MYHS DAILY BULLETIN

| Tuesday | , Decem | ber 5, | 2023 |
|---------|---------|--------|------|
|---------|---------|--------|------|

| l | | This Week's Schedule | |
|--|-----------|------------------------------------|--|
| | Monday | White Day - Regular Schedule | |
| | Tuesday | Green Day - Advisory Schedule | |
| | Wednesday | White Day - Early Release Schedule | |
| Thursday Green Day - Regular Schedule Friday White Day - Regular Schedule | | Green Day - Regular Schedule | |
| | | White Day - Regular Schedule | |

| | MVHS | | | | | |
|-----|--------------------------|----------|--|--|--|--|
| 100 | Advisory Schedule | | | | | |
| | Time | Period | | | | |
| | 8:00-9:15 | 1st/5th | | | | |
| | 9:20-9:50 | Advisory | | | | |
| | 9:55-11:10 | 2nd/6th | | | | |
| | 11:15-11:45 | Lunch A | | | | |
| | 11:50-1:10 | 3rd/7th | | | | |
| | 11:15-12:35 | 3rd/7th | | | | |
| | 12:40-1:10 | Lunch B | | | | |
| | 1:15-2:30 | 4th/8th | | | | |

IMPORTANT DATES

Early Release Days: Wednesdays Dec 6 & 13 Bulldog Spirit Week: December 11 - 15 Winter Break: December 18 - January 1

UPCOMING ACTIVITIES & EVENTS

Wednesday, December 6:

→Hot Cocoa & Candy Canes, Lunch,, Cafeteria

Daily

- →Boys & Girls Club:2:30-5:30pm,Cafet M-F
- →Bulldog EDGE: 2:30-4pm, Library M-TH

SENIOR INFORMATION

CLASS OF 2024 GRAD ORDER info is here. Go to <u>Jostens.com</u> to order cap, gown, & more.

SENIOR PARENTS be sure to watch the <u>C&CC Video Presentation</u> to answer your questions about the college application process & more.

SENIOR RECOGNITION YEARBOOK ADS can be purchased by 2/2/24 online. Click here: Yearbook Rec Ad Link

JOIN THE GAMING CLUB!

The Gaming Club meets every white Thursday in NM120 after school until the 4:00 bus. Come play with us, everyone is welcome!

WINTER CONDITIONING FOR SPRING SPORTS

If you are interested in winter conditioning to get you ready for spring sports, meet at the track on Mondays, Wednesdays and Fridays from 3-4:30pm, **starting on Wednesday, December 6th.**

P.S. Wednesday is Early Release, so we will meet from 1-2:30pm.

NEXT WEEK IS WINTER SPIRIT WEEK!

Join in the fun and celebration by wearing you spirit gear!

- Monday 12/11: Snowed In Day (PJ day)
- Tuesday 12/12: Holiday hat/beanie day
- Wednesday 12/13: Festive Sweater Day
- Thursday 12/14: Flannels + Cozy Socks Day
- Friday 12/15: Grinch Day/Green Out

HOT COCOA & CANDY CANES

The next 2 Wednesdays we will have hot Cocoa & Candy Canes during both lunches! Join us for a festive celebration, treats, entertainment from our MVHS Jazz band and photos courtesy of Skagina with some VERY special guests! Attire is: FESTIVE SWEATER

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ATHLETIC DEPT NEWS MVHS Schedule found here: TEAM EVENTS

Purchase Bulldog spirit wear here: SPIRIT STORE

MVHS CLUBS

ASL Club -Thursdays, 2:30-4pm, Shop 110
Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114
DECA Club - Tuesdays, 2:45pm, NM120
FBLA - Mondays at 2:35pm in NM221
Gaming Club - White Thurs's, NM120, 2:45-4pm
K-Pop Club - Mondays, OM 214, After School
Key Club - E.R. Wednesdays, 12:45-1:30, N206
Korean Culture Club - Tuesdays, 2:35, OM308
LUCHA - Thursdays, at 2:30, Cafeteria
Migrantes Unidos - Tuesdays, at 2:45, C&CC
PIA - Thursdays, 2:45-4PM, OM 113
Project Peace - Tuesdays, 2:30-3pm, CTE 1
Robotics Team - Mon's & Fri's, 2:35-6pm, S110
Skills USA- Thursdays, 2:45, CTE6

IMPORTANT NUMBERS:

Athletic Office: 360-428-6191

Sports Schedules and Event Information

Attendance Office: 360-428-6153 Report Student Absence or Tardy

College & Career Center: 360-428-6256

Counseling Office: 360-428-6156

Registration, Schedules, Transcripts, Running Start

MVSD Student Health Services, 360-428-6151

Transportation: 360-428-6147Bus and Schedule Information

If you would like to receive the

MYHS DAILY BULLETIN

please click the button to subscribe:

MVHS DAILY
BULLETIN
SUBSCRIPTION

USEFUL LINKS

MVHS Website <u>College &</u> <u>Career Cente</u>r <u>Music</u> Dep<u>artme</u>nt

MVHS Counseling

Athletic Event Schedule Student Health Services MVHS Instagram

Student Health Services <u>MVHS</u> Facebook

<u>MVHSTV</u>

TEA WITH DR. V

SCHOOL PICTURES

Bulldogs: If you ordered school pictures and were not in advisory to pick yours up, you may 1st check with your Advisory teacher and 2nd with Mr. Bernal's office. Make sure to collect your memories during this time. Photos are done by Lifetouch this year. Please contact them with questions or ordering information.

YEARBOOKS ON SALE UNTIL FEB 20TH

Yearbooks are on sale 8/31/2023-2/20/2024. They are \$55 for Free/Reduced Lunch Students & \$65 for Full Pay Students. Purchase yours at the ASB office or via your Skyward Family Access account under Fee Management or order over the phone with a credit card at 360-428-6174.

NEED TO SCHEDULE AN APPOINTMENT WITH YOUR COUNSELOR?

Click the link here to meet the counseling team and schedule an appointment: SCHEDULE AN APPOINTMENT WITH YOUR COUNSELOR

FROM THE COLLEGE & CAREER CENTER

Attention 10th and 11th Grade Students:

It's that time of year again to recognize our outstanding 10th and 11th Grade Students at MVHS through the Champions of Diversity North Cascade Institute Leadership Program! North Cascades Institute provides 10th and 11th grade students with an early application opportunity to participate in either a free North Cascades Program. If you would like to be nominated for this award, please follow the process below. Students must complete this form by December 7th. 10th & 11th Grade Champions of Diversity Award Process & Nomination Form. (Can also be found in Naviance>Scholarships)

Attention 12th Grade Students:

Each year, "Champions" in our community are selected to receive scholarships from colleges/universities and other donors. It's that time of year again to recognize our outstanding SENIORS at MVHS through the Champions of Diversity Scholarship Program! If you would like to be nominated for this scholarship, please follow the process below: Students must complete this form **by Dec. 7th.**

SENIOR Champions of Diversity Scholarship Process & Nomination Form. (Can also be found in Naviance>Scholarships)

The FAFSA and the WASFA will be available in December.

MVHS COLLEGE & CAREER CENTER
PHONE NUMBER: 360.428.6256

DECEMBER 2023

Mount Vernon High School Special

Growing Healthy Students!

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------------|------------------------------------|---|--|---|
| -Dec | 5-Dec | 6-Dec | 7-Dec | 8-Dec |
| Sweet & Sour Chicken Rice | Corndogs | KFC Bowl Popcorn Chicken | Beef Fajitas | Meatball Sub Sandwich |
| Fortune Cookies | Chips | Corn and Gravy | w/ Salsa | Chips |
| Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| and Vegetables | and Vegetables | and Vegetables | and Vegetables | and Vegetables |
| 1% White Milk or Chocolate Milk | 1% White Milk or Chocolate Milk | 1% White Milk or Chocolate Milk | 1% White Milk or Chocolate Milk | 1% White Milk or Chocolate Milk |
| l1-Dec | 12-Dec | 13-Dec | 14-Dec | 15-Dec |
| Chicken Bacon Ranch Burger | Corn Dogs | Breakfast For Lunch Breakfast Sandwich | Turkey Gravy, Mashed Potatoes & Cranberry Sauce | Cheese Stuffed Breadsticks w/ Marinara Sauce |
| Educational Cookies | Chips | Hash Brown Patties | Green Beans | Fruit Snacks |
| Fortune Cookie | Fresh Fruit | Fresh Fruit | Christmas Cake | Fresh Fruit |
| Fresh Fruit & Vegetables | and Vegetables | and Vegetables | Fresh Fruit & Vegetables | and Vegetables |
| 1% White Milk or Chocolate Milk | 1% White Milk or Chocolate Milk | 1% White Milk or Chocolate Milk | 1% White Milk or Chocolate Milk | 1% White Milk or Chocolate Milk |
| l8-Dec | 19-Dec | 20-Dec | 21-Dec | 22-Dec |

Winter Break No School December 18 - 29

25-Dec 26-Dec 27-Dec 28-Dec 29-Dec

Back on Tuesday, January 2, 2024



Meal Prices:

Elementary Breakfast No Charge

Elementary Lunch No Charge

> Adult Lunch \$5.00

Side Milk unavailable Each lunch comes complete with salad bar or fresh vegetable, choice of fresh fruit, & milk This institution is an equal opportunity provider and employer.

Menu subject to change without notice.

Questions? Call David Connors,
Food Services Director
at (360) 428-6149

Important News:

Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students.

The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.





