Visits scheduled at MVHS:](#)

9/28 Washington State University at 8AM

9/28 DigiPen at 10AM

IMPORTANT NUMBERS:

Athletic Office: 360-428-6191

Sports Schedules and Event Information

Attendance Office: 360-428-6153

Report Student Absence or Tardy

College & Career Center: 360-428-6256

Counseling Office: 360-428-6156

Registration, Schedules, Transcripts, Running Start

MVSD Student Health Services, 360-428-6151

Transportation: 360-428-6147

Bus and Schedule Information

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School Picture Make-Up/Retake Day

is **Tuesday, Oct. 3rd**. School photos are done by Lifetouch this year. If you are interested, you can create your account, order, shop, and view here: [My Lifetouch School Photo](#).

TO REPORT YOUR STUDENT'S ABSENCE

All absences & tardies must be reported within 5 days.

There are four (4) ways to report:

- Reply to the REMIND notification
- Email attendance.secretary@mvsd320.org
- Call 360-428-6153
- Deliver a hard copy to the Attendance Secretary

Please include the following information:

- First and last name of student
- Reason for their absence (to properly document)
- Date of absence
- Parent or guardian signature

From College & Career Center

WAVE tour **Apprenticeship program** field trip target for Carpenters - Concrete, Carpenters - Scaffold Erectors, Electricians, Laborers, Operating Engineers, Sheet Metal Workers on October 24th. See C&C Center for more info.

Are you a Senior who is applying to the University of Washington? Then listen up! GEAR UP is taking seniors to the Shades of Purple Conference at UW in Seattle on Friday, October 13th. There you will have the opportunity to meet other UW students, learn how to fill out your common application, you will receive tips on what to write and not write in your essays, and more helpful tips for applying. Permission slips need to be turned in to the CCC by **September 29th**. Stop by the CCC today if you have any questions and to pick up your permission slip.

Questions About Transcripts, Running Start, Registration, NCTA, and More?

The MVHS Counseling Department provides students and families resources to help navigate high school and beyond. School counselors can assist you with academics, college and career readiness and personal/social concerns and support. Contact the counseling office at 360-428-6156 or check out their website [MVHS Counseling Department](#)

MVHS Website

Check out our school website. There is lots of great information!
mountvernonhigh.mountvernonsschools.org

September 2023

Special
Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
		30-Aug	31-Aug	1-Sep
		Teriyaki Chicken with Rice	Cheese Stuffed Breadstick with Marinara	Macaroni and Cheese
		Broccoli	Treat	Roll
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	
4-Sep	5-Sep	6-Sep	7-Sep	8-Sep
Labor Day No school	Pasta Bake	Teriyaki Chicken with Rice	Hot Ham and Cheese Sandwich	Teriyaki Beef Dippers
No Food Services	BreadSticks	Broccoli	Chips	Rice and Broccoli
	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
11-Sep	12-Sep	13-Sep	14-Sep	15-Sep
Teriyaki Chicken with Rice	Cheese Stuffed Breadstick with Marinara	MVHS Breakfast Muffin	Spaghetti with Meatsauce	Teriyaki Beef Dippers
Broccoli	Treat	Tator Tots	Roll	Rice and Broccoli
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
18-Sep	19-Sep	20-Sep	21-Sep	22-Sep
Hot Ham and Cheese Sandwich	Macaroni and Cheese	Teriyaki Beef Dippers	Chicken Alfredo	Baked Potato Bar Chili and Toppings
Chips	Roll	Rice and Broccoli	Breadsticks	Corn Bread
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
25-Sep	26-Sep	27-Sep	28-Sep	29-Sep
Cheese Stuffed Breadstick with Marinara	Teriyaki Chicken with Rice	Chicken Alfredo	Teriyaki Chicken with Rice	Spaghetti with Meatsauce
Treat	Broccoli	Breadsticks	Broccoli	Roll
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
Questions? Call David Connors, Food Services Director, at (360) 428-6149.

EACH LUNCH COMES COMPLETE WITH
SALAD BAR OR FRESH VEGETABLE
CHOICE OF FRESH FRUIT AND MILK

Important News:

Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students.
The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.

Meal Prices:

Elementary Breakfast	No Charge
Elementary Lunch	No Charge
Adult Lunch	\$5.00
Side Milk	unavailable

NONDISCRIMINATION

The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.

MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there is occasional errors. Thank you.