



# MVHS DAILY BULLETIN

Tuesday, January 2, 2024

## This Week's Schedule

Monday	No School - New Years Day
Tuesday	White Day - Advisory Schedule
Wednesday	Green Day - Regular Schedule
Thursday	White Day - Regular Schedule
Friday	Green Day - Regular Schedule

## MVHS Advisory Schedule

Time	Period
8:00-9:15	1st/5th
9:20-9:50	Advisory
9:55-11:10	2nd/6th
11:15-11:45	Lunch A
11:50-1:10	3rd/7th
11:15-12:35	3rd/7th
12:40-1:10	Lunch B
1:15-2:30	4th/8th

## IMPORTANT DATES

- School In Session: January, 2, 2024, White Day
- Early Release Days: January 10 & 14
- No School-MLK Day: Monday, January 15
- Semester Finals: January 23-26
- No School-Non Student Day: Monday, Jan. 29
- Second Semester Starts: Tuesday, Jan 30

## UPCOMING ACTIVITIES & EVENTS

- Daily
- Boys & Girls Club:2:30-5:30pm,Cafet M-F
- Bulldog EDGE: M-R

## SENIOR INFORMATION

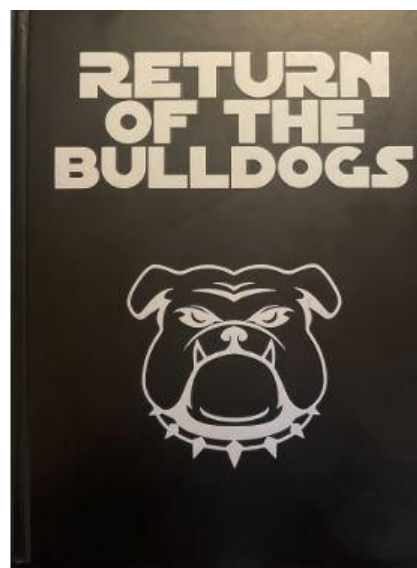
Senior Recognition Ads:  
can be purchased by 2/2/24 online.  
Click here: [Yearbook Rec Ad Link](#)

Senior Parent Information  
Watch the video below to learn more about the college application process for your senior.  
[Video](#) and [Presentation for Reference](#)

## WELCOME BACK!

## YEARBOOKS ON SALE

Yearbooks are on sale through 2/20/2024. They are \$55 for Free/Reduced Lunch Students & \$65 for Full Pay Students. Purchase yours at the ASB office or via your Skyward Family Access account under Fee Management or order over the phone with a credit card at 360-428-6174.



## ELEVATOR KEYS

Students requesting an elevator key **MUST** have a doctor's note which includes the length of time the key will be needed. A charge of \$32 added to your account until the key is returned. There is a limited supply, so please remember to bring your key each day so that you can access the elevators as needed.

## ATHLETIC DEPT NEWS

MVHS Schedule found here:

[TEAM EVENTS](#)

Purchase Bulldog spirit wear here:

[SPIRIT STORE](#)

## MVHS CLUBS

ASL Club -Thursdays, 2:30-4pm, Shop 110  
Club Prism-Thursdays, 2:45pm, OM308  
Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114  
DECA Club - Tuesdays, 2:45pm, NM120  
FBLA - Mondays at 2:35pm in NM221  
Gaming Club - White Thurs's, NM120, 2:45-4pm  
K-Pop Club - Mondays, OM 214, After School  
Key Club- E.R. Wednesdays, 12:45-1:30, N206  
Korean Culture Club - Tuesdays, 2:35, OM308  
LUCHA - Thursdays, at 2:30, Cafeteria  
Migrantes Unidos - Tuesdays, at 2:45, C&CC  
PIA - Thursdays, 2:45-4PM, OM 113  
Project Peace - Tuesdays, 2:30-3pm, CTE 1  
Robotics Team - Mon's & Fri's, 2:35-6pm, S110  
Skills USA- Thursdays, 2:35pm, NM220  
TSA Club - Thursdays, 2:45, CTE10

## IMPORTANT NUMBERS:

**Athletic Office: 360-428-6191**  
Sports Schedules and Event Information  
**Attendance Office: 360-428-6153**  
Report Student Absence or Tardy  
**College & Career Center: 360-428-6256**  
**Counseling Office: 360-428-6156**  
Registration, Schedules, Transcripts, Running Start  
**MVSD Student Health Services, 360-428-6151**  
**Transportation: 360-428-6147**  
Bus and Schedule Information

*If you would like to receive the*  
**MVHS DAILY BULLETIN**

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## USEFUL LINKS

[MVHS  
Website](#)

[College &  
Career Center](#)

[Music  
Department](#)

[MVHS  
Counseling](#)

[Athletic Event  
Schedule](#)

[Student Health  
Services](#)

[MVHS  
Instagram](#)

[Student Health  
Services](#)

[MVHS  
Facebook](#)

[MVHSTV](#)

[TEA WITH  
DR. V](#)

## Questions About Transcripts, Running Start, Registration, NCTA, and More?

The MVHS Counseling Department provides students and families resources to help navigate high school and beyond. School counselors can assist you with academics, college and career readiness and personal/social concerns and support. Contact the counseling office at 360-428-6156 or check out their website [MVHS Counseling Department](#)

## NEED TO SCHEDULE AN APPOINTMENT WITH YOUR COUNSELOR?

Click the link here to meet the counseling team and schedule an appointment:

[SCHEDULE AN APPOINTMENT WITH YOUR COUNSELOR](#)

## MVHS EVENTS CALENDAR

To see what is happening at MVHS, click the link here:

[MVHS Calendar of Events](#)

## FROM THE COLLEGE & CAREER CENTER

**College and Career Readiness =  
High School & Beyond Plan + Naviance:**

To graduate from high school, the State of WA requires all students develop a High School and Beyond Plan that represents what students learned about their skills, interests and goals for post high school. The Mount Vernon School District has partnered with Naviance to help students develop such a plan from middle school throughout high school. Please click on the below link to learn more:

[High School and Beyond Plan and Naviance.](#)

[MVHS COLLEGE & CAREER CENTER](#)

PHONE NUMBER: 360.428.6256

# JANUARY 2024

**Mount Vernon High School**  
**Special**  
*Growing Healthy Students!*

Monday	Tuesday	Wednesday	Thursday	Friday
1-Jan	2-Jan	3-Jan	4-Jan	5-Jan
<b>Happy New Year</b>	Hot Ham and Cheese Sandwich	Teriyaki Beef Dippers	Chicken Alfredo	Meat Ball Sub Sandwich
	Chips	Steamed Rice & Veggies	Roll	Chips
	Fresh Fruit and Vegetables	Fortune Cookie	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
	1% White Milk or Chocolate Milk	Fresh Fruit	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
8-Jan	9-Jan	10-Jan	11-Jan	12-Jan
Mandarin Orange Chicken	Hot Ham and Cheese Sandwich	Breakfast for Lunch	Corndogs	Baked Potato Bar
Steamed Rice	Chips	Breakfast Sandwich	Chips	
Fortune Cookie	Fresh Fruit and Vegetables	Hash Brown Patty	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
Fresh Fruit & Veggies	1% White Milk or Chocolate Milk	Fresh Fruit & Veggies	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
1% White Milk or Chocolate Milk		1% White Milk or Chocolate Milk		
15-Jan	16-Jan	17-Jan	18-Jan	19-Jan
<b>NO SCHOOL MLK Day!</b>	Cheese Stuffed Breadsticks w/ Marinara Sauce	Mac and Cheese	Teriyaki Beef Dippers	Sausage Dogs with Fried Peppers and Cheese
	Fruit Snacks	Roll	Rice & Veggies	Fresh Fruit and Vegetables
	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	1% White Milk or Chocolate Milk
	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	
22-Jan	23-Jan	24-Jan	25-Jan	26-Jan
Mandarin Orange Chicken	Corn Dogs	Cheese Stuffed Breadsticks & Tomato Soup	Chicken Bacon Ranch Burger	Meat Ball Sub Sandwich
Steamed Rice & Veggies	Chips	Goldfish Crackers	Chips	Chips
Fortune Cookie	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
Fresh Fruit	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
1% White Milk or Chocolate Milk				

<b>Meal Prices:</b> <b>Elementary Breakfast</b> No Charge <b>Elementary Lunch</b> No Charge <b>Adult Lunch</b> \$5.00 <b>Side Milk</b> unavailable	Each lunch comes complete with salad bar or fresh vegetable, choice of fresh fruit, & milk	This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call David Connors, Food Services Director at (360) 428-6149
	<b>Important News:</b> Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students. The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.	

