

MVHS DAILY BULLETIN

Wednesday, April 24, 2024



This Week's Schedule

Monday	Green Day - SBA Testing Schedule
Tuesday	White Day - SBA Testing Schedule
Wednesday	Green Day - Early Release Schedule
Thursday	White Day - Regular Schedule
Friday	Green Day - Regular Schedule

MVHS Early Release Schedule	
Time	Period
8:00-8:55	1st/5th
9:00-9:55	2nd/6th
9:55-10:30	Lunch A
10:35-11:30	3rd/7th
10:00-10:55	3rd/7th
11:00-11:30	Lunch B
11:35-12:30	4th/8th
12:35-1:30	9th/10th

Autism Awareness Month. Click Here



IMPORTANT DATES

Junior Senior Prom: Sat. April 27, 7-10pm
 MVHS FFA Annual Plant Sale: May 6, 8am-12pm
 May Early Release Days: May 16 & 22
 Last Day of School: Friday, June 21

UPCOMING ACTIVITIES & EVENTS

Monday, May 6th
 → NHS Blood Drive (last one of the year)

SENIOR CORNER

Are you planning to attend SVC in the fall? The C&CCr would like you to join us on a field trip to SVC for their New Student Registration event. The event will be on May 16th from noon-2pm. Permission slips are available in the College and Career Center.

Please complete this [Class of 2024 Senior Survey](#) by May 16th at 3PM.

If you have not done so already, order your Cap & Gown today @ [.JOSTENS](#)

IMPORTANT DATES

Cap & Gown Distribution: Go to the Main Office
AVID Senior Night: Thursday, May 16, MVHS
Scholarship & Awards Night: Tues., June 4, 5-8pm
Senior Yearbook Distribution: Mon., June 10th
Moving-Up Assembly: June 11th, 9:15-10:15am, Gym
Graduation Parade: Tues., June 11th, 6-7pm
Fines and Fees Due By: Thursday, June 13, 3pm
Graduation: Friday, June 14th, 10AM,
[Angel of the Winds Arena](#), Everett

PROM WEEK *Tangled* ACTIVITIES

Wednesday, April 24

*Sidekick day! Be like tangled and pascal and bring your favorite stuffed animal



Thursday, April 25

*Chameleon Camo Day
 *Students vs. Senior Basketball Tournament at 6pm

Friday, April 26

*Bulldog Spirit Day

Saturday, April 27

*Prom at The Broadway, 7-10pm
 Presale tickets are available in the ASB office for \$20. We have a limited supply of tickets, so get yours today! **Prom Guest Forms are DUE TODAY, APRIL 24th by 2:30pm.**

THREE SECOND REMINDERS

Varsity in Volunteerism meeting **TODAY, 4/24, 12:35pm** in OM107!

If you have applied to be on the 2024-2025 Yearbook Staff, please come to CT4 to sign up for your interview. You must complete this to be considered for the limited position. Interviews start **5/10**.

Sign up for the blood drive on May 6th, the last one of the year during both lunches.

Interested in being the student school board rep? Will you be in 11th or 12th grade next year? See Mrs. Dowhaniuk for an application if you are interested. Completed applications are due **May 15th**.

ATHLETIC DEPT NEWS

MVHS Schedule found here:

[TEAM EVENTS](#)

Purchase Bulldog spirit wear here:

[SPIRIT STORE](#)

MVHS CLUBS

- ASL Club -Thursdays, 2:30-4pm, Shop 110
- Club Prism-Thursdays, 2:45pm, OM308
- Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114
- DECA Club - Tuesdays, 2:45pm, NM120
- FBLA - Mondays at 2:35pm in NM221
- Fiber Arts Club - Thursdays, 2:45-4pm, CTE5
- Gaming Club - White Thurs's, NM120, 2:45-4pm
- K-Pop Club - Mondays, OM 214, After School
- Key Club- E.R. Wednesdays, 12:45-1:30, N206
- Korean Culture Club - Tuesdays, 2:35, OM308
- LUCHA - Thursdays, at 2:30, Cafetería
- Migrantes Unidos - Tuesdays, at 2:45, C&CC
- PIA - Thursdays, 2:45-4PM, OM 113
- Project Peace - Tuesdays, 2:30-3pm, CTE 1
- Robotics Team - Mon's & Fri's, 2:35-6pm, S110
- Skills USA- Thursdays, 2:35pm, NM220
- Slavic Club-Mondays, 2:30-4pm, NM120
- TSA Club - Thursdays, 2:45, CTE10

IMPORTANT NUMBERS:

- Athletic Office: 360-428-6191**
Sports Schedules and Event Information
- Attendance Office: 360-428-6153**
Report Student Absence or Tardy
- College & Career Center: 360-428-6256**
- Counseling Office: 360-428-6156**
Registration, Schedules, Transcripts, Running Start
- MVSD Student Health Services, 360-428-6151**
- Transportation: 360-428-6147**
Bus and Schedule Information

If you would like to receive the

MVHS DAILY BULLETIN

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USEFUL LINKS

[MVHS Website](#) [College & Career Center](#) [Music Department](#) [MVHS Counseling](#)

[Athletic Event Schedule](#) [Student Health Services](#) [MVHS Instagram](#)

[Student Health Services](#) [MVHS Facebook](#) [MVHSTV](#) [TEA WITH DR. V](#)

MVHS TRACK & FIELD

Mount Vernon Track and Field is hosting the historic [Skagit County Track and Field Championships](#) today, Wednesday and Friday! This is the 116th running of the County Meet and it is the longest running meet in Washington State! Come watch and cheer on our student athletes as they compete against a strong field from around Skagit County.

Today, 4/24 - Events begin 4pm

Friday, 4/26 - Finals: Field events begins at 5pm and track at 5:30pm

LAST FFA MEETING OF THE YEAR

FFA will be hosting their last regular meeting of the year **MONDAY, April 29th** afterschool in CTE-2. We've got lots of events coming up including our awards banquet and planning for Skagit County Fair this summer! You don't want to miss it! We will have free treats and CTE Leadership points for all that attend! See you there!

ATTENTION JUNIORS

GEAR UP has an amazing opportunity for you that will help you prepare for your senior year. You are invited to attend Mastering Your College Experience, A Roadmap to your Senior Year. You will be staying at Central Washington University for one night with other GEAR UP students from around WA state while learning some great tools to help you be prepared for your senior year and beyond. For more information or questions please see Mrs. P or Ms. Torres in the College & Career Center. Space is limited and permission slips are due by **May 6th at 12pm**, so don't wait

COLLEGE & CAREER CENTER NEWS

TRY-A-TRADE DAY

Skagit Valley College is pleased to announce our annual Try-A-Trade day at our Mount Vernon Campus with reception at McIntyre Hall Performing Arts and Conference Center on **May 14th, 2024**. This event will feature hands-on demonstrations highlighting our professional technical programs. Permission slips are available in the C&CC. **Due back no later than 4/30**

UPCOMING C & CC FIELD TRIPS

5/18 ■ Esperanza en Educación ■ Juniors ■ @ UW ■ Slips due 5/3/24

One day conference at the UW for Hispanic and Latino HS juniors to learn about higher education, the UW admission process, and the Hispanic/Latino community on campus. Come pick up a permission slip in the College & Career Center today!

5/18 ■ Y.E.L.L. Conference ■ 9-12th ■ Highline College ■ Slips due 5/3/24

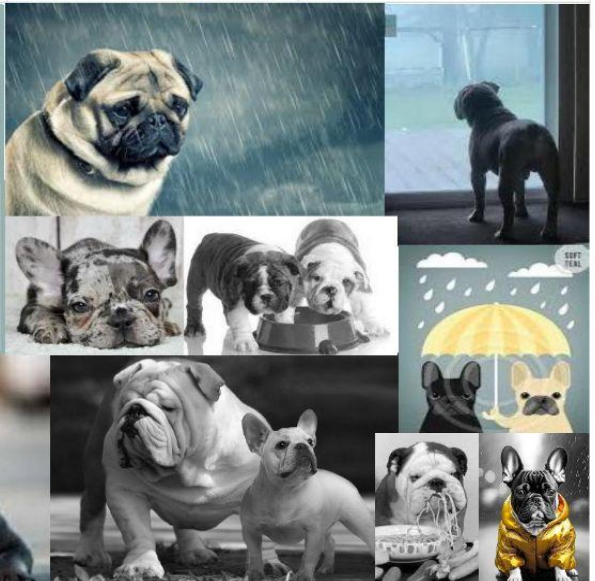
[High School and Beyond Plan and Naviance.](#)

[MVHS COLLEGE & CAREER CENTER](#)

April 2024

**Mount Vernon High School
Special**
Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
1-Apr	2-Apr	3-Apr	4-Apr	5-Apr
				
8-Apr	9-Apr	10-Apr	11-Apr	12-Apr
Cheese Stuffed Breadsticks with Marinara Sauce	Mandarin Orange Chicken with Rice	Beefy Macaroni	Hot Ham and Cheese Sandwich	Chili Dog
Fruit Snacks	Fortune Cookies	Roll	Chips	Goldfish Cracker
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
15-Apr	16-Apr	17-Apr	18-Apr	19-Apr
Chicken Caesar Salad Wrap	Teriyaki Beef Dippers with Rice	Macaroni and Cheese	Baked Potato Bar with Chili & Cheese	Meatball Sub Sandwich
Treat	Fortune Cookies	Roll	Sour Cream & Butter	Chips
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
22-Apr	23-Apr	24-Apr	25-Apr	26-Apr
CornDog	Mandarin Orange Chicken with Egg Roll	<i>Breakfast for Lunch</i> Breakfast Sandwich	Cheese Quesadilla	Loaded Chili Fries
Chips	Fortune Cookie	Hash Brown Patty	Churro	with Cheese
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Dried Cherries	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	Fresh Vegetables	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
29-Apr	30-Apr	1-May	2-May	3-May
Cheese Stuffed Breadsticks with Marinara Sauce	Teriyaki Beef Dippers with Rice	Chicken Alfredo	Mashed Potato Bowl w/ Popcorn Chicken	Chili Dog
Fruit Snacks	Fortune Cookies	Roll	Corn and Gravy	Goldfish Cracker
Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk

<p>Meal Prices:</p> <p>Elementary Breakfast No Charge</p> <p>Elementary Lunch No Charge</p> <p>Adult Lunch \$5.00</p> <p>Side Milk unavailable</p>	<p>Each lunch comes complete with salad bar or fresh vegetable, choice of fresh fruit, & milk</p>	<p>This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call Cheyenne Walker, Food Services Director, at (360) 428-6149.</p>	
<p>Important News: Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students. The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.</p>			

NONDISCRIMINATION
The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.

MISTAKES & ERRORS
The author of this bulletin is human, so please do not be surprised if there are occasional errors. Thank you.