



MVHS DAILY BULLETIN

Thursday, February 1, 2024

This Week's Schedule

Monday	No School
Tuesday	White Day - Advisory Schedule - Spring Semester Starts
Wednesday	Green Day - Regular Schedule
Thursday	White Day - Regular Schedule
Friday	Green Day - Assembly Schedule

MVHS Regular Schedule

Time	Period
8:00-9:25	1st/5th
9:30-10:55	2nd/6th
11:00-11:30	Lunch A
11:35-1:00	3rd/7th
11:00-12:25	3rd/7th
12:30-1:00	Lunch B
1:05-2:30	4th/8th

IMPORTANT DATES

- Early Release Days: Feb. 7th & 21
- Winter Assembly: February 2nd
- In School-Make Up Day: Fri., Feb 16. Green Day
- Presidents Day No School: Monday, Feb 19
- Winter Formal: Feb 10, 7-10pm, MVHS cafeteria

UPCOMING ACTIVITIES & EVENTS

- Friday, February 2
 - Winter Assembly
 - Senior Rec Ads Due Today!
- Daily
 - Boys & Girls Club:2:30-5:30pm,Cafet M-F
 - Bulldog EDGE: M-R

SENIOR INFORMATION

Seniors, be sure to complete your High School and Beyond Plan. All tasks, should say "COMPLETED" if any say "REQUIRED" you will still need to do those things

Are you interested in attending Western Washington University and still need to complete your application. Join us in the College and Career Center Monday, 2/5 during lunches to get assistance with your WWU Application! A WWU rep will be here to provide assistance with your application, essay and more.

Graduation Day: Friday, June 14th, 10AM, Angel of the Winds Arena in Everett

SENIOR RECOGNITION ADS DUE TOMORROW

Friday, February 2nd. They can be purchased online through the following link: [Yearbook Rec Ad](#)

NHS MEETING TODAY

Today, Thursday, February 1st at 2:40pm in the auditorium.

MVHS WINTER FORMAL DANCE

Saturday, February 10, from 7-10pm in the MVHS Cafeteria. Tickets go on sale on **January 30th** in the ASB Office! Ticket prices: \$15 presale and \$20 at the door. **Guest Forms are available in the Office from Ms. Dowhaniuk and are due on February 7th.**

YEARBOOKS ON SALE

Yearbooks are on sale through Feb 20th. \$55 for Free/Reduced Lunch Students & \$65 for Full Pay Students. Purchase at the ASB office, via your Skyward, or by phone with a credit card at 360-428-6174.

ELEVATOR KEYS

Students requesting an elevator key **MUST have a doctor's note which includes the length of time the key will be needed.** A charge of \$32 added to your account until the key is returned. There is a limited supply, so please remember to bring your key each day so that you can access the elevators as needed.

FLAPJACK FUNDRAISER

Please join the MVHS Mariachi & Folklorico Program on Saturday, February 24th, from 8-10 am for breakfast at Applebee's Restaurant in Burlington. Tickets are 10\$. Purchase through MVHS ASB Office or Mr. Rivera at 360-428-6100.

ATHLETIC DEPT NEWS

MVHS Schedule found here:

[TEAM EVENTS](#)

Purchase Bulldog spirit wear here:

[SPIRIT STORE](#)

MVHS CLUBS

- ASL Club -Thursdays, 2:30-4pm, Shop 110
- Club Prism-Thursdays, 2:45pm, OM308
- Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114
- DECA Club - Tuesdays, 2:45pm, NM120
- FBLA - Mondays at 2:35pm in NM221
- Gaming Club - White Thurs's, NM120, 2:45-4pm
- K-Pop Club - Mondays, OM 214, After School
- Key Club- E.R. Wednesdays, 12:45-1:30, N206
- Korean Culture Club - Tuesdays, 2:35, OM308
- LUCHA - Thursdays, at 2:30, Cafeteria
- Migrantes Unidos - Tuesdays, at 2:45, C&CC
- PIA - Thursdays, 2:45-4PM, OM 113
- Project Peace - Tuesdays, 2:30-3pm, CTE 1
- Robotics Team - Mon's & Fri's, 2:35-6pm, S110
- Skills USA- Thursdays, 2:35pm, NM220
- TSA Club - Thursdays, 2:45, CTE10

IMPORTANT NUMBERS:

- Athletic Office: 360-428-6191**
Sports Schedules and Event Information
- Attendance Office: 360-428-6153**
Report Student Absence or Tardy
- College & Career Center: 360-428-6256**
- Counseling Office: 360-428-6156**
Registration, Schedules, Transcripts, Running Start
- MVSD Student Health Services, 360-428-6151**
- Transportation: 360-428-6147**
Bus and Schedule Information

If you would like to receive the

MVHS DAILY BULLETIN

*please click the
button to subscribe:*

[MVHS DAILY
BULLETIN
SUBSCRIPTION](#)

USEFUL LINKS

[MVHS Website](#) [College & Career Center](#) [Music Department](#) [MVHS Counseling](#)

[Athletic Event Schedule](#) [Student Health Services](#) [MVHS Instagram](#)

[Student Health Services](#) [MVHS Facebook](#) [MVHSTV](#) [TEA WITH DR. V](#)

ADD/DROP CLASS POLICY

Our goal is to keep disruptions to student schedules and teacher class lists to a minimum. If a course change is necessary during the first eight days (four class sessions) of the semester (**window closes on 2/8/24 @ 2:30 pm**) requests for the following reasons will be reviewed:

- Schedule is incomplete (missing a class)
- Student has already taken and passed a non-repeatable class
- Student does not meet prerequisite for the class
- Student needs course for graduation requirements
- Inappropriate skill level placement (e.g., incorrect math level)

NOTE: MVHS does not make teacher based schedule changes. To request a schedule change for one of the reasons listed above, please scan/photo the QR code to receive a link to the Change Request Form.



Continue to follow your schedule as listed in Skyward. If counselors are able to make change requested you will receive an email within one school week. If you do not receive an email within - one school week that means your requested change was not possible.

FROM THE COLLEGE & CAREER CENTER

UPCOMING C & CC FIELD TRIPS

- 2/1 ■ SVC, Learning w/Learners ■ for Seniors ■ Slip due 1/18
- 2/23 ■ PLU Visit ■ for Juniors & seniors ■ Slip due 2/9

FINANCIAL AID COMPLETION WORKSHOP

If you are looking for help with the FAFSA/WASFA applications, join us for Workshop 2 next week

Workshop 2: February 7, from 6-7:30pm at MVHS, Cafeteria

For more information, contact MVHS College and Career Center at 360-428-6256.

ATTN: GIRLS WHO CODE

This is an opportunity for a free virtual summer program open to all 9-12 grade girls, or those who identify as non-binary. This is a free program for students of all abilities, whether you have coding experience or not. Students who enroll, learn new coding skills in game design, web design, cybersecurity, data science, and artificial intelligence. For those who don't have technology, the Girls Who Code workshop offers financial support. Students who apply by February 14, 2024 will receive priority consideration. The application deadline is March 22, 2024. Please reach out to any CTE technology teacher for additional information or Ms. Zimmer or Baughn in the College and Career Center.

[High School and Beyond Plan and Naviance.](#)

[MVHS COLLEGE & CAREER CENTER](#)

PHONE NUMBER: 360.428.6256

FEBRUARY 2024

Mount Vernon High School Special

Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
No School Non-Student Non-Contract	Teriyaki Dippers & Steamed Rice	Chicken & Cheese Quesadilla	Hot Ham & Cheese Sandwich	Chicken Alfredo
	Fortune Cookie	Frito Chips	Chips	Roll
	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
5-Feb	6-Feb	7-Feb	8-Feb	9-Feb
MeatBall Sub	Mandarin Orange Chicken Steamed Rice	Breakfast For Lunch Omelette and Sausage Links	Corn Dogs	Cheese Stuffed Breadsticks w/ Marinara Sauce
Chips	Fortune Cookie	Biscuits & Gravy	Chips	Fruit Snacks
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
12-Feb	13-Feb	14-Feb	15-Feb	16-Feb
Hot Ham & Cheese Sandwich	Mandarin Orange Chicken Steamed Rice	Spaghetti With Meat Sauce	Chicken Salad Croissant	Macaroni and Cheese
Chips	Fortune Cookie	Breadstick	Chips	Roll
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
19-Feb	20-Feb	21-Feb	22-Feb	23-Feb
NO SCHOOL Presidents Day	Mandarin Orange Chicken Steamed Rice	Chicken Bacon Ranch Burger	Hot Ham & Cheese Sandwich	Pasta Bake
	Fortune Cookie	Chips	Chips	Roll
	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
26-Feb	27-Feb	28-Feb	29-Feb	1-Mar
Cheese Stuffed Breadsticks & Marinara Sauce	Teriyaki Dippers & Steamed Rice	Chicken Alfredo	Chicken Salad on a Croissant	Baked Potato Bar with Chili and Cheese
Fruit Snacks	Fortune Cookie	Roll	Chips	Sour Cream & Butter
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk



Meal Prices:
Elementary Breakfast
 No Charge
Elementary Lunch
 No Charge
Adult Lunch
 \$5.00
Side Milk
 unavailable

Each lunch comes complete with salad bar or fresh vegetable, choice of fresh fruit, & milk

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call **Cheyenne Walker, Food Services Director, at (360) 428-6149.**

Important News:
 Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students. The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.



NONDISCRIMINATION
 The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.

MISTAKES & ERRORS
 The author of this bulletin is human, so please do not be surprised if there are occasional errors. Thank you.