## MYHS DAILY BULLETIN

Tuesday, October 3, 2023

This Week's Schedule				
Monday	Green Day - Regular Schedule			
Tuesday	White Day - Advisory Schedule			
Wednesday	No School / Non Student Day			
Thursday	Green Day - Regular Schedule			
Friday	White Day - Regular Schedule			

MVHS						
Advisory Schedule						
Time	Period					
8:00-9:15	1st/5th					
9:20-9:50	Advisory					
9:55-11:10	2nd/6th					
11:15-11:45	Lunch A					
11:50-1:10	3rd/7th					
11:15-12:35	3rd/7th					
12:40-1:10	Lunch B					
1:15-2:30	4th/8th					

## **IMPORTANT DATES**

Picture Retakes: Tuesday, October 3rd

Homecoming Week: October 2-6

Homecoming Dance: Sat. Oct. 7th, 7-10PM

No School/Non Student Day: Oct 4, 27 & 30

Oct. Early Release Days: Oct., 11, 18, 19, & 20

## **UPCOMING ACTIVITIES & EVENTS**

- →Tue: School Photos
- → Wed: No School / Non Student Day
- →M-F: Boys & Girls Club: 2:30-5:30pm, Cafeteria
- →M-TH: Bulldog EDGE: 2:30-4pm, Library

#### SENIOR INFORMATION

#### Senior Yearbook Recognition Ads

Purchase your ad by Feb 2, 2024 online. Click

here: Yearbook Rec Ad Link

#### Senior Photos For The Class of 2024

As the class of 2024 begins their Senior Portrait season, please keep the following information in mind when submitting your senior photo:

- The photo must be cropped 2"x3" in portrait orientation.
- Absolutely no props (cars, pets, family members, sporting equipment, etc).
- Attire must follow the School Dress Code.

Portraits are due 10-31-2023 and only accepted via the following link:

**MVHS Senior Photo Submission Page** 

For more info click here: **Senior Photos for 2024** 

## **TODAY ISPICTURE MAKE-UP/RETAKE DAY**

## LOCATION -NEW MAIN WEST FOYER

If you DID NOT take your picture during Dawg Days in Aug please look at this information

Pictures will be taken in alphabetical order Starting with students who's last names starts with A thru CAS.

MVHS Picture Make-Up/Retake Day				
ALPHA (Last Name)	Time			
A - CAS	8:00 AM - 8:30 AM			
CAT - F	8:30 AM - 9:00 AM			
G - I	9:20 AM - 9:50 AM			
J - MEM	9:55 AM - 10:25 AM			
MEN - RAL	10:25 AM - 11:55 AM			
LUNCHES:	RETAKE ONLY			
RAM - SK	1:15 PM - 1:45 PM			
SL - Z	1:45 PM - 2:15 PM			
Photographers are here After School Until	3 PM			

## **HOMECOMING WEEK ACTIVITES**

TUESDAY 10/3	TWEEDLE TWIN DAY
WEDNESDAY 10/4	NON-STUDENT DAY/NO SCHOOL     SPIRIT STICK HUNT 7PM
THURSDAY 10/5	QUEEN'S TEAMS/JERSEY DAY
FRIDAY 10/6	BULLDOG SPIRIT DAY     HOMECOMING FOOTBALL GAME, 7PM
SATURDAY 10/7	HOMECOMING DANCE 7-10 PM, MVHS CAFETERIA

Homecoming Dance
tickets are available for
pre-sale in the ASB office
for \$10. Guest forms are
on the MVHS website &
must be turned in by
10/3 to Mr. Bernal.



#### **ATHLETIC DEPT NEWS**

MVHS Schedule found here: <u>TEAM EVENTS</u>
Purchase Bulldog spirit wear here: <u>SPIRIT STORE</u>

## **MVHS CLUBS**

ASL Club -Thursdays, 2:30-4pm, Shop 110 Korean Culture Club - Tuesdays, 2:45pm, OM308 Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114 FBLA - Mondays at 2:35pm in NM221 French Club-

Gaming Club - White Thurs's, NM120, 2:45-4pm K-Pop Club - Mondays, OM 214

**Key Club-** E.R. Wednesdays, 12:45-1:30, N206 **Korean Culture Club** - Tuesdays, 2:35, OM308

LUCHA - Thursdays, at 2:30, NM223

Migrantes Unidos - Tuesdays, at 2:45, OM114 PIA - Thursdays, 2:45-4PM, OM 113

Project Peace - Thursdays, 2:30-3pm, CTE 1
Robotics Team - Mon's & Fri's, 2:35-6pm, Shop110
TSA Club - Thursdays, 2:45, CTE6

#### COLLEGE REP VISIT SCHEDULE

Students can view the college rep visit schedule in Naviance. Visit the College & Career Center Website for info. Rep Visits scheduled at MVHS:

10/3 University of Oregon at 8AM

10/3 Oregon State University at 10AM

10/3 University of Portland at 2PM

## **IMPORTANT NUMBERS:**

Athletic Office: 360-428-6191

Sports Schedules and Event Information

Attendance Office: 360-428-6153
Report Student Absence or Tardy

College & Career Center: 360-428-6256

**Counseling Office: 360-428-6156** 

Registration, Schedules, Transcripts, Running Start

MVSD Student Health Services, 360-428-6151

**Transportation: 360-428-6147**Bus and Schedule Information

If you would like to receive the

## **MYHS DAILY BULLETIN**

please click the button to subscribe:

MVHS DAILY
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## **USEFUL LINKS**

**MVHS** College & **MVHS** Music Website Career Center Counseling Department **MVHS** Student Health Athletic Event **Schedule** <u>Instagram</u> **Services** Student Health **MVHS TEA WITH MVHSTV** Services Facebook DR. V

## **NEW CLUB ON CAMPUS**

The Skills USA interest Meeting is this Thursday in New Main 220 Contact Mr. Young

## **MVHS EVENTS CALENDAR**

To see what is happening at MVHS, click the link here:

**MVHS Calendar of Events** 

## FROM COLLEGE & CAREER CENTER

**WAVE tour Apprenticeship program** field trip target for Carpenters - Concrete, Carpenters - Scaffold Erectors, Electricians, Laborers, Operating Engineers, Sheet Metal Workers on October 24th. See C&C Center for more info.

Are you a Senior who is applying to the University of Washington? Then listen up! GEAR UP is taking seniors to the Shades of Purple Conference at UW in Seattle on Friday, October 13th. There you will have the opportunity to meet other UW students, learn how to fill out your common application, you will receive tips on what to write and not write in your essays, and more helpful tips for applying. Stop by the CCC today if you have any questions and to pick up your permission slip.

# Report All Student Absences and Tardies in Writing

- Student Name:
- Date(s) Out or Tardy:
- Period(s) Missed:
- Reason Out:

## QUESTIONS ABOUT TRANSCRIPTS, RUNNING START, REGISTRATION, NCTA, AND MORE

The MVHS Counseling Department provides students and families resources to help navigate high school and beyond. School counselors can assist you with academics, college and career readiness and personal/social concerns and support. Contact the counseling office at 360-428-6156 or check out their website MVHS Counseling Department

## OCTOBER 2023

## MOUNT VERNON HIGH SCHOOL SPECIAL

**Growing Healthy Students!** 

Tuesday	Wednesday	Thursday	Friday
ct	4-0ct	5-0ct	6-0ct
Cheesestuffed		Spaghetti with	Hot Ham & Cheese
Breadsticks			Sandwich
rinara Sauce Cups	No School	Roll	Chips
Fresh Fruit	Non Student/Non	Fresh Fruit	Fresh Fruit
and Vegetables	Contract Day	and Vegetables	and Vegetables
l% White Milk or		1% White Milk or	1% White Milk or
Chocolate Milk		Chocolate Milk	Chocolate Milk
Oct	11-0ct	12-0ct	13-Oct
caroni and Cheese	Mashed Potato Bowl with Popcorn Chicken	Teriyaki Beef Dippers and Rice	Sloppy Joes
Roll	Corn	Chips	Chips
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
		and Vegetables	and Vegetables
L% White Milk or	1% White Milk or	1% White Milk or	1% White Milk or
Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk
Oct	18-Oct	19-0ct	20-Oct
Corn Dogs	Breakfast for Lunch	Chicken Alfredo	Baked Potato Bar with Chili andCheese
Chips	English Muffin Sandwich	Breadsticks	Sour Cream
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
and Vegetables	and Vegetables	and Vegetables	and Vegetables
l% White Milk or	1% White Milk or	1% White Milk or	1% White Milk or
Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk
Oct		26-0ct	27-Oct
		Hot Ham and Cheese	
Breadsticks	with Meatsauce	Sandwich	
Marinara Cup	Breadstick	Chips	No School
Fresh Fruit	Fresh Fruit	Fresh Fruit	Non Student/Non
and Vegetables	and Vegetables	and Vegetables	Contract Day
l% White Milk or	1% White Milk or	1% White Milk or	
Chocolate Milk	Chocolate Milk	Chocolate Milk	
Oct	1-Nov		3-Nov
Chicken Alfredo	Corndogs	Mashed Potato Bowl with Popcorn Chicken	Sloppy Joes
	Chips	Corn	Chips
Fresh Fruit	Fresh Fruit	1% White Milk or	Fresh Fruit
and Vegetables	and Vegetables	Chocolate Milk	and Vegetables
L% White Milk or	1% White Milk or	1% White Milk or	1% White Milk or
Chocolate Milk	Chocolate Milk	Chocolate Milk	Chocolate Milk
	Cheesestuffed Breadsticks Fresh Fruit and Vegetables White Milk or Chocolate Milk Oct Caroni and Cheese Roll Fresh Fruit and Vegetables White Milk or Chocolate Milk Oct Corn Dogs Chips Fresh Fruit and Vegetables White Milk or Chocolate Milk Oct Corn Dogs Chips Fresh Fruit and Vegetables White Milk or Chocolate Milk Oct Cheese Stuffed Breadsticks Marinara Cup Fresh Fruit and Vegetables White Milk or Chocolate Milk Oct Chicken Alfredo Roll Fresh Fruit and Vegetables White Milk or Chocolate Milk Oct Chicken Alfredo Roll Fresh Fruit and Vegetables White Milk or	Cheesestuffed Breadsticks arinara Sauce Cups Fresh Fruit and Vegetables LW White Milk or Chocolate Milk Oct Corn Dogs Fresh Fruit and Vegetables LW White Milk or Chocolate Milk Oct Corn Dogs Fresh Fruit and Vegetables LW White Milk or Chocolate Milk Oct Corn Dogs Fresh Fruit and Vegetables LW White Milk or Chocolate Milk Oct Corn Dogs Fresh Fruit and Vegetables LW White Milk or Chocolate Milk Oct Chocolate Mi	Cheesestuffed Breadsticks arinara Sauce Cups Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Oct Caroni and Cheese Roll Corn Chocolate Milk Oct Corn Dogs Corn Dogs Corn Dogs Corn Dogs Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Oct Corn Dogs Corn Dogs Corn Dogs Corn Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk Cot Corn Dogs Corn Chips Corn Dogs Corn Chips Corn Dogs Corn Chips Corn Chips Corn Chips Corn Chocolate Milk Cot Cheese Stuffed Breadsticks Marinara Cup Breadstick Chips Fresh Fruit and Vegetables Corn Chocolate Milk Cot Chocolate Milk Cot Chips Fresh Fruit Chocolate Milk Cot Chicken Alfredo Corndogs Corn Corn Fresh Fruit Chocolate Milk Cot Chicken Alfredo Corn Chips Corn Fresh Fruit Chocolate Milk Cot Chicken Alfredo Corn Chips Corn Chocolate Milk Chocolate Milk Cot Chicken Alfredo Corn Chips Corn Chocolate Milk Chocolate Milk Cot Chicken Alfredo Corn Chips Corn Chocolate Milk Ch



Meal Prices: Elementary Breakfast **Elementary Lunch** No Charge **Adult Lunch** Side Milk unavailable

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call David Connors, Food Services Director, at (360) 428-6149.



Each lunch comes complete with salad bar or fresh vegetable, choice of fresh fruit, and milk



Important News:
Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students.
The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.

#### **NONDISCRIMINATION**

The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.

#### MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there is occasional errors. Thank you.