



# MVHS DAILY BULLETIN

Monday, October 9, 2023

## This Week's Schedule

Monday	Green Day - Regular Schedule
Tuesday	White Day - Advisory Schedule
Wednesday	Green Day - Early Release Schedule
Thursday	White Day - Regular Schedule
Friday	Green Day - Regular Schedule

## MVHS Regular Schedule

Time	Period
8:00-9:25	1st/5th
9:30-10:55	2nd/6th
<b>11:00-11:30</b>	<b>Lunch A</b>
11:35-1:00	3rd/7th
11:00-12:25	3rd/7th
<b>12:30-1:00</b>	<b>Lunch B</b>
1:05-2:30	4th/8th

## IMPORTANT DATES

**Oct. Early Release Days:** Oct., 11, 18, 19, & 20  
**Conferences:** Thur. Oct 19, 2-5pm & 6-8pm  
**No School/Non Student Day:** Oct. 27 & 30  
**Fall Back:** Sunday, Nov 5

## UPCOMING ACTIVITIES & EVENTS

→**Tue:**  
 →**Fri:** Boys & Girls Club Teen Night, 5:30-9:30, Caf.  
 →**M-F:** Boys & Girls Club: 2:30-5:30pm, Cafeteria  
 →**M-TH:** Bulldog EDGE: 2:30-4pm, Library

## SENIOR INFORMATION

**Senior Yearbook Recognition Ads**  
 Purchase your ad **by Feb 2, 2024** online. Click here: [Yearbook Rec Ad Link](#)

**Senior Photos For The Class of 2024**  
 As the class of 2024 begins their Senior Portrait season, please keep the following information in mind when submitting your senior photo:

- The photo must be cropped 2"x3" in portrait orientation.
- Absolutely no props (cars, pets, family members, sporting equipment, etc).
- Attire must follow the School Dress Code.

Portraits are due **10-31-2023** and only accepted via the following link:

[MVHS Senior Photo Submission Page](#)

For more info click here: [Senior Photos for 2024](#)

## MVHS CONFERENCES

Thursday, October 19th from 2-5pm & 6-8pm in the MVHS Cafeteria. Make sure to mark your calendars. More information to come.

## Boys & Girls Club Teen Night

Friday, October 13 5:30 – 9:30pm, Cafeteria and NM200

## SENIOR PHOTOS DUE 10/31

Senior photos can only be accepted through the following link:

[MVHS Senior Photo Submission Page](#)

For more information click here: [Senior Photos for 2024](#)

## SENIOR PARENT INFORMATION

Watch the video below to learn more about the college application process for your senior. [Video](#) and [Presentation for Reference](#). Ms. Zimmer will be available during Parent/Teacher Conferences on October 27th.

## SENIOR PARENT FINANCIAL AID SUPPORT

Parents and/or Students: Come to the College and Career Center at MVHS and let us help you complete your Financial Aid Application. 11/16, 11/30 and 12/7 4pm-5:30pm

## FROM COLLEGE & CAREER CENTER

**Attention to all the students who have turned in a permission slip to the college and career center for field trips.** We are emailing students to let them know if they made it on the list to attend a field trip. This is how we are communicating who is going on what field trips. You can always stop by the college and career center if you are not sure if you are attending. PLEASE CHECK YOUR EMAIL DAILY!

## ATHLETIC DEPT NEWS

MVHS Schedule found here: [TEAM EVENTS](#)

Purchase Bulldog spirit wear here: [SPIRIT STORE](#)

## MVHS CLUBS

ASL Club -Thursdays, 2:30-4pm, Shop 110

Korean Culture Club - Tuesdays, 2:45pm, OM308

Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114

FBLA - Mondays at 2:35pm in NM221

French Club-

Gaming Club - White Thurs's, NM120, 2:45-4pm

K-Pop Club - Mondays, OM 214

Key Club- E.R. Wednesdays, 12:45-1:30, N206

Korean Culture Club - Tuesdays, 2:35, OM308

LUCHA - Thursdays, at 2:30, NM223

Migrantes Unidos - Tuesdays, at 2:45, OM114

PIA - Thursdays, 2:45-4PM, OM 113

Project Peace - Thursdays, 2:30-3pm, CTE 1

Robotics Team - Mon's & Fri's, 2:35-6pm, Shop110

TSA Club - Thursdays, 2:45, CTE6

## COLLEGE REP VISIT SCHEDULE

Students can view the college rep visit schedule in Naviance. Visit the College & Career Center Website for info.

[Rep Visits scheduled at MVHS:](#)

10/10 Western Washington U at 10AM

10/11 University of Mississippi at 8AM

10/12 Linfield University at 2PM

10/13 Saint Martin's University at 10AM

10/18 Central Washington University at 10AM

## IMPORTANT NUMBERS:

Athletic Office: 360-428-6191

Sports Schedules and Event Information

Attendance Office: 360-428-6153

Report Student Absence or Tardy

College & Career Center: 360-428-6256

Counseling Office: 360-428-6156

Registration, Schedules, Transcripts, Running Start

MVSD Student Health Services, 360-428-6151

Transportation: 360-428-6147

Bus and Schedule Information

*If you would like to receive the*

## MVHS DAILY BULLETIN

*please click the button to subscribe:*

[MVHS DAILY BULLETIN SUBSCRIPTION](#)

## USEFUL LINKS

[MVHS Website](#)

[College & Career Center](#)

[Music Department](#)

[MVHS Counseling](#)

[Athletic Event Schedule](#)

[Student Health Services](#)

[MVHS Instagram](#)

[Student Health Services](#)

[MVHS Facebook](#)

[MVHSTV](#)

[TEA WITH DR. V](#)

## NEW CLUB ON CAMPUS

The Skills USA interest Meeting is this Thursday in New Main 220 Contact Mr. Young

## MVHS EVENTS CALENDAR

To see what is happening at MVHS, click the link here:

[MVHS Calendar of Events](#)

## Report All Student Absences and Tardies in Writing

Parents or guardians, to report an absence or tardy of the absence to the attendance office within 48 hours of your student returning to school. For convenience, written confirmation can be submitted via email to [ATTENDANCE.SECRETARY@MVSD320.ORG](mailto:ATTENDANCE.SECRETARY@MVSD320.ORG)

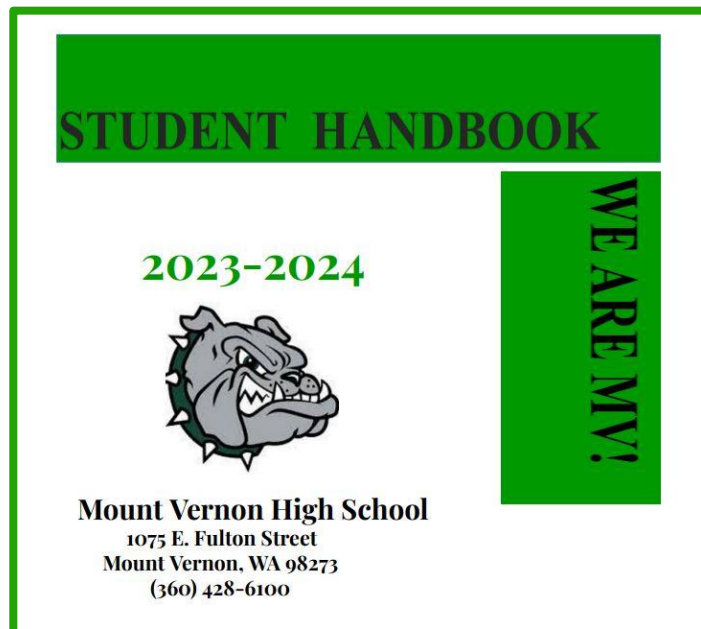
- Student Name:
- Date(s) Out or Tardy:
- Period(s) Missed:
- Reason Out:

## QUESTIONS ABOUT TRANSCRIPTS, RUNNING START, REGISTRATION, NCTA, AND MORE

The MVHS Counseling Department provides students and families resources to help navigate high school and beyond. School counselors can assist you with academics, college and career readiness and personal/social concerns and support. Contact the counseling office at 360-428-6156 or check out their website [MVHS Counseling Department](#)

## MVHS Student Handbook 2023-2024

If you have not had a chance to look through the handbook, it is attached below. Just click on the picture below.





# OCTOBER 2023

## MOUNT VERNON HIGH SCHOOL SPECIAL

*Growing Healthy Students!*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2-Oct</b>	<b>3-Oct</b>	<b>4-Oct</b>	<b>5-Oct</b>	<b>6-Oct</b>
Teriyaki Beef Dippers Rice Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Cheesestuffed Breadsticks Marinara Sauce Cups Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	<b>No School Non Student/Non Contract Day</b>	Spaghetti with MeatSauce Roll Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Hot Ham & Cheese Sandwich Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
<b>9-Oct</b>	<b>10-Oct</b>		<b>11-Oct</b>	<b>12-Oct</b>
Mandarin Orange Chicken Rice Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Macaroni and Cheese Roll Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk		Mashed Potato Bowl with Popcorn Chicken Corn Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Teriyaki Beef Dippers and Rice Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
<b>16-Oct</b>	<b>17-Oct</b>	<b>18-Oct</b>	<b>19-Oct</b>	<b>20-Oct</b>
Teriyaki Beef Dippers Rice Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Corn Dogs Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Breakfast for Lunch English Muffin Sandwich Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Chicken Alfredo Breadsticks Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Baked Potato Bar with Chili and Cheese Sour Cream Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
<b>23-Oct</b>	<b>24-Oct</b>	<b>25-Oct</b>	<b>26-Oct</b>	<b>27-Oct</b>
Mandarin Orange Chicken Steamed Rice w/Veggies Fortune Cookie Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Cheese Stuffed Breadsticks Marinara Cup Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Spaghetti with Meatsauce Breadstick Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Hot Ham and Cheese Sandwich Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	<b>No School Non Student/Non Contract Day</b>
<b>30-Oct</b>	<b>31-Oct</b>	<b>1-Nov</b>	<b>2-Nov</b>	
<b>No School Non Student/Non Contract Day</b>	Chicken Alfredo Roll Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Corndogs Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Mashed Potato Bowl with Popcorn Chicken Corn 1% White Milk or Chocolate Milk 1% White Milk or Chocolate Milk	Sloppy Joes Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk



**Meal Prices:**  
**Elementary Breakfast**  
 No Charge  
**Elementary Lunch**  
 No Charge  
**Adult Lunch**  
 \$5.00  
**Side Milk**  
 unavailable



This institution is an equal opportunity provider and employer.  
 Menu subject to change without notice.  
 Questions? Call David Connors,  
 Food Services Director, at (360) 428-6149.

**Each lunch comes complete with  
 salad bar or fresh vegetable, choice  
 of fresh fruit, and milk**

**Important News:**  
 Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students.  
 The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.

**NONDISCRIMINATION**  
 The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.

**MISTAKES & ERRORS**  
 The author of this bulletin is human, so please do not be surprised if there is occasional errors. Thank you.