Tuesday, October 10, 2023

			MVHS			
This Week's Schedule			Advisory Schedule			
			Time	Period	I HU	
Monday	Green Day - Regular Schedule	1	8:00-9:15	1st/5th	-	
			9:20-9:50	Advisory		
Tuesday	White Day - Advisory Schedule		9:55-11:10	2nd/6th	No. of Concession, Name	
Wednesday	Green Day - Early Release Schedule		11:15-11:45	Lunch A	000000000000000000000000000000000000000	
meanesday			11:50-1:10	3rd/7th	COLUMN AND	
Thursday	White Day - Regular Schedule		11:15-12:35	3rd/7th	CHARMEN TI	
Friday	Green Day - Regular Schedule		12:40-1:10	Lunch B	THE OWNER WATCHING THE OWNER	
			1:15-2:30	4th/8th	And and a lot of the l	
			And	- lancare - 21		

IMPORTANT DATES

Oct. Early Release Days: Oct., 11, 18, 19, & 20 **Conferences:** Thur. Oct 19, 2-5pm & 6-8pm **No School/Non Student Day:** Oct. 27 & 30 **Fall Back:** Sunday, Nov 5

UPCOMING ACTIVITIES & EVENTS

→Fri: Boys & Girls Club Teen Night, 5:30-9:30, Caf.
→M-F: Boys & Girls Club: 2:30-5:30pm, Cafeteria
→M-TH: Bulldog EDGE: 2:30-4pm, Library

SENIOR INFORMATION

Senior Yearbook Recognition Ads Purchase your ad by Feb 2, 2024 online. Click here: Yearbook Rec Ad Link

Senior Photos For The Class of 2024

As the class of 2024 begins their Senior Portrait season, please keep the following information in mind when submitting your senior photo:

- The photo must be cropped 2"x3" in portrait orientation.
- Absolutely no props (cars, pets, family members, sporting equipment, etc).
- Attire must follow the School Dress Code.

Portraits are due 10-31-2023 and only accepted via the following link:

MVHS Senior Photo Submission Page

For more info click here: <u>Senior Photos for</u> 2024

MVHS CONFERENCES

Thursday, October 19th from 2-5pm & 6-8pm in the MVHS Cafeteria. Make sure to mark your calendars. More information to come.

Juniors & Seniors:

The WSU CASHE Conference is November 10th to 12th, and the \$75 fee will be covered by GEAR UP. Be sure to complete your application by October 15th. Selected students will be notified with next steps.

Boys & Girls Club Teen Night

Friday, October 13 5:30 – 9:30pm, Cafeteria and NM200

SENIOR PHOTOS DUE 10/31

Senior photos can only be accepted through the following link: <u>MVHS Senior Photo Submission Page</u>

For more information click here: Senior Photos for 2024

SENIOR PARENT INFORMATION

Watch the video below to learn more about the college application process for your senior.<u>Video</u> and <u>Presentation for</u> <u>Reference</u> Ms. Zimmer will be available during Parent/Teacher Conferences on October 27th.

SENIOR PARENT FINANCIAL AID SUPPORT

Parents and/or Students: Come to the College and Career Center at MVHS and let us help you complete your Financial Aid Application. 11/16, 11/30 and 12/7 4pm-5:30pm

ATHLETIC DEPT NEWS

MVHS Schedule found here: <u>TEAM EVENTS</u> Purchase Bulldog spirit wear here: <u>SPIRIT STORE</u>

MVHS CLUBS

ASL Club -Thursdays, 2:30-4pm, Shop 110 Korean Culture Club - Tuesdays, 2:45pm, OM308 Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114 FBLA - Mondays at 2:35pm in NM221 French Club-Gaming Club - White Thurs's, NM120, 2:45-4pm K-Pop Club - Mondays, OM 214

Key Club- E.R. Wednesdays, 12:45-1:30, N206 Korean Culture Club - Tuesdays, 2:35, OM308 LUCHA - Thursdays, at 2:30, NM223 Migrantes Unidos - Tuesdays, at 2:45, OM114 PIA - Thursdays, 2:45-4PM, OM 113 Project Peace - Thursdays, 2:30-3pm, CTE 1 Robotics Team - Mon's & Fri's, 2:35-6pm, Shop110 TSA Club - Thursdays, 2:45, CTE6

COLLEGE REP VISIT SCHEDULE

Students can view the college rep visit schedule in Naviance. Visit the College & Career Center Website for info. <u>Rep Visits scheduled at MVHS</u>:

10/10 Western Washington U at 10AM

- 10/11 University of Mississippi at 8AM
- 10/12 Linfield University at 2PM
- 10/13 Saint Martin's University at 10AM
- 10/18 Central Washington University at 10AM

IMPORTANT NUMBERS:

Athletic Office: 360-428-6191 Sports Schedules and Event Information Attendance Office: 360-428-6153

Report Student Absence or Tardy

College & Career Center: 360-428-6256 Counseling Office: 360-428-6156

Registration, Schedules, Transcripts, Running Start MVSD Student Health Services, 360-428-6151

Transportation: 360-428-6147 Bus and Schedule Information



FROM COLLEGE & CAREER CENTER

Attention to all the students who have turned in a permission slip to the college and career center for field trips. We are emailing students to let them know if they made it on the list to attend a field trip. This is how we are communicating who is going on what field trips. You can always stop by the college and career center if you are not sure if you are attending. PLEASE CHECK YOUR EMAIL DAILY!

NEW CLUB ON CAMPUS

The Skills USA interest Meeting is this Thursday in New Main 220 Contact Mr. Young

MVHS EVENTS CALENDAR

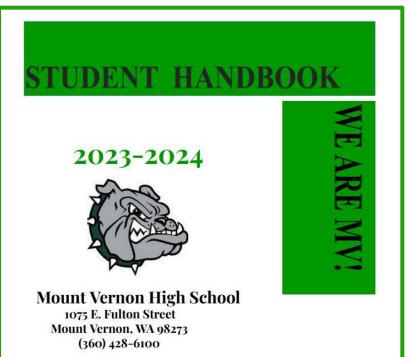
To see what is happening at MVHS, click the link here: <u>MVHS Calendar of Events</u>

QUESTIONS ABOUT TRANSCRIPTS, RUNNING START, REGISTRATION, NCTA, AND MORE

The MVHS Counseling Department provides students and families resources to help navigate high school and beyond. School counselors can assist you with academics, college and career readiness and personal/social concerns and support. Contact the counseling office at 360-428-6156 or check out their website MVHS Counseling Department

MVHS Student Handbook 2023-2024

If you have not had a chance to look through the handbook, just click on the picture below.



OCTOBER 2023

MOUNT VERNON HIGH SCHOOL SPECIAL

Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday	
2-0ct	3-Oct	4-Oct	5-Oct	6-Oct	
Teriyaki Beef	Cheesestuffed		Spaghetti with	Hot Ham & Cheese	
Dippers	Breadsticks		MeatSauce	Sandwich	
Rice	Marinara Sauce Cups	No School	Roll	Chips	
Fresh Fruit	Fresh Fruit	Non Student/Non	Fresh Fruit	Fresh Fruit	
and Vegetables	and Vegetables	Contract Day	and Vegetables	and Vegetables	
1% White Milk or	1% White Milk or		1% White Milk or	1% White Milk or	
Chocolate Milk	Chocolate Milk		Chocolate Milk	Chocolate Milk	
9-0ct	10-0ct	11-0ct	12-0ct	13-Oct	
Manderin Orange	Macaroni and Cheese	Mashed Potato Bowl	Teriyaki Beef Dippers	Slanny Jaco	
Chicken	Macaroni and cheese	with Popcorn Chicken	and Rice	Sloppy Joes	
Rice	Roll	Corn	Chips	Chips	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
and Vegetables	and Vegetables	and Vegetables	and Vegetables	and Vegetables	
1% White Milk or	1% White Milk or	1% White Milk or	1% White Milk or	1% White Milk or	
Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk	
16-Oct	17-0ct	18-Oct	19-Oct	20-0ct	
Teriyaki Beef		Breakfast		Baked Potato Bar	
Dippers	Corn Dogs	for Lunch	Chicken Alfredo	with Chili andCheese	
Rice	Chips	English Muffin Sandwich	Breadsticks	Sour Cream	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
and Vegetables	and Vegetables	and Vegetables	and Vegetables	and Vegetables	
1% White Milk or	1% White Milk or	1% White Milk or	1% White Milk or	1% White Milk or	
Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk	
23-Oct	24-Oct	25-Oct	26-Oct	27-Oct	
Manderin Orange Chicken	Cheese Stuffed	Spaghetti	Hot Ham and Cheese		
Steamed Rice w/Veggies	Breadsticks	with Meatsauce	Sandwich		
Fortune Cookie	Marinara Cup	Breadstick	Chips	No School	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Non Student/Non	
and Vegetables	and Vegetables	and Vegetables	and Vegetables	Contract Day	
1% White Milk or	1% White Milk or	1% White Milk or	1% White Milk or		
Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk		
30-Oct	31-Oct	1-Nov	2-Nov	3-Nov	
30-001			Mashed Potato Bowl		
	Chicken Alfredo	Corndogs	with Popcorn Chicken	Sloppy Joes	
No School	Roll	Chips	Corn	Chips	
Non Student/Non	Fresh Fruit	Fresh Fruit	1% White Milk or	Fresh Fruit	
Contract Day	and Vegetables	and Vegetables	Chocolate Milk	and Vegetables	
contract buy	1% White Milk or	1% White Milk or	1% White Milk or	1% White Milk or	
	Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk	
	chocolate Milk	chocolate Milk	chocolate Milk	chocolate MIIK	
	Meal Prices: Elementary Breakfast No Charge Elementary Lunch No Charge Adult Lunch \$5.00 Side Milk unavailable				
This institution is an equ provider and em Menu subject to change Questions? Call Davi Food Services Director, at	ployer. without notice. id Connors,	unch comes complete with ar or fresh vegetable, choice f fresh fruit, and milk		el of poverty / free and reduced nder is called CEP or Community ill enrolled students to eat at no	

NONDISCRIMINATION

The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.

MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there is occasional errors. Thank you.