



# MVHS DAILY BULLETIN

Tuesday, February 20, 2024

## This Week's Schedule

Monday	Presidents Day - No School
Tuesday	Green Day - Advisory Schedule
Wednesday	White Day - Early Release Schedule
Thursday	Green Day - Regular Schedule
Friday	White Day - Regular Schedule

## MVHS Advisory Schedule

Time	Period
8:00-9:15	1st/5th
9:20-9:50	Advisory
9:55-11:10	2nd/6th
11:15-11:45	Lunch A
11:50-1:10	3rd/7th
11:15-12:35	3rd/7th
12:40-1:10	Lunch B
1:15-2:30	4th/8th

## IMPORTANT DATES

- Spring Sports Start: Monday, Feb. 26th
- Early Release Days: Feb. 21st, Mar. 6th & 20th
- Spring Foward: Sunday, March 10th
- No School-No Student Day: Wed. March 13
- Conferences: Thursday, March 21st
- Spring Break: April 1-5

## UPCOMING ACTIVITIES & EVENTS

- This Week
- 10th Grade Registration for Next Year
- Tuesday, February 20**
- Last Day to Purchase a Yearbook
- Friday, February 23**
- NHS Blood Drive
- Saturday, February 24**
- Flapjack Fundraiser, 8-10am, Applebee's
- Daily After School
- Boys & Girls Club: 2:30-5:30pm, Cafet M-F
- Bulldog EDGE: M-R

## SENIOR INFORMATION

### Important Dates:

- AVID Senior Night:** Thursday, May 16, MVHS
- Graduation:** Friday, June 14th, 10AM, Angel of the Winds Arena, Everett

Seniors, be sure to complete your [High School and Beyond Plan](#). All tasks, should say "COMPLETED" if any say "REQUIRED" you will still need to do those things

## TODAY IS THE LAST DAY TO PURCHASE A YEARBOOK!!

This is the only way to guarantee that you will get a copy. They are \$55 for Free/Reduced Lunch Students and \$65 for Full Pay Students. They can be purchased at the ASB office or via Skyward Fee Management. Adding the fee in Skyward does not count as a valid order. It must be paid for in full. You can also call Ms. Duncan in the ASB Office at 360-428-6174 to place your order over the phone with a credit card.

## CHEER TRYOUTS ARE ALMOST HERE!

Please join the cheer Google classroom for more information on required paperwork. Class code is: 637NXLD Applications are due by **Feb.27th** in the classroom and Tryouts are March 4/5/6. All students currently in grades 8-11th are eligible to tryout. Final Forms must be complete with the athletic office. Tryouts are ONCE a year, don't miss your opportunity! You will never know until you try.

## NHS BLOOD DRIVE ON FEBRUARY 23RD

Only a few spots left to donate blood on February 23rd-sign up at lunch or in OM107 Friday or Tuesday!  
*Every pint of blood saves three lives!*

## 9TH-11TH GRADE 2024/2025 REGISTRATION

Mount Vernon High School 24/25 Registration is held during the months of February, March and April. Our [MVHS Registration Website](#) will have answers to your questions along with registration tools, dates, videos, presentations, planner forms, the course catalog, and more.

# ATHLETIC DEPT NEWS

MVHS Schedule found here:

[TEAM EVENTS](#)

Purchase Bulldog spirit wear here:

[SPIRIT STORE](#)

## MVHS CLUBS

- ASL Club -Thursdays, 2:30-4pm, Shop 110
- Club Prism-Thursdays, 2:45pm, OM308
- Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114
- DECA Club - Tuesdays, 2:45pm, NM120
- FBLA - Mondays at 2:35pm in NM221
- Fiber Arts Club - 2:45-4pm, CTE5
- Gaming Club - White Thurs's, NM120, 2:45-4pm
- K-Pop Club - Mondays, OM 214, After School
- Key Club- E.R. Wednesdays, 12:45-1:30, N206
- Korean Culture Club - Tuesdays, 2:35, OM308
- LUCHA - Thursdays, at 2:30, Cafetería
- Migrantes Unidos - Tuesdays, at 2:45, C&CC
- PIA - Thursdays, 2:45-4PM, OM 113
- Project Peace - Tuesdays, 2:30-3pm, CTE 1
- Robotics Team - Mon's & Fri's, 2:35-6pm, S110
- Skills USA- Thursdays, 2:35pm, NM220
- Slavic Club-Mondays, 2:30-4pm, NM120
- TSA Club - Thursdays, 2:45, CTE10

## IMPORTANT NUMBERS:

- Athletic Office: 360-428-6191**  
Sports Schedules and Event Information
- Attendance Office: 360-428-6153**  
Report Student Absence or Tardy
- College & Career Center: 360-428-6256**
- Counseling Office: 360-428-6156**  
Registration, Schedules, Transcripts, Running Start
- MVSD Student Health Services, 360-428-6151**
- Transportation: 360-428-6147**  
Bus and Schedule Information

*If you would like to receive the*

**MVHS DAILY BULLETIN**

*please click the  
button to subscribe:*

[MVHS DAILY  
BULLETIN  
SUBSCRIPTION](#)

## USEFUL LINKS

[MVHS Website](#) [College & Career Center](#) [Music Department](#) [MVHS Counseling](#)

[Athletic Event Schedule](#) [Student Health Services](#) [MVHS Instagram](#)

[Student Health Services](#) [MVHS Facebook](#) [MVHSTV](#) [TEA WITH DR. V](#)

## INTERESTED IN JOINING TRACK AND FIELD?

There is meeting **Wednesday, Feb 21, 2:45** in the Matroom. Track and Field is a sport that has a place for everyone! Reach out to Coach Landis with any questions.

## GIRLS GOLF?

Girls Golf begins **Monday, Feb 26th**. Interested in playing? See Ms. Hagg in the Gym to sign-up. No experience necessary. So if you enjoy the outdoors, making new friends, improving your health and having fun, this is your sport!

## FLAPJACK FUNDRAISER

Please join the MVHS Mariachi & Folklorico Program on **Saturday, Feb 24th**, from 8-10am for breakfast at Applebee's Restaurant in Burlington. Tickets are 10\$. Purchase through MVHS ASB Office or Mr. Rivera at 360-428-6100.

## WINTER FORMAL PORTRAITS

[CLICK TO PURCHASE YOUR PORTRAITS](#)

Only \$3.99 per download. Prints are also available.



## FROM THE COLLEGE AND CAREER CENTER

### NEW FIELD TRIPS

posted with more in the works. Stop by to pick up a permission slip or to see what's available. Spots fill up quickly, so make sure to check the CC & C and your email often. That is how we are communicating with students regarding field trips.

### UPCOMING C & CC FIELD TRIPS

- 2/23 ■ **PLU Visit** ■ for Juniors & seniors ■ Slip due **now**
- 3/21 ■ **Student of Color Conference** ■ Juniors & Seniors ■ Slip due **now**
- 3/26 ■ **College Planning Day at WWU** ■ Juniors & seniors ■ Slips due **3/15**
- 3/28 ■ **WSU/EWU Field trip Open** ■ Juniors & seniors ■ Slip due **3/15**

[High School and Beyond Plan and Naviance.](#)

[MVHS COLLEGE & CAREER CENTER](#)

PHONE NUMBER: 360.428.6256



# FEBRUARY 2024

## Mount Vernon High School Special

Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
No School Non-Student Non-Contract	Teriyaki Dippers & Steamed Rice	Chicken & Cheese Quesadilla	Hot Ham & Cheese Sandwich	Chicken Alfredo
	Fortune Cookie	Frito Chips	Chips	Roll
	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
5-Feb	6-Feb	7-Feb	8-Feb	9-Feb
MeatBall Sub	Mandarin Orange Chicken Steamed Rice	Breakfast For Lunch Omelette and Sausage Links	Corn Dogs	Cheese Stuffed Breadsticks w/ Marinara Sauce
Chips	Fortune Cookie	Biscuits & Gravy	Chips	Fruit Snacks
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
12-Feb	13-Feb	14-Feb	15-Feb	16-Feb
Hot Ham & Cheese Sandwich	Mandarin Orange Chicken Steamed Rice	Spaghetti With Meat Sauce	Chicken Salad Croissant	Macaroni and Cheese
Chips	Fortune Cookie	Breadstick	Chips	Roll
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
19-Feb	20-Feb	21-Feb	22-Feb	23-Feb
NO SCHOOL Presidents Day	Mandarin Orange Chicken Steamed Rice	Chicken Bacon Ranch Burger	Hot Ham & Cheese Sandwich	Pasta Bake
	Fortune Cookie	Chips	Chips	Roll
	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
26-Feb	27-Feb	28-Feb	29-Feb	1-Mar
Cheese Stuffed Breadsticks & Marinara Sauce	Teriyaki Dippers & Steamed Rice	Chicken Alfredo	Chicken Salad on a Croissant	Baked Potato Bar with Chili and Cheese
Fruit Snacks	Fortune Cookie	Roll	Chips	Sour Cream & Butter
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk



**Meal Prices:**  
**Elementary Breakfast**  
 No Charge  
**Elementary Lunch**  
 No Charge  
**Adult Lunch**  
 \$5.00  
**Side Milk**  
 unavailable

**Each lunch comes complete with salad bar or fresh vegetable, choice of fresh fruit, & milk**

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call **Cheyenne Walker, Food Services Director, at (360) 428-6149.**

**Important News:**  
 Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students. The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.



**NONDISCRIMINATION**  
 The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.

**MISTAKES & ERRORS**  
 The author of this bulletin is human, so please do not be surprised if there are occasional errors. Thank you.