



MVHS DAILY BULLETIN

Monday, October 16, 2023

This Week's Schedule

| | |
|-----------|---------------------------------------|
| Monday | White Day - Regular Schedule |
| Tuesday | Green Day - Advisory Schedule |
| Wednesday | White Day- Early Release Schedule |
| Thursday | Green Day - Early Release/Conferences |
| Friday | White Day- Early Release Schedule |

MVHS Regular Schedule

| Time | Period |
|-------------|---------|
| 8:00-9:25 | 1st/5th |
| 9:30-10:55 | 2nd/6th |
| 11:00-11:30 | Lunch A |
| 11:35-1:00 | 3rd/7th |
| 11:00-12:25 | 3rd/7th |
| 12:30-1:00 | Lunch B |
| 1:05-2:30 | 4th/8th |

IMPORTANT DATES

Oct. Early Release Days: Oct. 18, 19, & 20
Conferences: Thur. Oct 19, 2-5pm & 6-8pm
No School/Non Student Day: Oct. 27 & 30
Fall Back: Sunday, Nov 5

UPCOMING ACTIVITIES & EVENTS

→ **Thur:** Conferences 2-5 & 6-8.
 → **M-F:** Boys & Girls Club: 2:30-5:30pm, Cafeteria
 → **M-TH:** Bulldog EDGE: 2:30-4pm, Library

SENIOR INFORMATION

Senior Yearbook Recognition Ads
 Purchase your ad **by Feb 2, 2024** online.
 Click here: [Yearbook Rec Ad Link](#)

Senior Photos For The Class of 2024
 As the class of 2024 begins their Senior Portrait season, please keep the following information in mind when submitting your senior photo:

- The photo must be cropped 2"x3" in portrait orientation.
- Absolutely no props (cars, pets, family members, sporting equipment, etc).
- Attire must follow the School Dress Code.

Portraits are due **10-31-2023** and only accepted via the following link:


[MVHS Senior Photo Submission Page](#)

For more info click here: [Senior Photos for 2024](#)

FFA MEETS TODAY MONDAY

Oct. 16th afterschool in CTE-2. We will celebrate the season with pumpkin pie & have a pumpkin painting activity! We have lots of events & trips coming up, come to the meeting to get connected!

CONFERENCES THIS WEEK



MVHS CONFERENCES
THURSDAY, OCTOBER
19TH
2PM-5PM AND
6PM-8PM
CAFETERIA AND
LIBRARY

HOMECOMING PORTRAITS NOW AVAILABLE

Visit MVHSSKAGINA.COM to download and/or print your portraits.

ATHLETIC DEPT NEWS

MVHS Schedule found here: [TEAM EVENTS](#)

Purchase Bulldog spirit wear here: [SPIRIT STORE](#)

MVHS CLUBS

ASL Club -Thursdays, 2:30-4pm, Shop 110
 Korean Culture Club - Tuesdays, 2:45pm, OM308
 Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114
 FBLA - Mondays at 2:35pm in NM221
 French Club-
 Gaming Club - White Thurs's, NM120, 2:45-4pm
 K-Pop Club - Mondays, OM 214
 Key Club- E.R. Wednesdays, 12:45-1:30, N206
 Korean Culture Club - Tuesdays, 2:35, OM308
 LUCHA - Thursdays, at 2:30, Cafeteria
 Migrantes Unidos - Tuesdays, at 2:45, OM114
 PIA - Thursdays, 2:45-4PM, OM 113
 Project Peace - Tuesdays, 2:30-3pm, CTE 1
 Robotics Team - Mon's & Fri's, 2:35-6pm, Shop110
 TSA Club - Thursdays, 2:45, CTE6

COLLEGE REP VISIT SCHEDULE

Students can view the college rep visit schedule in Naviance. Visit the College & Career Center Website for info.
[Rep Visits scheduled at MVHS:](#)

10/18 Central Washington University at 10AM

IMPORTANT NUMBERS:

Athletic Office: 360-428-6191
 Sports Schedules and Event Information
Attendance Office: 360-428-6153
 Report Student Absence or Tardy
College & Career Center: 360-428-6256
Counseling Office: 360-428-6156
 Registration, Schedules, Transcripts, Running Start
MVSD Student Health Services, 360-428-6151
Transportation: 360-428-6147
 Bus and Schedule Information

FROM COLLEGE & CAREER CENTER

Attention 12th Graders: You have an opportunity to go to Central Washington University in Ellensburg! The field trip will be packed full of fun with a campus tour and an on the spot admission event! Don't miss this amazing opportunity! Get your permission slip today in the College and Career Center. Limited space available, and permission slips are due on **October 18th!**

SENIOR PARENT INFORMATION

Watch the video below to learn more about the college application process for your senior. [Video](#) and [Presentation for Reference](#). Ms. Zimmer will be available during Parent/Teacher Conferences on **10/19**.

JUNIORS & SENIORS

The WSU CASHE Conference is **November 10th to 12th**, and the \$75 fee will be covered by GEAR UP. Be sure to complete your application by October 15th. Selected students will be notified with next steps.

SENIOR PARENT FINANCIAL AID SUPPORT

Parents and/or Students: Come to the College and Career Center at MVHS and let us help you complete your Financial Aid Application. **11/16, 11/30 and 12/7** 4pm-5:30pm

MVHS EVENTS CALENDAR

To see what is happening at MVHS, click the link here: [MVHS Calendar of Events](#)

QUESTIONS ABOUT TRANSCRIPTS, RUNNING START, REGISTRATION, NCTA, AND MORE

The MVHS Counseling Department provides students and families resources to help navigate high school and beyond. School counselors can assist you with academics, college and career readiness and personal/social concerns and support. Contact the counseling office at 360-428-6156 or check out their website [MVHS Counseling Department](#)

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MVHS DAILY BULLETIN

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USEFUL LINKS

[MVHS Website](#) [College & Career Center](#) [Music Department](#) [MVHS Counseling](#)

[Athletic Event Schedule](#) [Student Health Services](#) [MVHS Instagram](#)

[Student Health Services](#) [MVHS Facebook](#) [MVHSTV](#) [TEA WITH DR. V](#)

OCTOBER 2023

MOUNT VERNON HIGH SCHOOL SPECIAL

Growing Healthy Students!

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|---|
| 2-Oct | 3-Oct | 4-Oct | 5-Oct | 6-Oct |
| Teriyaki Beef Dippers Rice Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk | Cheesestuffed Breadsticks Marinara Sauce Cups Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk | No School Non Student/Non Contract Day | Spaghetti with MeatSauce Roll Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk | Hot Ham & Cheese Sandwich Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk |
| 9-Oct | 10-Oct | | 11-Oct | 12-Oct |
| Mandarin Orange Chicken Rice Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk | Macaroni and Cheese Roll Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk | | Mashed Potato Bowl with Popcorn Chicken Corn Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk | Teriyaki Beef Dippers and Rice Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk |
| 16-Oct | 17-Oct | 18-Oct | 19-Oct | 20-Oct |
| Teriyaki Beef Dippers Rice Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk | Corn Dogs Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk | Breakfast for Lunch English Muffin Sandwich Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk | Chicken Alfredo Breadsticks Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk | Baked Potato Bar with Chili and Cheese Sour Cream Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk |
| 23-Oct | 24-Oct | 25-Oct | 26-Oct | 27-Oct |
| Mandarin Orange Chicken Steamed Rice w/Veggies Fortune Cookie Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk | Cheese Stuffed Breadsticks Marinara Cup Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk | Spaghetti with Meatsauce Breadstick Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk | Hot Ham and Cheese Sandwich Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk | No School Non Student/Non Contract Day |
| 30-Oct | 31-Oct | 1-Nov | 2-Nov | |
| No School Non Student/Non Contract Day | Chicken Alfredo Roll Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk | Corndogs Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk | Mashed Potato Bowl with Popcorn Chicken Corn 1% White Milk or Chocolate Milk 1% White Milk or Chocolate Milk | Sloppy Joes Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk |



Meal Prices:
Elementary Breakfast
 No Charge
Elementary Lunch
 No Charge
Adult Lunch
 \$5.00
Side Milk
 unavailable



This institution is an equal opportunity provider and employer.
 Menu subject to change without notice.
 Questions? Call David Connors, Food Services Director, at (360) 428-6149.

Each lunch comes complete with salad bar or fresh vegetable, choice of fresh fruit, and milk

Important News:
 Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students.
 The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.

NONDISCRIMINATION
 The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.

MISTAKES & ERRORS
 The author of this bulletin is human, so please do not be surprised if there is occasional errors. Thank you.