



MVHS DAILY BULLETIN

Friday, March 8, 2024

This Week's Schedule

Monday	SCHOOL CLOSED DUE TO SNOW
Tuesday	Green Day - Testing Schedule
Wednesday	White Day - Early Release Schedule
Thursday	Green Day - Testing Schedule
Friday	White Day - Regular Schedule

MVHS Regular Schedule

Time	Period
8:00-9:25	1st/5th
9:30-10:55	2nd/6th
11:00-11:30	Lunch A
11:35-1:00	3rd/7th
11:00-12:25	3rd/7th
12:30-1:00	Lunch B
1:05-2:30	4th/8th



IMPORTANT DATES

- Early Release Days: March 20, 21, 22 & 29
- Spring Forward: Sunday, March 10th
- No School-No Student Day: Wed. March 13
- Conferences: Thursday, March 21st
- Spring Break: April 1-5

UPCOMING ACTIVITIES & EVENTS

- This Week, March 4-8
 - NHS Clothes Drive
 - WIDA Testing
- Monday, March 11
 - Science Night Poster Making, 2:30-4pm, NM307
- Daily After School
 - Boys & Girls Club: 2:30-5:30pm, Cafet M-F
 - Bulldog EDGE: M-R

SENIOR INFORMATION

Seniors To-Do List:

- Please check in with the Counseling Office for the spelling of your name **by March 15th**. We want to make sure it is spelled correctly on your diploma.
- Complete the linked survey below to give input for Senior Class activities at the end of the year [Senior Activities Survey](#)

Important Dates:

- AVID Senior Night: Thursday, May 16, MVHS
- Graduation: Friday, June 14th, 10AM, Angel of the Winds Arena, Everett

SPRING FORWARD ON SUNDAY!

Daylight saving time for 2024 begins **Sunday, March 10 at 2 a.m.** local time. Clocks are set forward 1 hour (i.e., losing one hour) to "spring forward." Sunrise and sunset will be about 1 hour later this Sunday than the day before. There will be more light in the evening.

Did you know... Daylight Savings was first implemented in the US with the Standard Time Act of 1918, a wartime measure for seven months during World War I in the interest of adding more daylight hours to conserve energy resources.

ATTENTION JUNIORS

Now is the time to start planning for your Senior year and beyond. Not sure what your plans are yet for after high school? The College & Career Center is taking 11th graders to Western Washington University's College Planning day. This event provides a one-stop opportunity for high school juniors to learn about Washington State's higher education options. Stop by the CCC to pick up your permission slip today. Permission slips are due no later than **March 12th!**

DO YOU LIKE TRAVEL?

Are you interested in studying in or visiting a different country? There are many scholarships and programs for you to travel and learn for a few weeks, a summer, a semester, or a whole school year. Before you say, "I can't go," stop by Portable 8 after school next Monday, Tuesday, or Thursday until 3:15. Madame Ousselin has many ways to help you plan an experience of a lifetime.

MVHS SWING NIGHT

March 15, 7-8:30pm in the MVHS Cafeteria.
Featuring: MVHS Jazz Bands
Tickets: 15\$ Adults and 10\$ Students. Public welcome!

ATHLETIC DEPT NEWS

MVHS Schedule found here:

[TEAM EVENTS](#)

Purchase Bulldog spirit wear here:

[SPIRIT STORE](#)

MVHS CLUBS

- ASL Club -Thursdays, 2:30-4pm, Shop 110
- Club Prism-Thursdays, 2:45pm, OM308
- Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114
- DECA Club - Tuesdays, 2:45pm, NM120
- FBLA - Mondays at 2:35pm in NM221
- Fiber Arts Club - Thursdays, 2:45-4pm, CTE5
- Gaming Club - White Thurs's, NM120, 2:45-4pm
- K-Pop Club - Mondays, OM 214, After School
- Key Club- E.R. Wednesdays, 12:45-1:30, N206
- Korean Culture Club - Tuesdays, 2:35, OM308
- LUCHA - Thursdays, at 2:30, Cafetería
- Migrantes Unidos - Tuesdays, at 2:45, C&CC
- PIA - Thursdays, 2:45-4PM, OM 113
- Project Peace - Tuesdays, 2:30-3pm, CTE 1
- Robotics Team - Mon's & Fri's, 2:35-6pm, S110
- Skills USA- Thursdays, 2:35pm, NM220
- Slavic Club-Mondays, 2:30-4pm, NM120
- TSA Club - Thursdays, 2:45, CTE10

IMPORTANT NUMBERS:

- Athletic Office: 360-428-6191**
Sports Schedules and Event Information
- Attendance Office: 360-428-6153**
Report Student Absence or Tardy
- College & Career Center: 360-428-6256**
- Counseling Office: 360-428-6156**
Registration, Schedules, Transcripts, Running Start
- MVSD Student Health Services, 360-428-6151**
- Transportation: 360-428-6147**
Bus and Schedule Information

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MVHS DAILY BULLETIN

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USEFUL LINKS

[MVHS Website](#) [College & Career Center](#) [Music Department](#) [MVHS Counseling](#)

[Athletic Event Schedule](#) [Student Health Services](#) [MVHS Instagram](#)

[Student Health Services](#) [MVHS Facebook](#) [MVHSTV](#) [TEA WITH DR. V](#)

MVHS SCIENCE NIGHT IS COMING UP!

is **Thursday, April 18** from 5-8 pm! All events are FREE! Come learn about Science Careers, do some hands-on Science Fun, see a planetarium show and watch Rocket Launching! We'll even have awesome local food trucks so you can buy dinner! [MVHS Science Night Website](#)

CLOTHES DRIVE

NHS is collecting new and gently used clothes of all sizes and seasons on **Monday, March 4th through Friday, March 8th**. Before school collections will be at the North and South campus as well as in the main office. Donations are for our new Bulldog Boutique that will support students and families in need.

STUDENTS TAKING THE AAPPL TEST

The AAPPL test scheduled for **Monday, March 18th**. **If you are signed up to take this test, please make sure to mark your calendars and be in the MVHS library at 7:50 am. Remember to bring your fully charged Chromebook along with the charger.**

The test takes approximately 2-4 hours, so be sure to come prepared and ready to demonstrate your language proficiency. As a reminder, electronic devices such as phones and Apple watches will not be permitted during the test.

Please note that this test is specifically for 11th and 12th-grade students.

If you have any questions or concerns regarding the test, feel free to reach out via email at kmonroesmith@mvsd320.org.

FROM THE COLLEGE AND CAREER CENTER

NEW FIELD TRIPS

Stop by to pick up a permission slip or to see what's available. Spots fill up quickly, so make sure to check the CC & C and your email often. That is how we are communicating with students regarding field trips.

[UPCOMING C & CC FIELD TRIPS](#)

- 3/21 ■ **Student of Color Conference** ■ Juniors & Seniors ■ **Slips Due now**
- 3/26 ■ **College Planning Day at WWU** ■ Juniors & Seniors ■ **Slips Due 3/15**
- 3/28 ■ **WSU/EWU Field trip Open** ■ Juniors & Seniors ■ **Slips Due 3/15**
- 4/11 ■ **UW** ■ Juniors and Seniors ■ **Slips Due 3/26**

4/17 ■ **Men of Color in Higher Ed Summit** ■ Juniors & Seniors ■ **Slips Due 4/1**
Building community and Reimagining Modern Manhood. We are so excited to bring Carlos Andres Gomez to Skagit Valley College, for a keynote and workshop for Juniors and Seniors.

[High School and Beyond Plan and Naviance.](#)

[MVHS COLLEGE & CAREER CENTER](#)

PHONE NUMBER: 360.428.6256

MARCH 2024

Mount Vernon High School Special

Growing Healthy Students!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4-MAR Cheese Stuffed Breadsticks w/ Marinara Sauce Fruit Snacks Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	5-MAR Mandarin Orange Chicken Steamed Rice Fortune Cookie Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	6-MAR Spaghetti With Meat Sauce Breadstick Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	7-MAR Corn Dogs Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	8-MAR Sloppy Joes Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
11-Mar Pasta Bake Roll Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	12-Mar Beef Teriyaki Dippers and Steamed Rice Fortune Cookie Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	13-Mar No School Non-Student, Non-Contract	14-Mar Mashed Potato Bowl Popcorn Chicken Corn and Gravy Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	15-Mar Hot Ham & Cheese Sandwich Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
18-Mar Cheese Stuffed Breadsticks w/ Marinara Sauce Fruit Snacks Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	19-Mar Mandarin Orange Chicken & Steamed Rice Fortune Cookie Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	20-Mar Breakfast For Lunch Biscuit and Gravy Omelette Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	21-Mar Chicken and Cheese Quesadilla Educational Cookie Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	22-Mar Chicken Bacon Ranch Burger Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
25-Mar Corn Dogs Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	26-Mar Beef Teriyaki Dippers and Steamed Rice Fortune Cookie Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	27-Mar Macaroni and Cheese with Roll Dried Cranberries Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	28-Mar Sloppy Joes Educational Cookie Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	29-Mar Teriyaki Chicken Burger Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk

Meal Prices:

Elementary Breakfast
No Charge

Elementary Lunch
No Charge

Adult Lunch
\$5.00

Side Milk
unavailable

Each lunch comes complete with salad bar or fresh vegetable, choice of fresh fruit, & milk

Important News:

Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students.

The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.

This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions?

Call Cheyenne Walker, Food Services Director, at (360) 428-6149.



NONDISCRIMINATION

The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.

MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there are occasional errors. Thank you.