



# MVHS DAILY BULLETIN

Wednesday, February 21, 2024

## This Week's Schedule

Monday	Presidents Day - No School
Tuesday	Green Day - Advisory Schedule
Wednesday	White Day - Early Release Schedule
Thursday	Green Day - Regular Schedule
Friday	White Day - Regular Schedule

## MVHS Early Release Schedule

Time	Period
8:00-8:55	1st/5th
9:00-9:55	2nd/6th
<b>9:55-10:30</b>	<b>Lunch A</b>
10:35-11:30	3rd/7th
10:00-10:55	3rd/7th
<b>11:00-11:30</b>	<b>Lunch B</b>
11:35-12:30	4th/8th
12:35-1:30	9th/10th

## IMPORTANT DATES

- Spring Sports Start: Monday, Feb. 26th
- Early Release Days: Feb. 21st, Mar. 6th & 20th
- Spring Foward: Sunday, March 10th
- No School-No Student Day: Wed. March 13
- Conferences: Thursday, March 21st
- Spring Break: April 1-5

## UPCOMING ACTIVITIES & EVENTS

### This Week

- 10th Grade [Registration](#) for Next Year
- National [Future Farmers of America](#) Week

### Friday, February 23

- NHS Blood Drive

### Saturday, February 24

- Flapjack Fundraiser, 8-10am, Applebee's

### Daily After School

- Boys & Girls Club: 2:30-5:30pm, Cafet M-F
- Bulldog EDGE: M-R

## SENIOR INFORMATION

### Important Dates:

- AVID Senior Night:** Thursday, May 16, MVHS
- Graduation:** Friday, June 14th, 10AM, Angel of the Winds Arena, Everett

**Seniors, be sure to** complete your [High School and Beyond Plan](#).

All tasks, should say "COMPLETED" if any say "REQUIRED" you will still need to do those things

## DID YOU FORGET TO BUY YOUR YEARBOOK?

Due to the long weekend and many forgetting yesterdays deadline, we have been granted an extension on yearbook orders. **The new final, final date to order a yearbook is now Friday, February 23rd by 3 pm.** No further extensions will be granted. We sell out every year. PRE-ORDERING is THE ONLY WAY TO guarantee your copy of this years yearbook. Purchases can be made in the ASB Office.

## IS TRACK AND FIELD YOUR SPORT?

Join the meeting **today, Wednesday, Feb 21, at 2:45 pm** in the Matroom. Reach out to Coach Landis with any questions.

## NHS BLOOD DRIVE ON FEBRUARY 23RD

Only a few spots left to donate blood this **FRIDAY, February 23rd**-sign up at lunch or in OM107 Friday or Tuesday!

*Every pint of blood saves three lives!*

## FLAPJACK FUNDRAISER

Please join the MVHS Mariachi & Folklorico Program on **Saturday, Feb 24th**, from 8-10am for breakfast at Applebee's Restaurant in Burlington. Tickets are 10\$. Purchase through MVHS ASB Office or Mr. Rivera at 360-428-6100.

## FEBRUARY 17-24 IS NATIONAL FFA WEEK

This is a weeklong tradition, celebrated nationwide by all schools with an agriculture department. From Alaska to Puerto Rico, Maine to the Virgin Islands, students are celebrating FFA this week! FFA helps students develop personal leadership skills, community service, and career goals while focusing on the agriculture industry. Here at MVHS FFA meets monthly. For more information click here: [MVHS AG ED](#). Good luck to all of our competitors as they enter state contests in this next month!

## ATHLETIC DEPT NEWS

MVHS Schedule found here:

[TEAM EVENTS](#)

Purchase Bulldog spirit wear here:

[SPIRIT STORE](#)

## MVHS CLUBS

ASL Club -Thursdays, 2:30-4pm, Shop 110  
 Club Prism-Thursdays, 2:45pm, OM308  
 Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114  
 DECA Club - Tuesdays, 2:45pm, NM120  
 FBLA - Mondays at 2:35pm in NM221  
 Fiber Arts Club - 2:45-4pm, CTE5  
 Gaming Club - White Thurs's, NM120, 2:45-4pm  
 K-Pop Club - Mondays, OM 214, After School  
 Key Club- E.R. Wednesdays, 12:45-1:30, N206  
 Korean Culture Club - Tuesdays, 2:35, OM308  
 LUCHA - Thursdays, at 2:30, Cafetería  
 Migrantes Unidos - Tuesdays, at 2:45, C&CC  
 PIA - Thursdays, 2:45-4PM, OM 113  
 Project Peace - Tuesdays, 2:30-3pm, CTE 1  
 Robotics Team - Mon's & Fri's, 2:35-6pm, S110  
 Skills USA- Thursdays, 2:35pm, NM220  
 Slavic Club-Mondays, 2:30-4pm, NM120  
 TSA Club - Thursdays, 2:45, CTE10

## IMPORTANT NUMBERS:

**Athletic Office: 360-428-6191**  
 Sports Schedules and Event Information

**Attendance Office: 360-428-6153**  
 Report Student Absence or Tardy

**College & Career Center: 360-428-6256**

**Counseling Office: 360-428-6156**  
 Registration, Schedules, Transcripts, Running Start

**MVSD Student Health Services, 360-428-6151**

**Transportation: 360-428-6147**  
 Bus and Schedule Information

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**MVHS DAILY BULLETIN**

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## USEFUL LINKS

[MVHS Website](#)   [College & Career Center](#)   [Music Department](#)   [MVHS Counseling](#)

[Athletic Event Schedule](#)   [Student Health Services](#)   [MVHS Instagram](#)

[Student Health Services](#)   [MVHS Facebook](#)   [MVHSTV](#)   [TEA WITH DR. V](#)

## GIRLS GOLF?

Girls Golf begins **Monday, Feb 26th**. Interested in playing? See Ms. Hagg in the Gym to sign-up. No experience necessary. So if you enjoy the outdoors, making new friends, improving your health and having fun, this is your sport!

## CHEER TRYOUTS ARE ALMOST HERE!

Please join the cheer Google classroom for more information on required paperwork. Class code is: 637NXLD Applications are due by **Feb.27th** in the classroom. Tryouts are March 4/5/6. All students currently in grades 8-11th are eligible to tryout. Final Forms must be complete with the athletic office. Tryouts are ONCE a year so, don't miss your opportunity! You'll never know until you try.

## INTERESTED IN WORKING ON THE MVHS SKAGINA?

We are currently accepting applications for the 24-25 yearbook staff. If you are creative, love photography, enjoy going to concerts and athletic events, like graphic arts, are responsible, and able to meet deadlines, you might want to consider being a part of our MVHS yearbook staff. You will need to complete the following [SKAGINA APPLICATION](#). Interviews will be in the Spring. So apply to be a part of the 118th publication of the MVHS Skagina!

## WINTER FORMAL PORTRAITS

[CLICK TO PURCHASE YOUR PORTRAITS](#)

Only \$3.99 per download. Prints are also available.



## FROM THE COLLEGE AND CAREER CENTER

### NEW FIELD TRIPS

posted with more in the works. Stop by to pick up a permission slip or to see what's available. Spots fill up quickly, so make sure to check the CC & C and your email often. That is how we are communicating with students regarding field trips.

### [UPCOMING C & CC FIELD TRIPS](#)

2/23 ■ **PLU Visit** ■ for Juniors & seniors ■ Slip due **now**  
 3/21 ■ **Student of Color Conference** ■ Juniors & Seniors ■ Slip due **now**  
 3/26 ■ **College Planning Day at WWU** ■ Juniors & seniors ■ Slips due **3/15**  
 3/28 ■ **WSU/EWU Field trip Open** ■ Juniors & seniors ■ Slip due **3/15**

[High School and Beyond Plan and Naviance.](#)

[MVHS COLLEGE & CAREER CENTER](#)

PHONE NUMBER: 360.428.6256



# FEBRUARY 2024

## Mount Vernon High School Special

Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
No School Non-Student Non-Contract	Teriyaki Dippers & Steamed Rice	Chicken & Cheese Quesadilla	Hot Ham & Cheese Sandwich	Chicken Alfredo
	Fortune Cookie	Frito Chips	Chips	Roll
	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
5-Feb	6-Feb	7-Feb	8-Feb	9-Feb
MeatBall Sub	Mandarin Orange Chicken Steamed Rice	Breakfast For Lunch Omelette and Sausage Links	Corn Dogs	Cheese Stuffed Breadsticks w/ Marinara Sauce
Chips	Fortune Cookie	Biscuits & Gravy	Chips	Fruit Snacks
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
12-Feb	13-Feb	14-Feb	15-Feb	16-Feb
Hot Ham & Cheese Sandwich	Mandarin Orange Chicken Steamed Rice	Spaghetti With Meat Sauce	Chicken Salad Croissant	Macaroni and Cheese
Chips	Fortune Cookie	Breadstick	Chips	Roll
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
19-Feb	20-Feb	21-Feb	22-Feb	23-Feb
NO SCHOOL Presidents Day	Mandarin Orange Chicken Steamed Rice	Chicken Bacon Ranch Burger	Hot Ham & Cheese Sandwich	Pasta Bake
	Fortune Cookie	Chips	Chips	Roll
	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
26-Feb	27-Feb	28-Feb	29-Feb	1-Mar
Cheese Stuffed Breadsticks & Marinara Sauce	Teriyaki Dippers & Steamed Rice	Chicken Alfredo	Chicken Salad on a Croissant	Baked Potato Bar with Chili and Cheese
Fruit Snacks	Fortune Cookie	Roll	Chips	Sour Cream & Butter
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk



**Meal Prices:**  
**Elementary Breakfast**  
 No Charge  
**Elementary Lunch**  
 No Charge  
**Adult Lunch**  
 \$5.00  
**Side Milk**  
 unavailable

**Each lunch comes complete with salad bar or fresh vegetable, choice of fresh fruit, & milk**

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call **Cheyenne Walker, Food Services Director, at (360) 428-6149.**

**Important News:**  
 Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students. The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.



**NONDISCRIMINATION**  
 The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.

**MISTAKES & ERRORS**  
 The author of this bulletin is human, so please do not be surprised if there are occasional errors. Thank you.