



MVHS DAILY BULLETIN

Monday, December 4, 2023

This Week's Schedule

Monday	White Day - Regular Schedule
Tuesday	Green Day - Advisory Schedule
Wednesday	White Day - Early Release Schedule
Thursday	Green Day - Regular Schedule
Friday	White Day - Regular Schedule

MVHS Regular Schedule

Time	Period
8:00-9:25	1st/5th
9:30-10:55	2nd/6th
11:00-11:30	Lunch A
11:35-1:00	3rd/7th
11:00-12:25	3rd/7th
12:30-1:00	Lunch B
1:05-2:30	4th/8th

IMPORTANT DATES

- Early Release Days: Wednesdays Dec 6 & 13
- Bulldog Spirit Week: December 11 - 15
- Winter Break: December 18 - January 1

UPCOMING ACTIVITIES & EVENTS

- Wednesday, December 6:**
→Hot Cocoa & Candy Canes, Lunch,, Cafeteria
- Daily**
→Boys & Girls Club:2:30-5:30pm,Cafet M-F
→Bulldog EDGE: 2:30-4pm, Library M-TH

SENIOR INFORMATION

CLASS OF 2024 GRAD ORDER info is here. Go to [Jostens.com](https://www.jostens.com) to order cap, gown, & more.

SENIOR PARENTS be sure to watch the [C&CC Video Presentation](#) to answer your questions about the college application process & more.

SENIOR RECOGNITION YEARBOOK ADS can be purchased by 2/2/24 online. Click here: [Yearbook Rec Ad Link](#)

JOIN THE GAMING CLUB!

The Gaming Club meets every white Thursday in NM120 after school until the 4:00 bus. Come play with us, everyone is welcome!

WINTER CONDITIONING FOR SPRING SPORTS

If you are interested in winter conditioning to get you ready for spring sports, meet at the track on Mondays, Wednesdays and Fridays from 3-4:30pm, **starting on Wednesday, December 6th.**

P.S. Wednesday is Early Release, so we will meet from 1-2:30pm.

HOT COCOA & CANDY CANES

The next 2 Wednesdays we will have hot Cocoa & Candy Canes during both lunches! Join us for a festive celebration, treats and photos courtesy of Skagina with some VERY special guests! Attire is: FESTIVE SWEATER

NEED TO SCHEDULE AN APPOINTMENT WITH YOUR COUNSELOR?

Click the link here to meet the counseling team and schedule an appointment:

[SCHEDULE AN APPOINTMENT WITH YOUR COUNSELOR](#)

ATHLETIC DEPT NEWS

MVHS Schedule found here:

TEAM EVENTS

Purchase Bulldog spirit wear here:

SPIRIT STORE

MVHS CLUBS

- ASL Club -Thursdays, 2:30-4pm, Shop 110
- Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114
- DECA Club - Tuesdays, 2:45pm, NM120
- FBLA - Mondays at 2:35pm in NM221
- Gaming Club - White Thurs's, NM120, 2:45-4pm
- K-Pop Club - Mondays, OM 214, After School
- Key Club- E.R. Wednesdays, 12:45-1:30, N206
- Korean Culture Club - Tuesdays, 2:35, OM308
- LUCHA - Thursdays, at 2:30, Cafeteria
- Migrantes Unidos - Tuesdays, at 2:45, C&CC
- PIA - Thursdays, 2:45-4PM, OM 113
- Project Peace - Tuesdays, 2:30-3pm, CTE 1
- Robotics Team - Mon's & Fri's, 2:35-6pm, S110
- Skills USA- Thursdays, 2:35pm, NM220
- TSA Club - Thursdays, 2:45, CTE6

IMPORTANT NUMBERS:

- Athletic Office: 360-428-6191**
Sports Schedules and Event Information
- Attendance Office: 360-428-6153**
Report Student Absence or Tardy
- College & Career Center: 360-428-6256**
- Counseling Office: 360-428-6156**
Registration, Schedules, Transcripts, Running Start
- MVSD Student Health Services,**
360-428-6151
- Transportation: 360-428-6147**
Bus and Schedule Information

If you would like to receive the

MVHS DAILY BULLETIN

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USEFUL LINKS

- [MVHS Website](#)
- [College & Career Center](#)
- [Music Department](#)
- [MVHS Counseling](#)
- [Athletic Event Schedule](#)
- [Student Health Services](#)
- [MVHS Instagram](#)
- [Student Health Services](#)
- [MVHS Facebook](#)
- [MVHSTV](#)
- [TEA WITH DR. V](#)

SCHOOL PICTURES

Bulldogs: If you ordered school pictures and were not in advisory to pick yours up, **you may 1st check with your Advisory teacher and 2nd with Mr. Bernal's office.** Make sure to collect your memories during this time. Photos are done by Lifetouch this year. Please contact them with questions or ordering information.

YEARBOOKS ON SALE UNTIL FEB 20TH

Yearbooks are on sale 8/31/2023 - 2/20/2024. They are \$55 for Free/Reduced Lunch Students and \$65 for Full Pay Students. They can be purchased at the ASB office or via your Skyward Family Access account under Fee Management. You can also call Ms. Duncan to place your order over the phone with a credit card. She can be reached at 360-428-6174.

FROM THE COLLEGE & CAREER CENTER

Attention 10th and 11th Grade Students:

It's that time of year again to recognize our outstanding 10th and 11th Grade Students at MVHS through the Champions of Diversity North Cascade Institute Leadership Program! North Cascades Institute provides 10th and 11th grade students with an early application opportunity to participate in either a free North Cascades Program. If you would like to be nominated for this award, please follow the process below. Students must complete this form **by December 7th.** [10th & 11th Grade Champions of Diversity Award Process & Nomination Form.](#) (Can also be found in Naviance>Scholarships)

Attention 12th Grade Students:

Each year, "Champions" in our community are selected to receive scholarships from colleges/universities and other donors. It's that time of year again to recognize our outstanding SENIORS at MVHS through the Champions of Diversity Scholarship Program! If you would like to be nominated for this scholarship, please follow the process below: Students must complete this form **by Dec. 7th.**

[SENIOR Champions of Diversity Scholarship Process & Nomination Form.](#) (Can also be found in Naviance>Scholarships)

The FAFSA and the WASFA will be available in December.

MVHS COLLEGE & CAREER CENTER
PHONE NUMBER: 360.428.6256

DECEMBER 2023

Mount Vernon High School Special

Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
4-Dec	5-Dec	6-Dec	7-Dec	8-Dec
Sweet & Sour Chicken Rice	Corndogs	KFC Bowl Popcorn Chicken	Beef Fajitas	Meatball Sub Sandwich
Fortune Cookies	Chips	Corn and Gravy	w/ Salsa	Chips
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
11-Dec	12-Dec	13-Dec	14-Dec	15-Dec
Chicken Bacon Ranch Burger	Corn Dogs	Breakfast For Lunch Breakfast Sandwich	Turkey Gravy, Mashed Potatoes & Cranberry Sauce	Cheese Stuffed Breadsticks w/ Marinara Sauce
Educational Cookies	Chips	Hash Brown Patties	Green Beans	Fruit Snacks
Fortune Cookie	Fresh Fruit	Fresh Fruit	Christmas Cake	Fresh Fruit
Fresh Fruit & Vegetables	and Vegetables	and Vegetables	Fresh Fruit & Vegetables	and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
18-Dec	19-Dec	20-Dec	21-Dec	22-Dec

Winter Break No School December 18 - 29

25-Dec	26-Dec	27-Dec	28-Dec	29-Dec
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Back on Tuesday, January 2, 2024



Meal Prices:
Elementary Breakfast
No Charge
Elementary Lunch
No Charge
Adult Lunch
\$5.00
Side Milk
unavailable

Each lunch comes complete with salad bar or fresh vegetable, choice of fresh fruit, & milk

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call David Connors, Food Services Director at (360) 428-6149

Important News:
Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students. The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.

