



MVHS DAILY BULLETIN

Tuesday, January 16, 2024

This Week's Schedule

Monday	No School - MLK Holiday
Tuesday	Green Day - Advisory Schedule
Wednesday	White Day - Regular Schedule
Thursday	Green Day - Regular Schedule
Friday	White Day - Regular Schedule

MVHS Advisory Schedule

Time	Period
8:00-9:15	1st/5th
9:20-9:50	Advisory
9:55-11:10	2nd/6th
11:15-11:45	Lunch A
11:50-1:10	3rd/7th
11:15-12:35	3rd/7th
12:40-1:10	Lunch B
1:15-2:30	4th/8th

IMPORTANT DATES

- Early Release Days: January 24
- Semester Finals: January 23-26
- No School-Non Student Day: Monday, Jan. 29
- Second Semester Starts: Tuesday, Jan 30
- Winter Assembly: February 2nd
- Winter Formal: Feb 10; 7-10, MVHS cafeteria

UPCOMING ACTIVITIES & EVENTS

- Daily
- Boys & Girls Club:2:30-5:30pm,Cafet M-F
- Bulldog EDGE: M-R

SENIOR INFORMATION

Seniors, be sure to complete your [High School and Beyond Plan](#). All tasks, should say "COMPLETED" if any say "REQUIRED" you will still need to do those things

Senior Recognition Ads:
can be purchased by 2/2/24 online.
Click here: [Yearbook Rec Ad Link](#)

Senior Parent Information
Watch the video below to learn more about the college application process for your senior.
[Video](#) & [Presentation for Reference](#)

Graduation Day: Friday, June 14th, 10AM,
Angel of the Winds Arena in Everett

MVHS WINTER FORMAL DANCE

Saturday, February 10, from 7-10pm in the MVHS Cafeteria. Tickets are \$15 pre-sale and \$20 at the door. Watch for ticket sale dates and information.

SCHOLARSHIP OPPORTUNITY

Are you interested in becoming a teacher of World Language or Dual Language at the K-12 level? [Vista Higher Learning](#) is a generous sponsor of a \$1000 student scholarships for high school seniors. The due date is February 15th. To learn more about this and other scholarships for potential World Language/Dual Language scholarships, see Madame Ousselin in Portable 8 or visit the College and Career Center.

YEARBOOKS ON SALE

Yearbooks are on sale through 2/20/2024. They are \$55 for Free/Reduced Lunch Students & \$65 for Full Pay Students. Purchase yours at the ASB office or via your Skyward Family Access account under Fee Management or order over the phone with a credit card at 360-428-6174.

MVHS EVENTS CALENDAR

To see what is happening at MVHS, click the link here:
[MVHS Calendar of Events](#)

SNOW, WEATHER AND MVSD



Click the box for info

ATHLETIC DEPT NEWS

MVHS Schedule found here:

[TEAM EVENTS](#)

Purchase Bulldog spirit wear here:

[SPIRIT STORE](#)

MVHS CLUBS

ASL Club -Thursdays, 2:30-4pm, Shop 110
Club Prism-Thursdays, 2:45pm, OM308
Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114
DECA Club - Tuesdays, 2:45pm, NM120
FBLA - Mondays at 2:35pm in NM221
Gaming Club - White Thurs's, NM120, 2:45-4pm
K-Pop Club - Mondays, OM 214, After School
Key Club- E.R. Wednesdays, 12:45-1:30, N206
Korean Culture Club - Tuesdays, 2:35, OM308
LUCHA - Thursdays, at 2:30, Cafeteria
Migrantes Unidos - Tuesdays, at 2:45, C&CC
PIA - Thursdays, 2:45-4PM, OM 113
Project Peace - Tuesdays, 2:30-3pm, CTE 1
Robotics Team - Mon's & Fri's, 2:35-6pm, S110
Skills USA- Thursdays, 2:35pm, NM220
TSA Club - Thursdays, 2:45, CTE10

IMPORTANT NUMBERS:

Athletic Office: 360-428-6191
Sports Schedules and Event Information
Attendance Office: 360-428-6153
Report Student Absence or Tardy
College & Career Center: 360-428-6256
Counseling Office: 360-428-6156
Registration, Schedules, Transcripts, Running Start
MVSD Student Health Services, 360-428-6151
Transportation: 360-428-6147
Bus and Schedule Information

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USEFUL LINKS

[MVHS Website](#) [College & Career Center](#) [Music Department](#) [MVHS Counseling](#)

[Athletic Event Schedule](#) [Student Health Services](#) [MVHS Instagram](#)

[Student Health Services](#) [MVHS Facebook](#) [MVHSTV](#) [TEA WITH DR. V](#)

QUESTIONS ABOUT TRANSCRIPTS, RUNNING START, REGISTRATION, NCTA AND MORE?

The MVHS Counseling Department provides students and families resources to help navigate high school and beyond. School counselors can assist you with academics, college and career readiness and personal/social concerns and support. Contact the counseling office at 360-428-6156 or check out their website [MVHS Counseling Department](#)

NEED TO SCHEDULE AN APPOINTMENT WITH YOUR COUNSELOR?

Click the link here to meet the counseling team and schedule an appointment:

[SCHEDULE AN APPOINTMENT WITH YOUR COUNSELOR](#)

FROM THE COLLEGE & CAREER CENTER

GEAR UP is taking 11th and 12th graders to the Learning with Leaders event at Skagit Valley College on February 1st. It is an event featuring Career Workshops co-led by local professionals and college professors. They will be featuring Information Technology, Healthcare, and Advanced Manufacturing. Permission slips are in the College and Career Center. Please stop by with any questions.

GEAR UP and CSF are taking 11th and 12th graders to the Students of Color Conference at Everett Community College on March 21st. If you are interested in attending please come by the College and Career Center for the permission slip and to register for the event no later than January 31st. Please stop by with any questions.

College and Career Readiness = High School & Beyond Plan + Naviance:

To graduate from high school, the State of WA requires all students develop a High School and Beyond Plan that represents what students learned about their skills, interests and goals for post high school. The Mount Vernon School District has partnered with Naviance to help students develop such a plan from middle school throughout high school. Please click on the below link to learn more:

[High School and Beyond Plan and Naviance.](#)

[MVHS COLLEGE & CAREER CENTER](#)
PHONE NUMBER: 360.428.6256

JANUARY 2024

Mount Vernon High School
Special
Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
1-Jan	2-Jan	3-Jan	4-Jan	5-Jan
Happy New Year	Hot Ham and Cheese Sandwich	Teriyaki Beef Dippers	Chicken Alfredo	Meat Ball Sub Sandwich
	Chips	Steamed Rice & Veggies	Roll	Chips
	Fresh Fruit and Vegetables	Fortune Cookie	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
	1% White Milk or Chocolate Milk	Fresh Fruit	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
8-Jan	9-Jan	10-Jan	11-Jan	12-Jan
Mandarin Orange Chicken	Hot Ham and Cheese Sandwich	Breakfast for Lunch	Corndogs	Baked Potato Bar
Steamed Rice	Chips	Breakfast Sandwich	Chips	
Fortune Cookie	Fresh Fruit	Hash Brown Patty	Fresh Fruit	Fresh Fruit
Fresh Fruit & Veggies	and Vegetables	Fresh Fruit & Veggies	and Vegetables	and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
15-Jan	16-Jan	17-Jan	18-Jan	19-Jan
NO SCHOOL MLK Day!	Cheese Stuffed Breadsticks w/ Marinara Sauce	Mac and Cheese	Teriyaki Beef Dippers	Sausage Dogs with Fried Peppers and Cheese
	Fruit Snacks	Roll	Rice & Veggies	and Cheese
	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
22-Jan	23-Jan	24-Jan	25-Jan	26-Jan
Mandarin Orange Chicken	Corn Dogs	Cheese Stuffed Breadsticks & Tomato Soup	Chicken Bacon Ranch Burger	Meat Ball Sub Sandwich
Steamed Rice & Veggies	Chips	Goldfish Crackers	Chips	Chips
Fortune Cookie	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fresh Fruit	and Vegetables	and Vegetables	and Vegetables	and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk

Meal Prices:
Elementary Breakfast
 No Charge
Elementary Lunch
 No Charge
Adult Lunch
 \$5.00
Side Milk
 unavailable

Each lunch comes complete with salad bar or fresh vegetable, choice of fresh fruit, & milk

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call David Connors, Food Services Director at (360) 428-6149

Important News:
 Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students. The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.

