



MVHS DAILY BULLETIN

Friday, September 29, 2023

This Week's Schedule

Monday	White Day - Extended Advisory Schedule
Tuesday	Green Day - Extended Advisory Schedule
Wednesday	White Day - Regular Schedule
Thursday	Green Day - Regular Schedule
Friday	White Day - 30min PM Assembly Schedule

MVHS 30/PM Assembly Schedule

Time	Period
8:00-9:20	1st/5th
9:25-10:40	2nd/6th
10:45-11:15	Lunch A
11:20-12:35	3rd/7th
10:45-12:00	3rd/7th
12:05-12:35	Lunch B
12:40-1:55	4th/8th
2:00-2:30	Assembly

IMPORTANT DATES

- Picture Retakes: Tuesday, October 3rd
- Homecoming Week: October 2-6
- Homecoming Dance: Friday, Oct. 7th, 7-10PM
- No School/Non Student Day: Oct 4, 27 & 30
- Oct. Early Release Days: Oct., 11, 18, 19, & 20

UPCOMING ACTIVITIES & EVENTS

- Mon-Thur, Bulldog EDGE, 2:30-4pm, Library
- Mon-Fri, Boys & Girls Club, 2:30-5:30pm, Cafeteria
- Friday, Homecoming Kickoff PM Assembly

SENIOR INFORMATION

Senior Yearbook Recognition Ads

Purchase your ad by Feb 2, 2024 online. Click here: [Yearbook Rec Ad Link](#)

Senior Photos For The Class of 2024

As the class of 2024 begins their Senior Portrait season, please keep the following information in mind when submitting your senior photo:

- The photo must be cropped 2"x3" in portrait orientation.
- Absolutely no props (cars, pets, family members, sporting equipment, etc).
- Attire must follow the School Dress Code.

Portraits are due 10-31-2023 and only accepted via the following link:

[MVHS Senior Photo Submission Page](#)

For more info click here: [Senior Photos for 2024](#)

SCHOOL PICTURE MAKE-UP/RETAKE DAY

is **Tuesday, Oct. 3rd**. School photos are done by Lifetouch this year. If you are interested, you can create your account, order, shop, and view here: [My Lifetouch School Photo](#).

REMINDER

No School next Wednesday, Oct 4th

The CORE Community Center presents GAME DAY

Coach Taylor here, inviting you to join us tomorrow, Saturday, 9/30, 5-7pm for GAME DAY FOR OUR SPECIAL NEEDS COMMUNITY. Event is at the [Core Community Center](#) (1645 S Walnut St Burlington, Wa 98233). Join us for sports basketball, soccer, running around and music. Please spread the word and/or come out and support our amazing students.

Homecoming Week is Next Week

MONDAY 10/2	<ul style="list-style-type: none"> • WAKE UP IN WONDERLAND/PAJAMA DAY • VOLLEYBALL TOURNAMENT AT 6PM, MVHS GYM
TUESDAY 10/3	<ul style="list-style-type: none"> • TWEEDLE TWIN DAY
WEDNESDAY 10/4	<ul style="list-style-type: none"> • NON-STUDENT DAY/NO SCHOOL • SPIRIT STICK HUNT 7PM
THURSDAY 10/5	<ul style="list-style-type: none"> • QUEEN'S TEAMS/JERSEY DAY
FRIDAY 10/6	<ul style="list-style-type: none"> • BULLDOG SPIRIT DAY • HOMECOMING FOOTBALL GAME, 7PM
SATURDAY 10/7	<ul style="list-style-type: none"> • HOMECOMING DANCE 7-10 PM, MVHS CAFETERIA

Homecoming Dance tickets are available for pre-sale in the ASB office for \$10. Guest forms are on the MVHS website & must be turned in by 10/3 to Mr. Bernal.

ATHLETIC DEPT NEWS

MVHS Schedule found here: [TEAM EVENTS](#)

Purchase Bulldog spirit wear here: [SPIRIT STORE](#)

MVHS CLUBS

ASL Club -Thursdays, 2:30-4pm, Shop 110
Korean Culture Club - Tuesdays, 2:45pm, OM308
Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114
FBLA - Mondays at 2:35pm in NM221
French Club-
Gaming Club - White Thurs's, NM120, 2:45-4pm
K-Pop Club - Mondays, OM 214
Key Club- E.R. Wednesdays, 12:45-1:30, N206
Korean Culture Club - Tuesdays, 2:35, OM308
LUCHA - Thursdays, at 2:30, NM223
Migrantes Unidos - Tuesdays, at 2:45, OM114
PIA - Thursdays, 2:45-4PM, OM 113
Project Peace - Thursdays, 2:30-3pm, CTE 1
Robotics Team - Mon's & Fri's, 2:35-6pm, Shop110
TSA Club - Thursdays, 2:45, CTE6

COLLEGE REP VISIT SCHEDULE

Students can view the college rep visit schedule in Naviance. Visit the College & Career Center Website for info. [Rep Visits scheduled at MVHS:](#)

10/3 University of Oregon at 8AM

10/3 Oregon State University at 10AM

10/3 University of Portland at 2PM

IMPORTANT NUMBERS:

Athletic Office: 360-428-6191

Sports Schedules and Event Information

Attendance Office: 360-428-6153

Report Student Absence or Tardy

College & Career Center: 360-428-6256

Counseling Office: 360-428-6156

Registration, Schedules, Transcripts, Running Start

MVSD Student Health Services, 360-428-6151

Transportation: 360-428-6147

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MVHS EVENTS CALENDAR

To see what is happening at MVHS, click the link here:

[MVHS Calendar of Events](#)

TO REPORT YOUR STUDENT'S ABSENCE

All absences & tardies must be reported within 5 days.

There are four (4) ways to report:

- Reply to the REMIND notification
- Email attendance.secretary@mvsd320.org
- Call 360-428-6153
- Deliver a hard copy to the Attendance Secretary

Please include the following information:

- First and last name of student
- Reason for their absence (to properly document)
- Date of absence
- Parent or guardian signature

FROM COLLEGE & CAREER CENTER

WAVE tour Apprenticeship program field trip target for Carpenters - Concrete, Carpenters - Scaffold Erectors, Electricians, Laborers, Operating Engineers, Sheet Metal Workers on October 24th. See C&C Center for more info.

Are you a Senior who is applying to the University of Washington? Then listen up! GEAR UP is taking seniors to the Shades of Purple Conference at UW in Seattle on Friday, October 13th. There you will have the opportunity to meet other UW students, learn how to fill out your common application, you will receive tips on what to write and not write in your essays, and more helpful tips for applying. Permission slips need to be turned in to the CCC by **September 29th**. Stop by the CCC today if you have any questions and to pick up your permission slip.

QUESTIONS ABOUT TRANSCRIPTS, RUNNING START, REGISTRATION, NCTA, AND MORE

The MVHS Counseling Department provides students and families resources to help navigate high school and beyond. School counselors can assist you with academics, college and career readiness and personal/social concerns and support. Contact the counseling office at 360-428-6156 or check out their website [MVHS Counseling Department](#)

MVHS WEBSITE

Check out our school website. There is lots of great information! mountvernonhigh.mountvernonsschools.org

September 2023

Special
Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday	
	<div style="border: 1px solid black; border-radius: 50%; padding: 10px; display: inline-block;"> ALL LUNCHES COME WITH 1% WHITE MILK OR CHOCOLATE MILK </div>	30-Aug Teriyaki Chicken with Rice Broccoli Fresh Fruit and Vegetables	31-Aug Cheese Stuffed Breadstick with Marinara Treat Fresh Fruit and Vegetables	1-Sep Macaroni and Cheese Roll Fresh Fruit and Vegetables	
4-Sep Labor Day No school No Food Services		5-Sep Pasta Bake BreadSticks Fresh Fruit and Vegetables	6-Sep Teriyaki Chicken with Rice Broccoli Fresh Fruit and Vegetables	7-Sep Hot Ham and Cheese Sandwich Chips Fresh Fruit and Vegetables	8-Sep Teriyaki Beef Dippers Rice and Broccoli Fresh Fruit and Vegetables
11-Sep Teriyaki Chicken with Rice Broccoli Fresh Fruit and Vegetables		12-Sep Cheese Stuffed Breadstick with Marinara Treat Fresh Fruit and Vegetables	13-Sep MVHS Breakfast Muffin Tator Tots Fresh Fruit and Vegetables	14-Sep Spaghetti with Meatsauce Roll Fresh Fruit and Vegetables	15-Sep Teriyaki Beef Dippers Rice and Broccoli Fresh Fruit and Vegetables
18-Sep Hot Ham and Cheese Sandwich Chips Fresh Fruit and Vegetables	19-Sep Macaroni and Cheese Roll Fresh Fruit and Vegetables	20-Sep Teriyaki Beef Dippers Rice and Broccoli Fresh Fruit and Vegetables	21-Sep Chicken Alfredo Breadsticks Fresh Fruit and Vegetables	22-Sep Baked Potato Bar Chili and Toppings Corn Bread Fresh Fruit and Vegetables	
25-Sep Cheese Stuffed Breadstick with Marinara Treat Fresh Fruit and Vegetables	26-Sep Teriyaki Chicken with Rice Broccoli Fresh Fruit and Vegetables	27-Sep Chicken Alfredo Breadsticks Fresh Fruit and Vegetables	28-Sep Teriyaki Chicken with Rice Broccoli Fresh Fruit and Vegetables	29-Sep Spaghetti with Meatsauce Roll Fresh Fruit and Vegetables	

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
Questions? Call David Connors, Food Services Director, at (360) 428-6149.

EACH LUNCH COMES COMPLETE WITH
SALAD BAR OR FRESH VEGETABLE
CHOICE OF FRESH FRUIT AND MILK

Important News:

Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students.
The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.

Meal Prices:

Elementary Breakfast	No Charge
Elementary Lunch	No Charge
Adult Lunch	\$5.00
Side Milk	unavailable

NONDISCRIMINATION

The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.

MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there is occasional errors. Thank you.