



# MVHS DAILY BULLETIN

Wednesday, February 28, 2024

## This Week's Schedule

Monday	Green Day - Regular Schedule
Tuesday	White Day - Advisory Schedule
Wednesday	Green Day - Regular Schedule
Thursday	White Day - Regular Schedule
Friday	Green Day - Regular Schedule

## MVHS Regular Schedule

Time	Period
8:00-9:25	1st/5th
9:30-10:55	2nd/6th
11:00-11:30	Lunch A
11:35-1:00	3rd/7th
11:00-12:25	3rd/7th
12:30-1:00	Lunch B
1:05-2:30	4th/8th

## IMPORTANT DATES

- Early Release Days: March 6, 20, 21, 22 & 29
- Spring Forward: Sunday, March 10th
- No School-No Student Day: Wed. March 13
- Conferences: Thursday, March 21st
- Spring Break: April 1-5

## UPCOMING ACTIVITIES & EVENTS

- This Week
- 9th Grade [Registration](#) for Next Year
- Friday, March 1
- Registration Make Up Day
- Daily After School
- Boys & Girls Club:2:30-5:30pm,Cafet M-F
- Bulldog EDGE: M-R

## SENIOR INFORMATION

### Seniors To-Do List:

- Please check in with the Counseling Office for the spelling of your name by March 15th. We want to make sure it is spelled correctly on your diploma.
- Complete the linked survey below to give input for Senior Class activities at the end of the year! [Senior Activities Survey](#)

### Important Dates:

- AVID Senior Night: Thursday, May 16, MVHS
- Graduation : Friday, June 14th, 10AM, Angel of the Winds Arena, Everett

## JOIN THE FCA CLUB

Fellowship of Christian Athletes meets every Thursday morning at 7:15 (ish) in OM 108. There will be food. For more info, see Mr. A. Young.

## REGISTRATION MAKE UP DAY

The Registration makeup day for all students who were absent the day school counselors visited your classroom is this **FRIDAY, MARCH 1ST** during both lunches in the Library. If you were absent, be sure to come in to get your course requests submitted.

## GOOD LUCK ROBOTICS TEAM!

They are heading off for their first competition of the season this weekend at Glacier Peak high school.

## JOIN ASL CLUB!

Come join the ASL Club as we prepare for multi-cultural night in March and ASL comedy night in May! Meet in the ASL room, Shop110 Thursdays 2:30 - 4:00PM

## STUDENT JOBS, INTERNSHIPS & VOLUNTEER OPPORTUNITIES

If students are interested, click on the College & Career Center link to opportunities for students → [Student Opportunities](#)

## MVHS Website

Check out our school website. There is lots of great information! [mountvernonhigh.mountvernonschools.org](http://mountvernonhigh.mountvernonschools.org)

## ATHLETIC DEPT NEWS

MVHS Schedule found here:

### TEAM EVENTS

Purchase Bulldog spirit wear here:

### SPIRIT STORE

## MVHS CLUBS

ASL Club -Thursdays, 2:30-4pm, Shop 110  
Club Prism-Thursdays, 2:45pm, OM308  
Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114  
DECA Club - Tuesdays, 2:45pm, NM120  
FBLA - Mondays at 2:35pm in NM221  
Fiber Arts Club - Thursdays, 2:45-4pm, CTE5  
Gaming Club - White Thurs's, NM120, 2:45-4pm  
K-Pop Club - Mondays, OM 214, After School  
Key Club- E.R. Wednesdays, 12:45-1:30, N206  
Korean Culture Club - Tuesdays, 2:35, OM308  
LUCHA - Thursdays, at 2:30, Cafetería  
Migrantes Unidos - Tuesdays, at 2:45, C&CC  
PIA - Thursdays, 2:45-4PM, OM 113  
Project Peace - Tuesdays, 2:30-3pm, CTE 1  
Robotics Team - Mon's & Fri's, 2:35-6pm, S110  
Skills USA- Thursdays, 2:35pm, NM220  
Slavic Club-Mondays, 2:30-4pm, NM120  
TSA Club - Thursdays, 2:45, CTE10

## IMPORTANT NUMBERS:

**Athletic Office: 360-428-6191**  
Sports Schedules and Event Information

**Attendance Office: 360-428-6153**  
Report Student Absence or Tardy

**College & Career Center: 360-428-6256**

**Counseling Office: 360-428-6156**  
Registration, Schedules, Transcripts, Running Start

**MVSD Student Health Services, 360-428-6151**

**Transportation: 360-428-6147**  
Bus and Schedule Information

*If you would like to receive the*

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## USEFUL LINKS

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Website](#)

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[TEA WITH  
DR. V](#)

## MOVHS DEBATE & SPEECH NIGHT & DESSERT AUCTION!

Join us on **Tuesday, March 5th at 6pm** in the MVHS Library. Watch all of your favorite debaters share their state bound speeches and bid on delicious, delectable and divine desserts!

## INTERESTED IN WORKING ON THE MVHS SKAGINA?

We are currently accepting applications for the 24-25 yearbook staff. If you are creative, love photography, enjoy going to concerts and athletic events, like graphic arts, are responsible, and able to meet deadlines, you might want to consider being a part of our MVHS yearbook staff. You will need to complete the following [SKAGINA APPLICATION](#). Interviews will be in the Spring. So apply to be a part of the 118th publication of the MVHS Skagina!

## Questions About Transcripts, Running Start, Registration, NCTA, and More?

The MVHS Counseling Department provides students and families resources to help navigate high school and beyond. School counselors can assist you with academics, college and career readiness and personal/social concerns and support. Contact the counseling office at 360-428-6156 or check out their website [MVHS Counseling Department](#)

## FROM THE COLLEGE AND CAREER CENTER

### PIZZA WITH A PRO

Tuesday the 27th event will feature Janicki during both lunches. Come learn about career opportunities at Janicki where they design and build tools, parts, prototypes and assemblies for a number of industries, including aerospace, defense, space, marine and more.

### NEW FIELD TRIPS

posted with more in the works. Stop by to pick up a permission slip or to see what's available. Spots fill up quickly, so make sure to check the CC & C and your email often. That is how we are communicating with students regarding field trips.

### UPCOMING C & CC FIELD TRIPS

3/21 ■ Student of Color Conference ■ Juniors & Seniors ■ Slip due **now**  
3/26 ■ College Planning Day at WWU ■ Juniors & seniors ■ Slips due **3/15**  
3/28 ■ WSU/EWU Field trip Open ■ Juniors & seniors ■ Slip due **3/15**

[High School and Beyond Plan and Naviance.](#)

[MVHS COLLEGE & CAREER CENTER](#)

**PHONE NUMBER: 360.428.6256**

# FEBRUARY 2024

## Mount Vernon High School Special

Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
No School Non-Student Non-Contract	Teriyaki Dippers & Steamed Rice	Chicken & Cheese Quesadilla	Hot Ham & Cheese Sandwich	Chicken Alfredo
	Fortune Cookie	Frito Chips	Chips	Roll
	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
5-Feb	6-Feb	7-Feb	8-Feb	9-Feb
MeatBall Sub	Mandarin Orange Chicken Steamed Rice	Breakfast For Lunch Omelette and Sausage Links	Corn Dogs	Cheese Stuffed Breadsticks w/ Marinara Sauce
Chips	Fortune Cookie	Biscuits & Gravy	Chips	Fruit Snacks
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
12-Feb	13-Feb	14-Feb	15-Feb	16-Feb
Hot Ham & Cheese Sandwich	Mandarin Orange Chicken Steamed Rice	Spaghetti With Meat Sauce	Chicken Salad Croissant	Macaroni and Cheese
Chips	Fortune Cookie	Breadstick	Chips	Roll
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
19-Feb	20-Feb	21-Feb	22-Feb	23-Feb
NO SCHOOL Presidents Day	Mandarin Orange Chicken Steamed Rice	Chicken Bacon Ranch Burger	Hot Ham & Cheese Sandwich	Pasta Bake
	Fortune Cookie	Chips	Chips	Roll
	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
26-Feb	27-Feb	28-Feb	29-Feb	1-Mar
Cheese Stuffed Breadsticks & Marinara Sauce	Teriyaki Dippers & Steamed Rice	Chicken Alfredo	Chicken Salad on a Croissant	Baked Potato Bar with Chili and Cheese
Fruit Snacks	Fortune Cookie	Roll	Chips	Sour Cream & Butter
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk



**Meal Prices:**  
**Elementary Breakfast**  
 No Charge  
**Elementary Lunch**  
 No Charge  
**Adult Lunch**  
 \$5.00  
**Side Milk**  
 unavailable

**Each lunch comes complete with salad bar or fresh vegetable, choice of fresh fruit, & milk**

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call **Cheyenne Walker, Food Services Director, at (360) 428-6149.**

**Important News:**  
 Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students. The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.



**NONDISCRIMINATION**  
 The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.

**MISTAKES & ERRORS**  
 The author of this bulletin is human, so please do not be surprised if there are occasional errors. Thank you.